

TRANSFORMING MICROBIOLOGY:

**Using Kaizen Events to Produce Short Bursts
of Improvement that is Easily Sustained**

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Certified Lean Sigma Green Belt



FLORIDA HOSPITAL

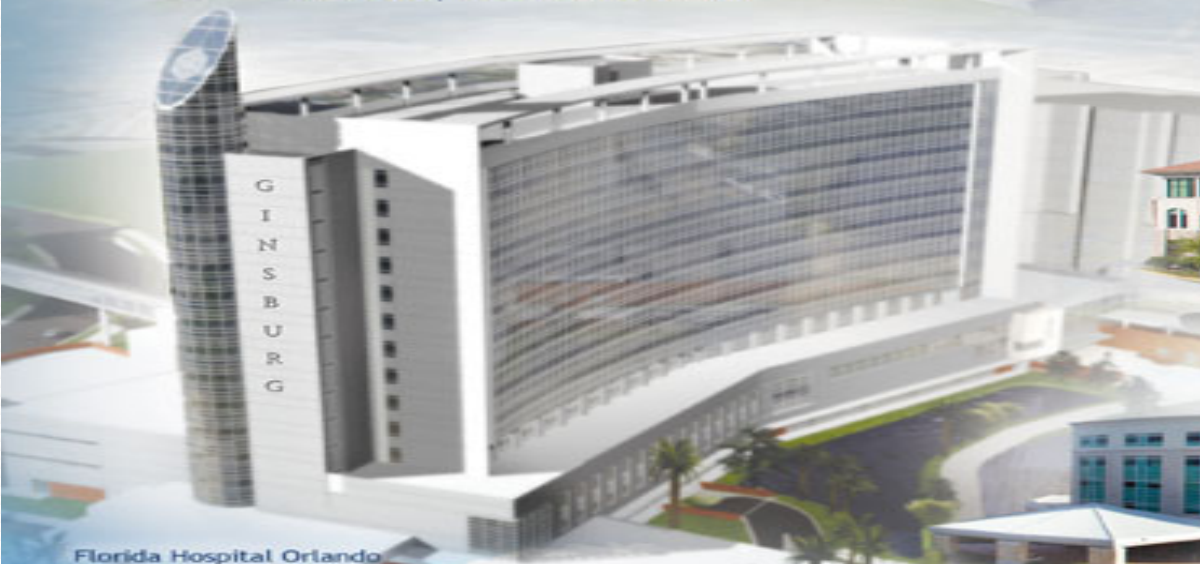
The skill to heal. The spirit to care.



Florida Hospital Celebration Health



Florida Hospital Altamonte



Florida Hospital Orlando



Florida Hospital Winter Park



Florida Hospital East Orlando



Florida Hospital Apopka



Florida Hospital Kissimmee

Objectives

- Implementing Lean Six Sigma in the Clinical Microbiology Laboratory for improved cost savings with increased clinical delivery demands
- Implementing change quickly and with minimal costs, using a Kaizen model
- Centralizing of key processes without reduction in service
- Survival in 'ACO mandated cut' environment

Common Denominator

- How do hospital and lab administration manage with decreasing budgets and revenue?
 - Employ Lean Six Sigma
 - Focus on cost savings with improved efficiencies
 - Make changes quickly with minimal costs
- Strategy at Florida Hospital with ACO Mandated Cuts
 - Ratchet down costs
 - Insurance companies going to a DRG model
 - Decreased utilization (cost avoidance)
 - Avoid penalties through HCAAPS

Florida Hospital Background

- Centralized Microbiology from 7 campuses to 1 core lab:
 - **Before:** campuses streaked plates and sent plates and specimens to Orlando Microbiology
 - **Now:** campuses send specimens *only* to Orlando Micro
 - Only rapid tests and stat gram stains are done at the campuses
 - Campuses pre-sort when sending batches by eswabs/urines/blood cultures
 - Implemented boric acid tubes for all Urine C&Ss

Why Change?

- Staffing
 - It take 1 year to begin to understand Micro
 - It takes 5 years to have an understanding of Micro
 - “Seasoned” staff is heading towards retirement
- Timely Resulting
 - Infectious Disease Physicians to act on results
 - The hospital wants to move patients out of rooms;
Reduce LOS, thus reduce costs to the hospital

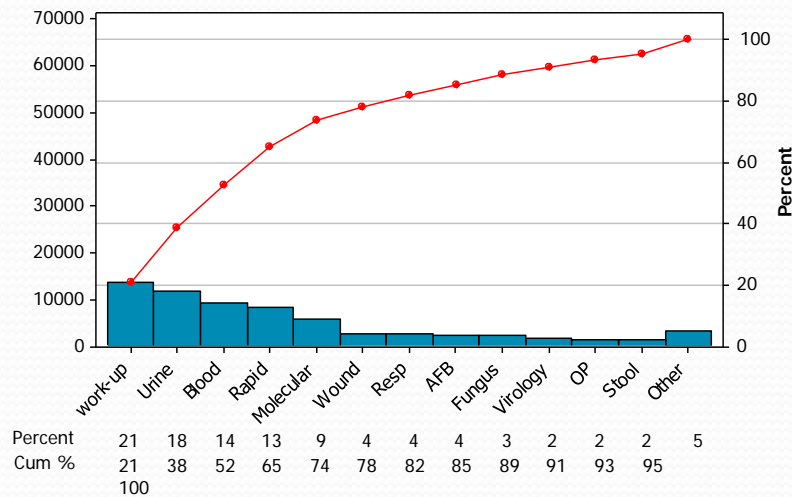
Base Line

2010 - 2012

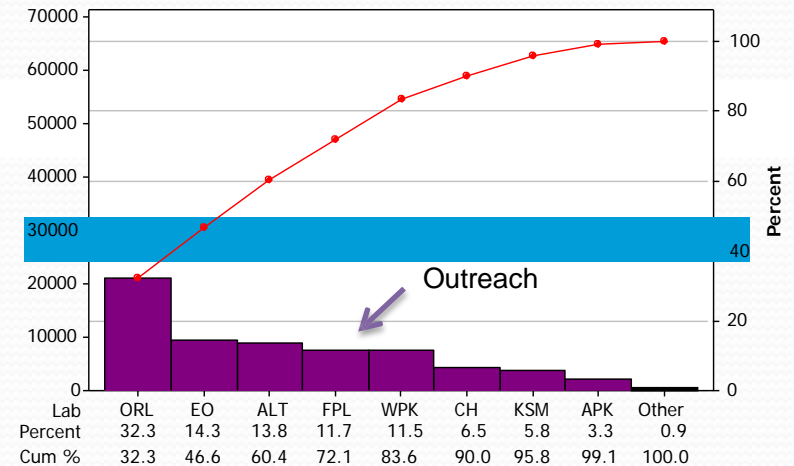
CURRENT STATE

Test Volume

Florida Hospital Micro Test Volume - Specimen Family

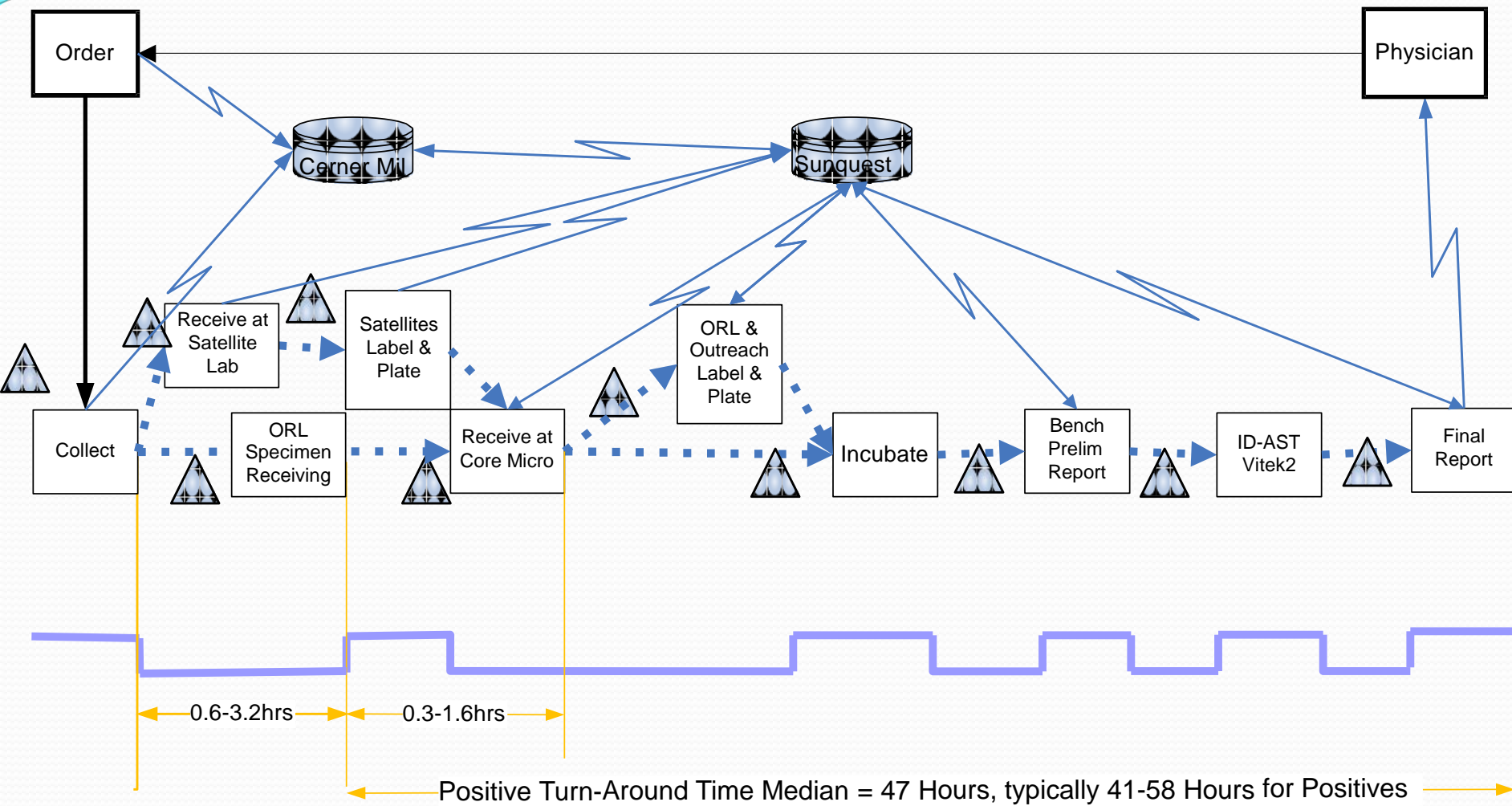


Florida Hospital Micro Test Volume by Lab



Understand what to address 1st

Florida Hosp Micro - Urine Value Stream



- Understand the Value Stream
- Identify where the “waste” is and where the opportunities are

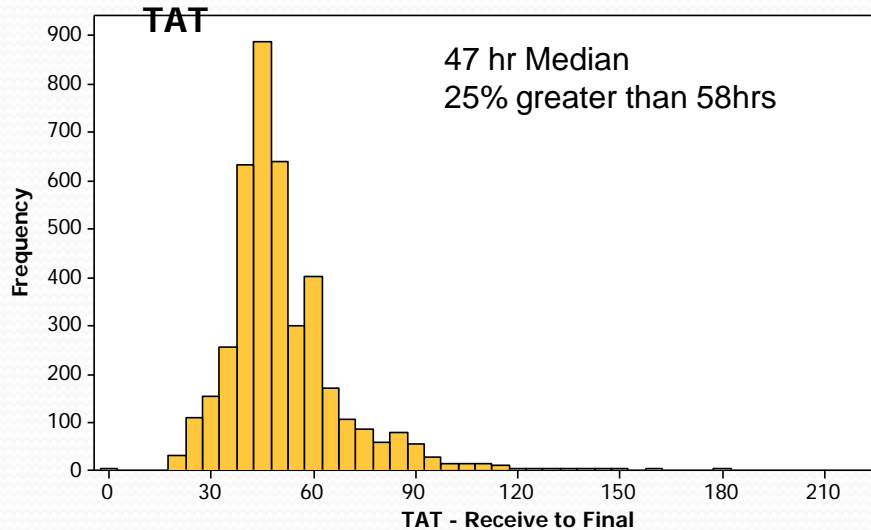
History of Performance

Turn Around Time – Receive to Final

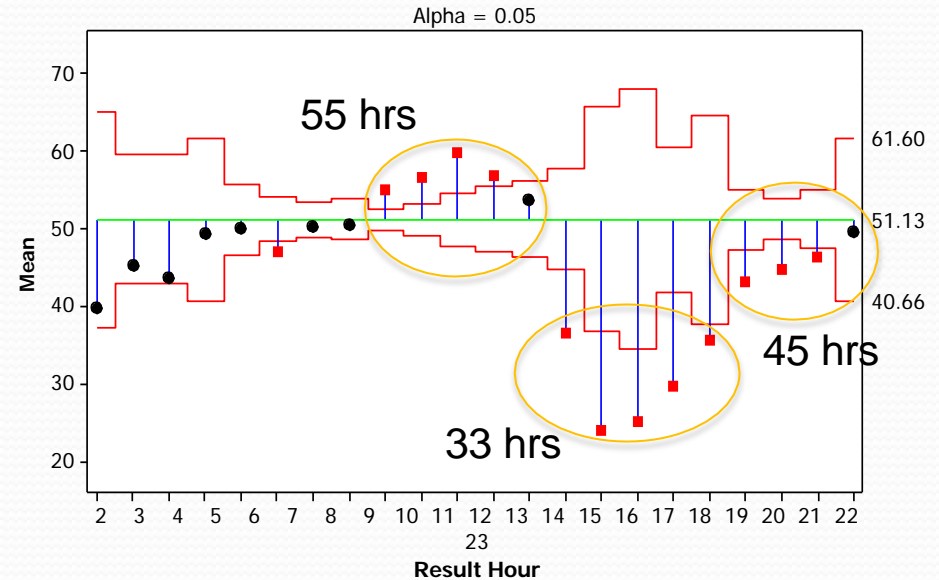
| TAT (Hours) | 2010 | Jan-Feb 2013 |
|------------------|------|--------------|
| Positives | | |
| Median | 47 | 39 |
| Q3 | 58 | 48 |
| Negatives | | |
| Median | | 23 |
| Q3 | | 25 |

Positive Urine – Turn Around Time (Hours)

Florida Hospital - Positive Urine

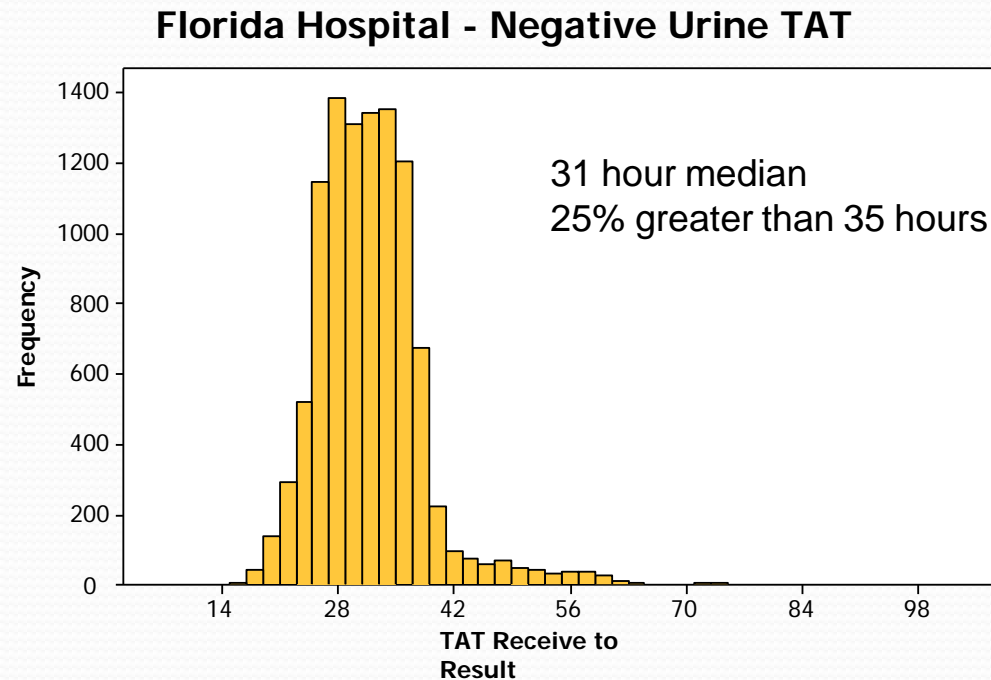


Positive Urine TAT - by Final Resulting Hour



1st Opportunity: 10-15 hour difference between peaks seems to be driven by the 9 to 9 MST cut-off for plate reading schedule.

Negative Urine – Turn Around Time (Hours)



2nd Opportunity: Although we had a 24 hour protocol for negative urine only 7% were actually reported at 24 hours

Other Waste Opportunities

Implement standardized container. Reduce pour-offs & contamination. (Note that the ~30% positive rate seems low, but there may be approximately 90% mixed as well)

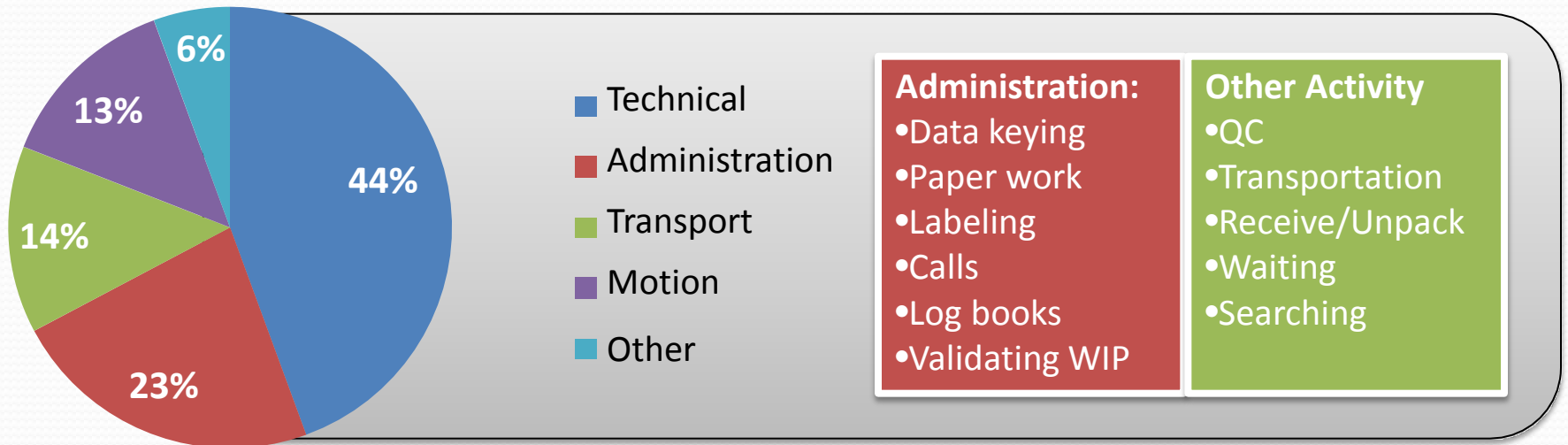
As much as 3 hours *delay* in getting plates to the incubator

Negative cultures *wait* to be resulted until positives completed

Vitek 2 *batched* and *wait* for available resource

Account for all specimens on inactivity list and overdue log (avoids 40 hrs/month)

Technical/Processor Capacity Utilization



45-50% of time in micro lab is on technical task, 27% transport/motion, 23% admin

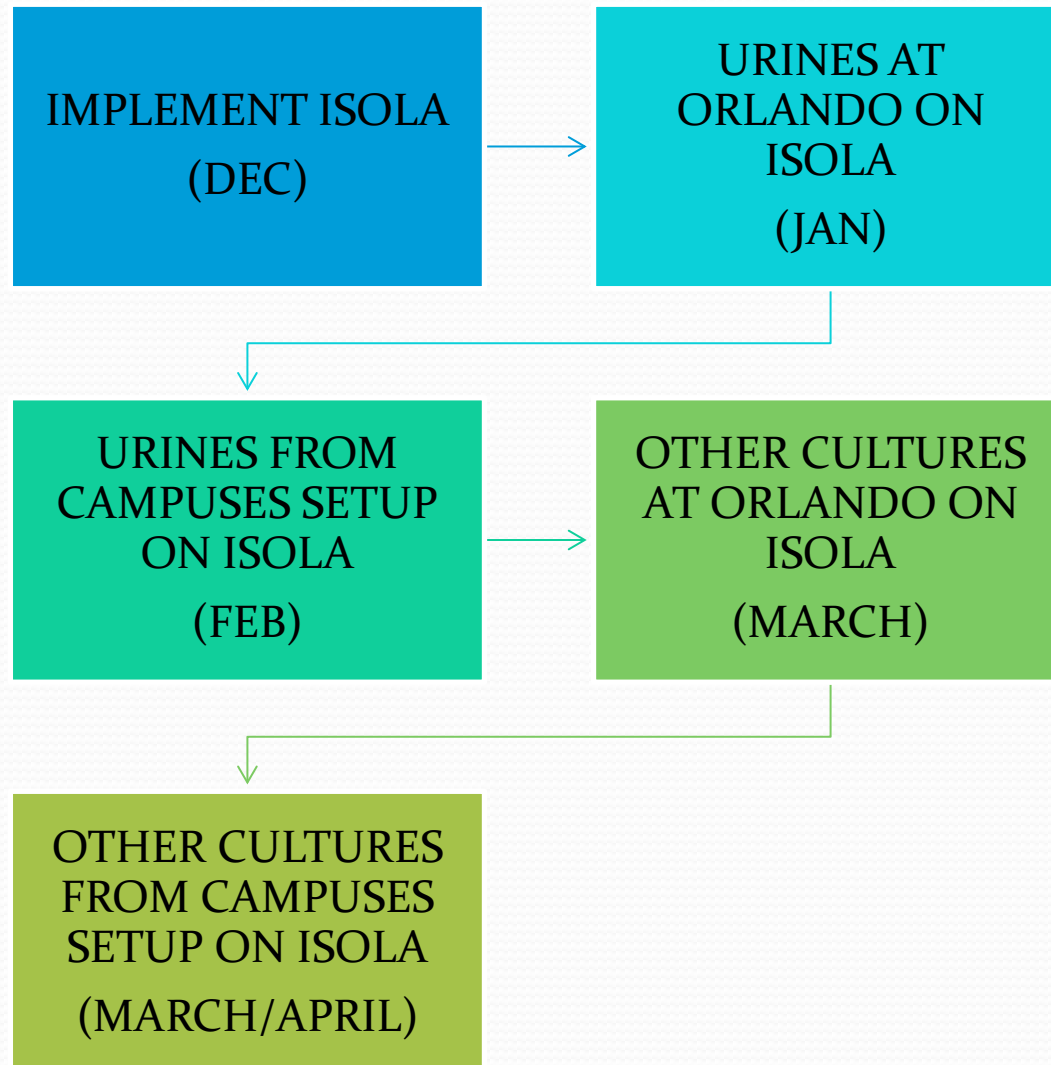
Opportunity to leverage cellular processing, new layout, daily management, and schedule changes to improve the Ratio

Resources

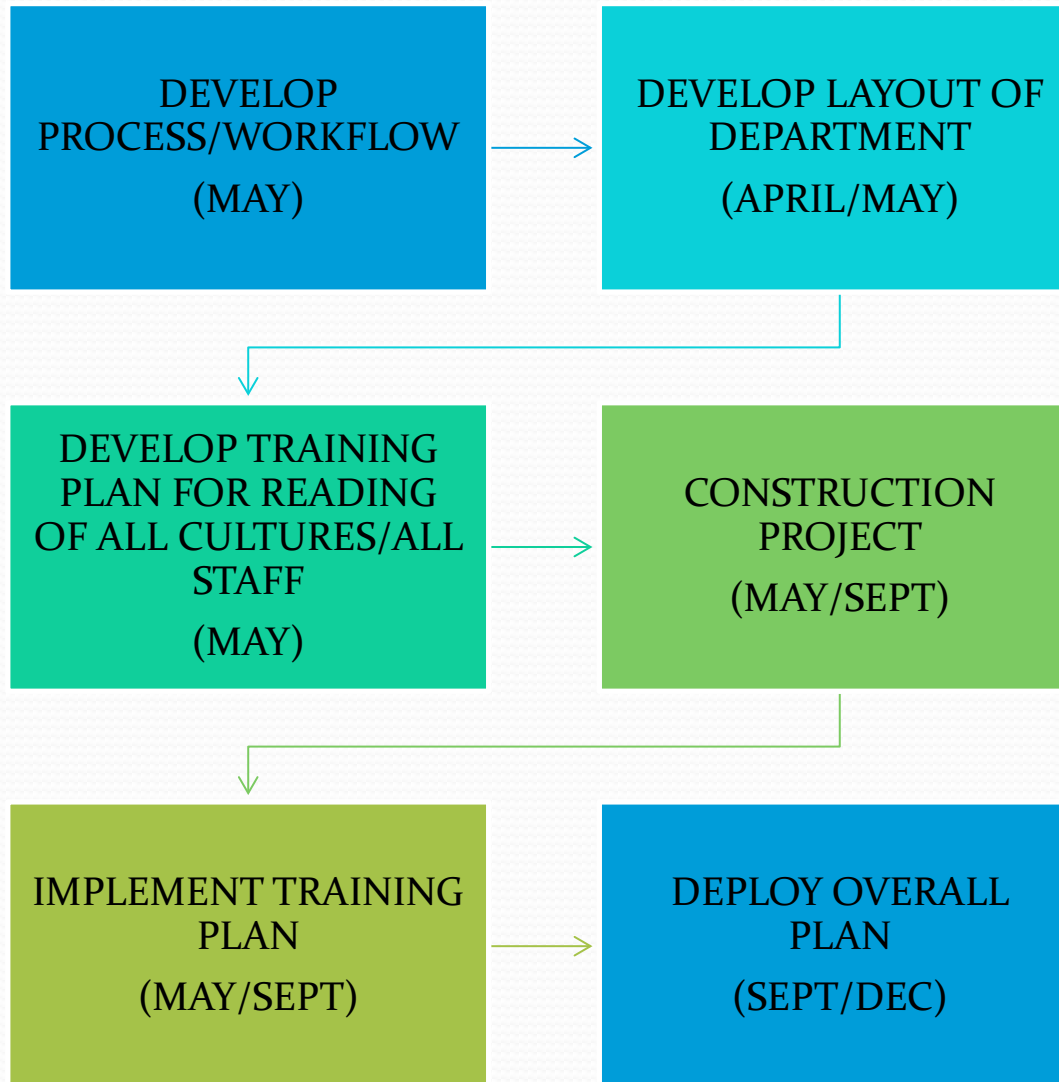
- External Consultants
 - “Fresh eyes” approach
 - Bring experiences from other facilities
- Internal Consultants
 - Formal DMAIC project on blood
 - Microbiology Workflow PI Project
 - Laboratory Process Improvement Manager



ALL CAMPUSES PHASE I: ISOLA IMPLEMENTATION WITH ALL CULTURES (2013)



ORLANDO MICRO PHASE II: NEW PROCESS IMPLEMENTATION (2013)



Microbiology: How it Looks Today



Challenges in Micro - Orlando

- Cross train all staff to “read” plates on all shifts
- Reading on one shift is no longer sufficient
- Low employee satisfaction
- Shortage of qualified technologists, high turnover
- Retirement of “seasoned” techs in the next 5 years
- Limited space, crowded, 35+ years old
- Staffing mismatched with incoming workload

Solutions

- Brought in outside consultants to assist with Kaizen process improvement projects
 - Assessment: 10/12
- Review current process; Kaizen event (05/13), ongoing continuous improvement
- Implement new technology with process change, 03/13
- Plan a space redesign, 5/13
- Scheduling to match staff to workflow -ongoing

Transformation – Urine Kaizen

May 2013

Implementing Technology

- Previ – Isola
- 40% reduction in time to plate
- Consistency in plating
- 2nd Isola installed 06/13 (Plan B)



Kaizen – Rapid Improvement

Select Target Process

Create a Team

Set Objectives & Goal

Observe the Process

Analyze the Process

Create Improvement Plan

Implementation

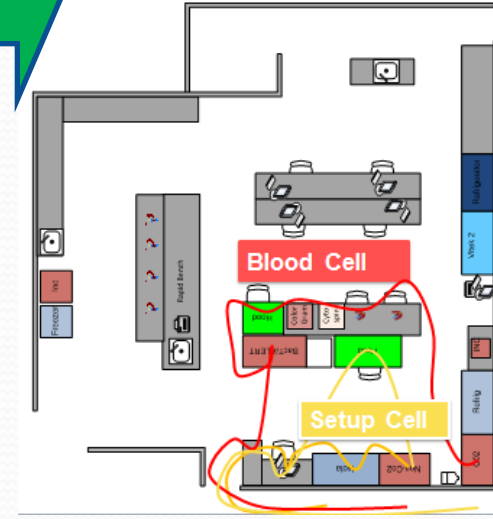
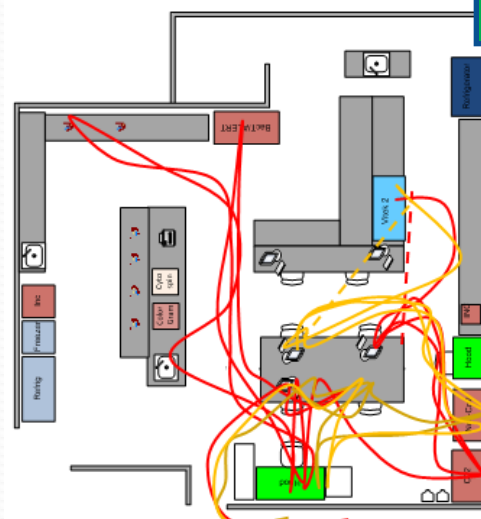
Presentation

Standardize & Monitor

■ Before



■ After



Pre-Kaizen Urine Process Map

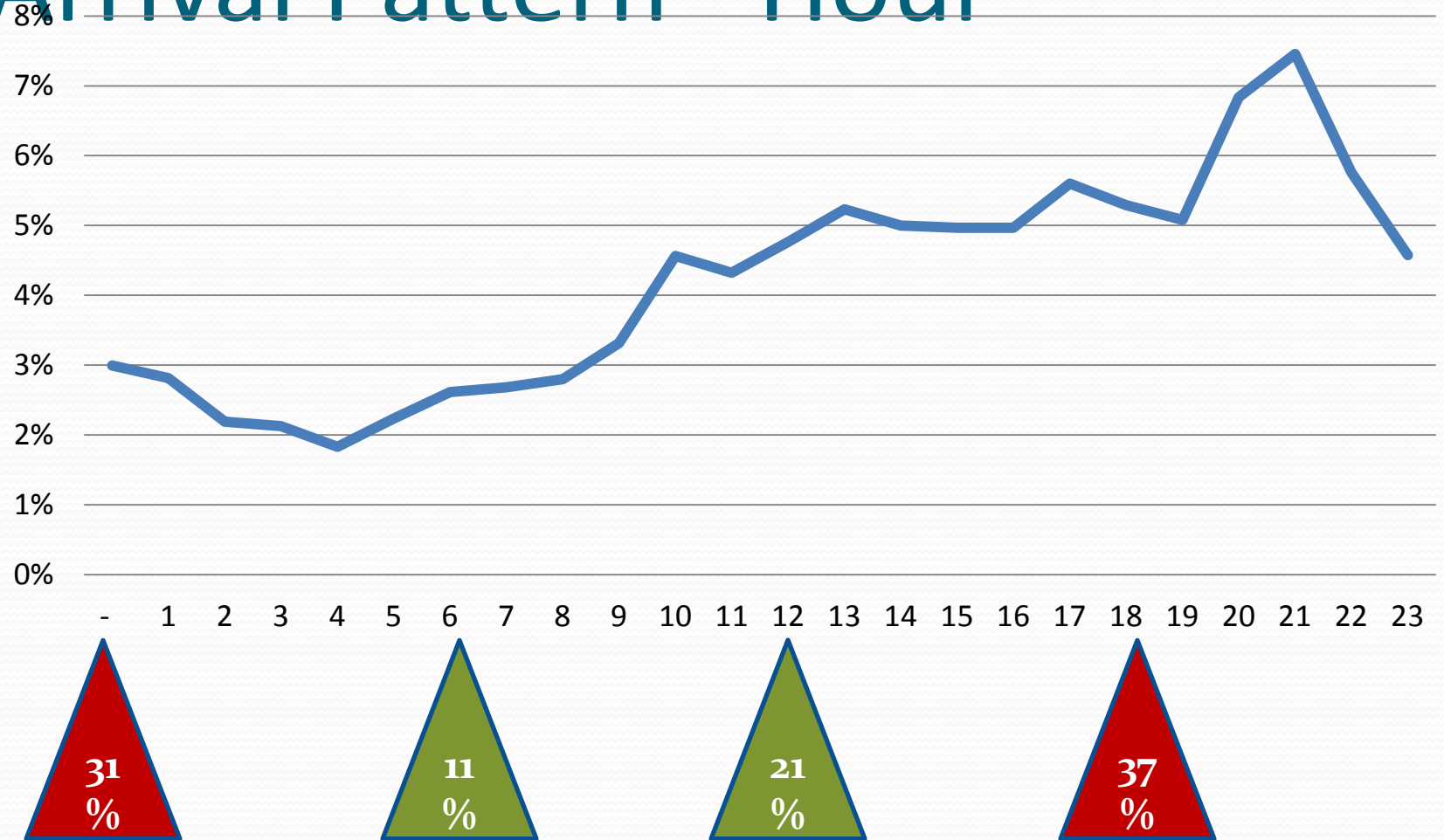


| | |
|------------------------|----|
| Total Number of Steps: | 56 |
|------------------------|----|

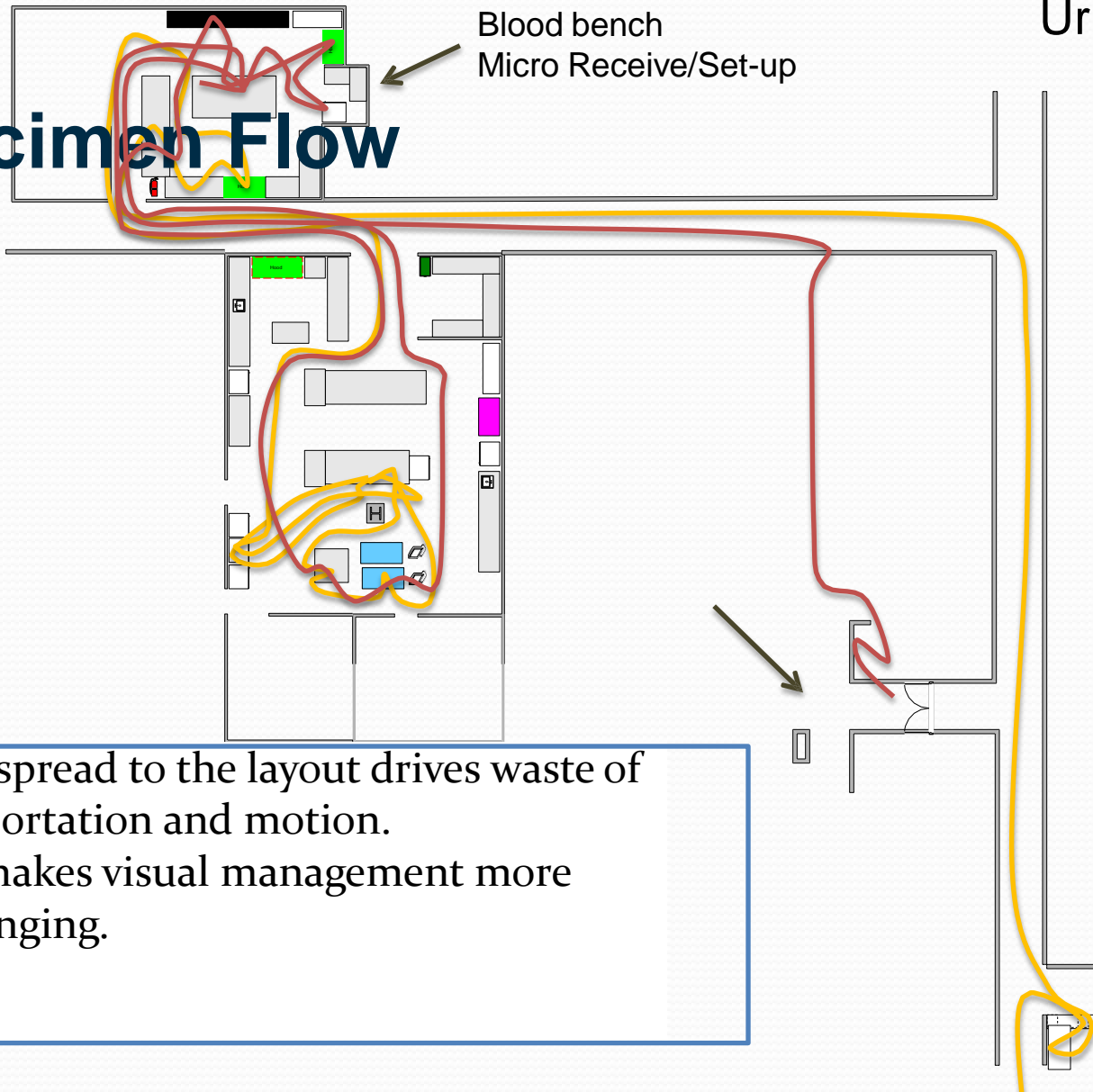
Enlisting Help – Robotic Delivery



Arrival Pattern - Hour



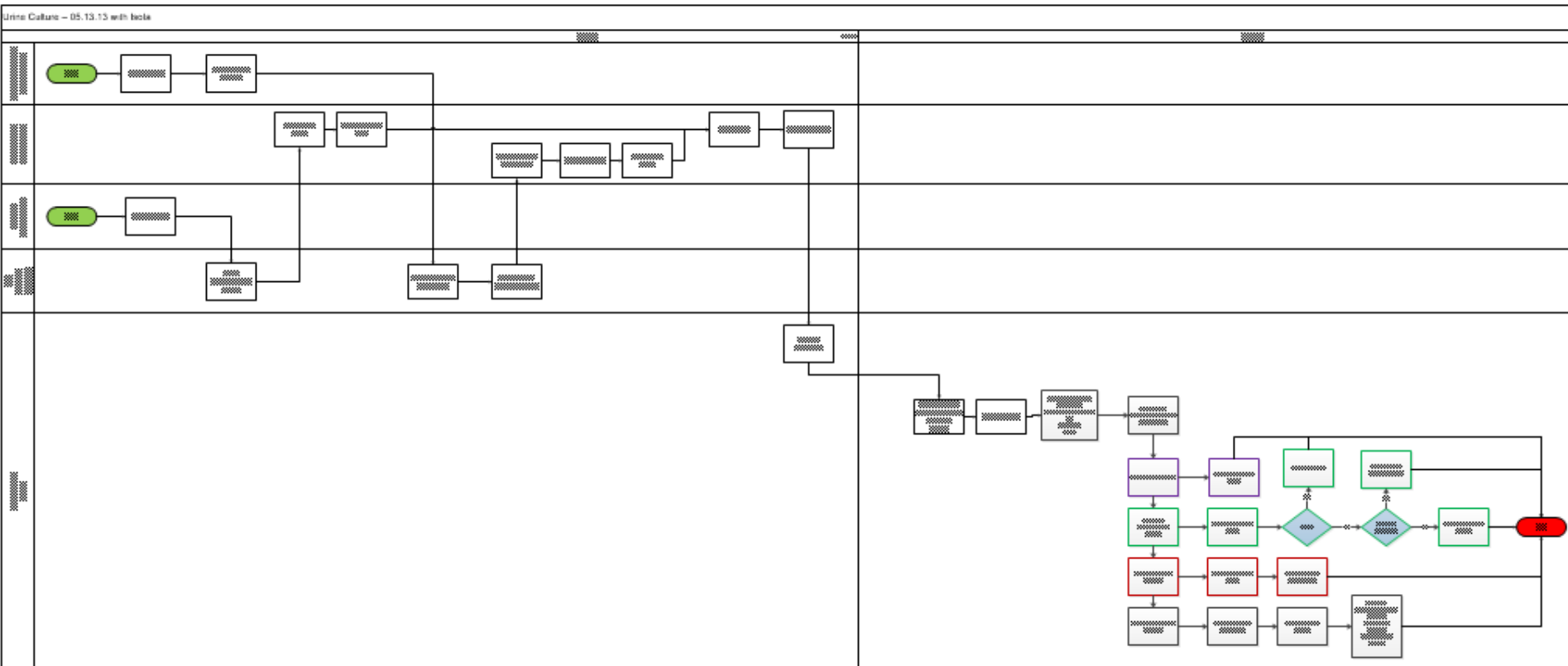
Specimen Flow



Blood
Urine

Large spread to the layout drives waste of transportation and motion.
Also makes visual management more challenging.

Post Kaizen Urine Process Map



Total Number of Steps: 34

- 40%

Future State - Concept

Daily cycles

| Hour | Total | Avg / Day Received | % | +18 hrs | New Batches | Racks | | | |
|-------------|--------|--------------------|----|---------|-------------|-------|--|--|--|
| 0 | 539 | 12 | 3% | 12 | | | | | |
| 1 | 505 | 11 | 3% | 13 | | | | | |
| 2 | 429 | 10 | 3% | 10 | | | | | |
| 3 | 400 | 9 | 2% | 12 | 52 | 2.0 | | | |
| 4 | 388 | 9 | 2% | 17 | | | | | |
| 5 | 401 | 9 | 2% | 16 | | | | | |
| 6 | 520 | 12 | 3% | 16 | 46 | 1.8 | | | |
| 7 | 578 | 13 | 4% | 19 | | | | | |
| 8 | 452 | 10 | 3% | 19 | | | | | |
| 9 | 556 | 12 | 3% | 17 | 55 | 2.1 | | | |
| 10 | 761 | 17 | 5% | 18 | | | | | |
| 11 | 732 | 16 | 4% | 20 | | | | | |
| 12 | 741 | 16 | 4% | 20 | 56 | 2.1 | | | |
| 13 | 866 | 19 | 5% | 20 | | | | | |
| 14 | 850 | 19 | 5% | 21 | | | | | |
| 15 | 784 | 17 | 5% | 25 | 61 | 2.4 | | | |
| 16 | 820 | 18 | 5% | 17 | | | | | |
| 17 | 894 | 20 | 5% | 14 | | | | | |
| 18 | 901 | 20 | 5% | 12 | 55 | 2.1 | | | |
| 19 | 915 | 20 | 6% | 11 | | | | | |
| 20 | 951 | 21 | 6% | 10 | | | | | |
| 21 | 1,106 | 25 | 7% | 9 | | | | | |
| 22 | 751 | 17 | 5% | 9 | 42 | 1.6 | | | |
| 23 | 636 | 14 | 4% | 9 | | | | | |
| Grand Total | 16,476 | 366 | | | 366 | | | | |

3rd Shift Technologist

1st Shift Technologist

2nd Shift Technologist

New Batch Process

| New Urine Culture Processing | |
|------------------------------|------------------|
| Day 0 | |
| Set-Up Time | Plate Rack Color |
| 04:00-08:59 | |
| 09:00-11:59 | |
| 12:00-14:59 | |
| 13:00-17:59 | |
| 18:00-20:59 | |
| 21:00-23:59 | |
| 0:00-03:49 | |

| Day 1 Urine Culture Pull from Incubator | | | | |
|---|------------------|--------------------------|---------------------|--------------------|
| Read | | | | |
| Read Time | Plate Rack Color | Too Young/Further Workup | Final ID/Sens Ready | Cath Urine 48 hold |
| 3:00 | | 3:00 | 3:00 | 3:00 |
| 6:00 | | 6:00 | 6:00 | 6:00 |
| 9:00 | | 9:00 | 9:00 | 9:00 |
| 12:00 | | 12:00 | 12:00 | 12:00 |
| 15:00 | | 15:00 | 15:00 | 15:00 |
| 18:00 | | 18:00 | 18:00 | 18:00 |
| 22:00 | | 22:00 | 22:00 | 22:00 |

| Day 1+ Urine Culture Placement for Incubation | | | |
|---|--------------------------|---------------------|--------------------|
| Place in Labeled Containers (Empty) | | | |
| Set-Up Time | Too Young/Further Workup | Final ID/Sens Ready | Cath Urine 48 hold |
| 3:00 | 12:00 | 18:00 | 3:00 |
| 6:00 | 15:00 | 22:00 | 6:00 |
| 9:00 | 18:00 | 3:00 | 9:00 |
| 12:00 | 22:00 | 6:00 | 12:00 |
| 15:00 | 3:00 | 9:00 | 15:00 |
| 18:00 | 6:00 | 12:00 | 18:00 |
| 22:00 | 9:00 | 15:00 | 22:00 |

Daily Workflow

Task

| |
|-------|
| 6:00 |
| 7:00 |
| 8:00 |
| 9:00 |
| 10:00 |
| 11:00 |
| 12:00 |
| 13:00 |
| 14:00 |
| 15:00 |
| 16:00 |
| 17:00 |
| 18:00 |
| 19:00 |
| 20:00 |
| 21:00 |
| 22:00 |
| 23:00 |
| 0:00 |
| 1:00 |
| 2:00 |
| 3:00 |
| 4:00 |
| 5:00 |



- 1 Pull Plates from Incubators
 - a. Correct color / time
 - b. TY
 - c. AST
 - d. Cath
- 2 Pull empty buckets from shelf
- 3 Cath
 - Empty bucket on shelf
- 4 AST Final Prelim Report
 - Save
 - Rework ->AST in time bucket
- 5 TY
 - Empty bucket on shelf
 - AST in time bucket
- 6 New color read
 - Triage -> trash
 - Mixed -> save
 - Positives -> AST in time bucket
 - TY
 - Cath

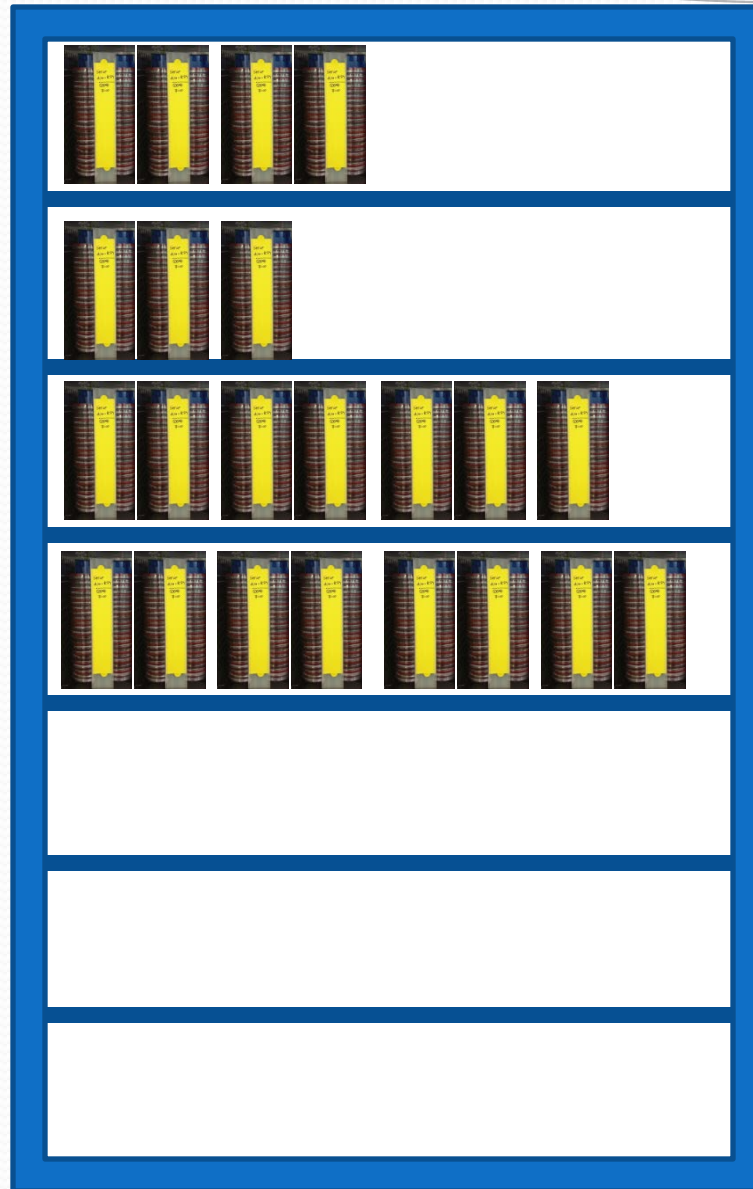
Implementation! In 3 days!





Incubator

#13 – Batch Visual Control



03:00

06:00

09:00

12:00

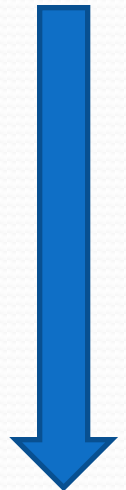
15:00

18:00

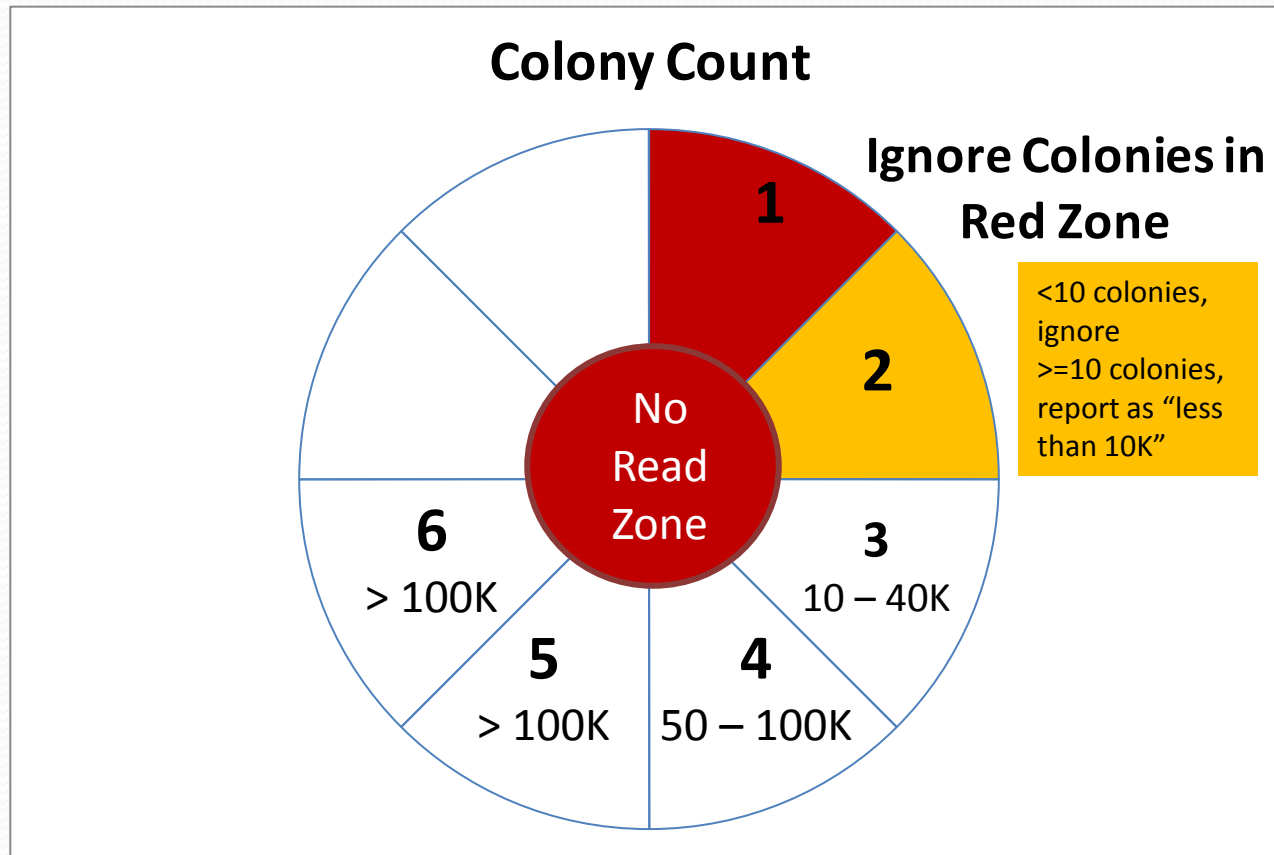
22:00



Top to Bottom
7 cycles / day



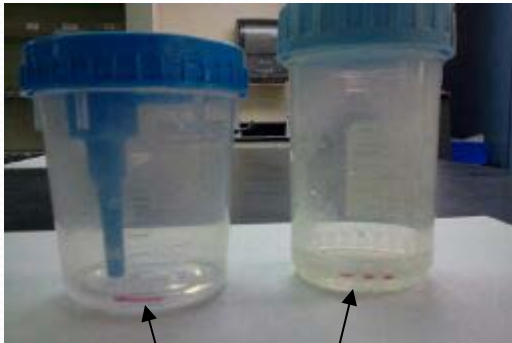
Urine Reading Template



It was discovered that we were over-reporting on urines!

Visual Aids and Standards

URINE POUR OFF'S FOR MICROBIOLOGY GUIDE FOR VOLUME



Only 3 ml's are needed to pour off in to gray top tubes for Micro.
This red line indicates where 3 ml's are located on the cups; very low, barely covering the bottom of the cup.



Isola Poka Yoke, to reduce errors and facilitate identification
Later, added “arrows” to limit batch size between the 5 & 6 slots!



Pre-Kaizen History of Performance

| TAT (Hours) | 2010 | Jan-Feb 2013 | Goal | Improvement |
|------------------|------|--------------|------|-------------|
| Positives | | | | |
| Median | 47 | 39 | 30 | 23% |
| Q3 | 58 | 48 | 33 | 31% |
| Negatives | | | | |
| Median | | 23 | 21 | 9% |
| Q3 | | 25 | 24 | 4% |

Current Performance

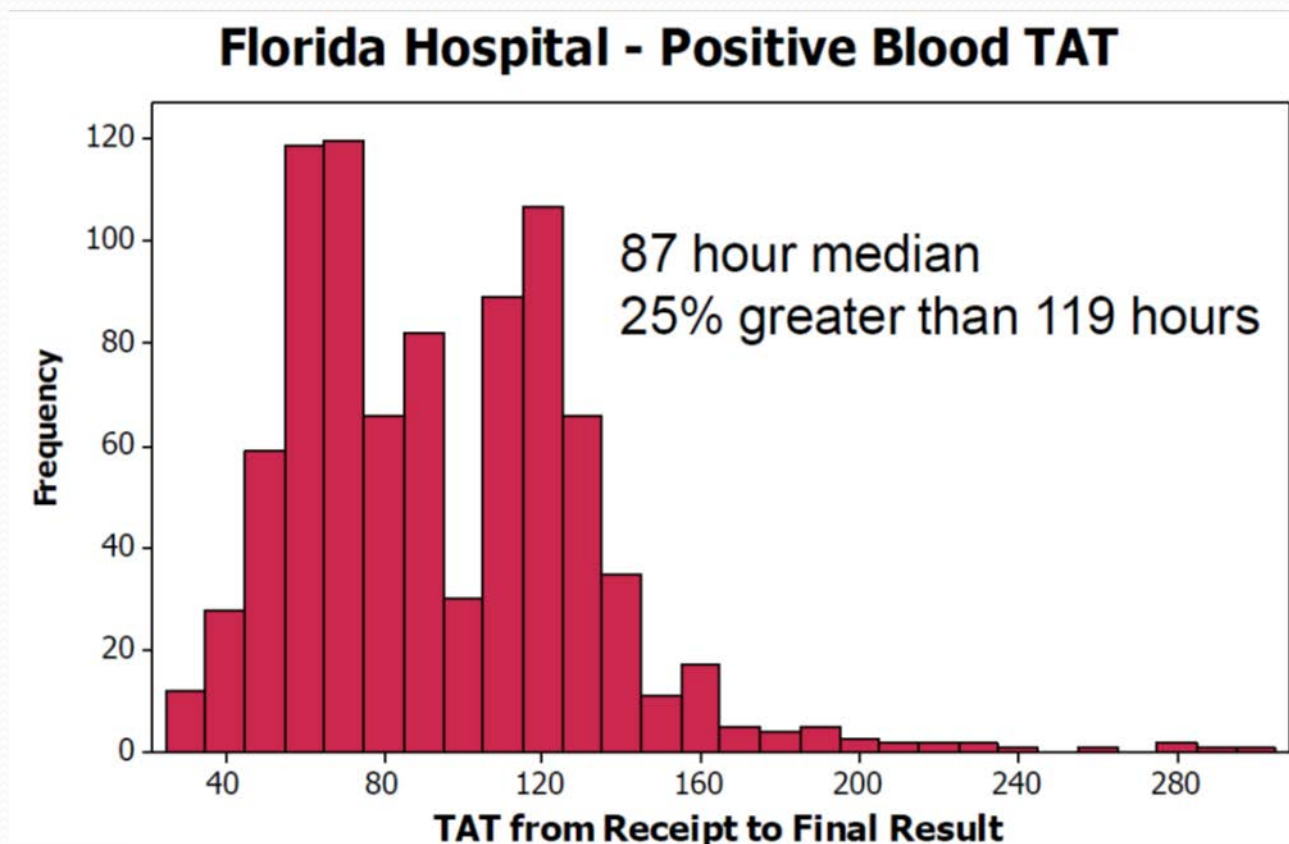
| URINE CULTURE TURN-AROUND-TIME | | | | | |
|--------------------------------|------|-----------|-------|-------|------|
| TAT(Hours) | 2010 | Feb, 2013 | June | Sept | Goal |
| Positives | | | | | |
| Median | 47 | 39 | 37 | 33 | 30 |
| Q3 | 58 | 48 | 41 | 38 | 33 |
| Negatives | | | | | |
| Median | 31 | 23 | 20:44 | 20:31 | 21 |
| Q3 | 47 | 25 | 21:56 | 21:49 | 24 |

Transformation – Blood Cultures

Fall 2013

Findings – Blood Culture TAT

- Pre 2011 DMAIC Project Data

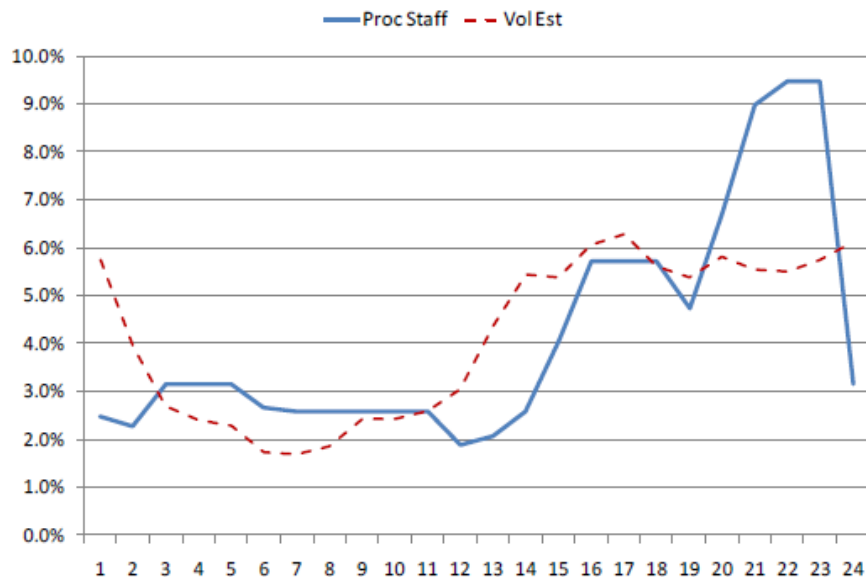


Findings – Blood Culture TAT

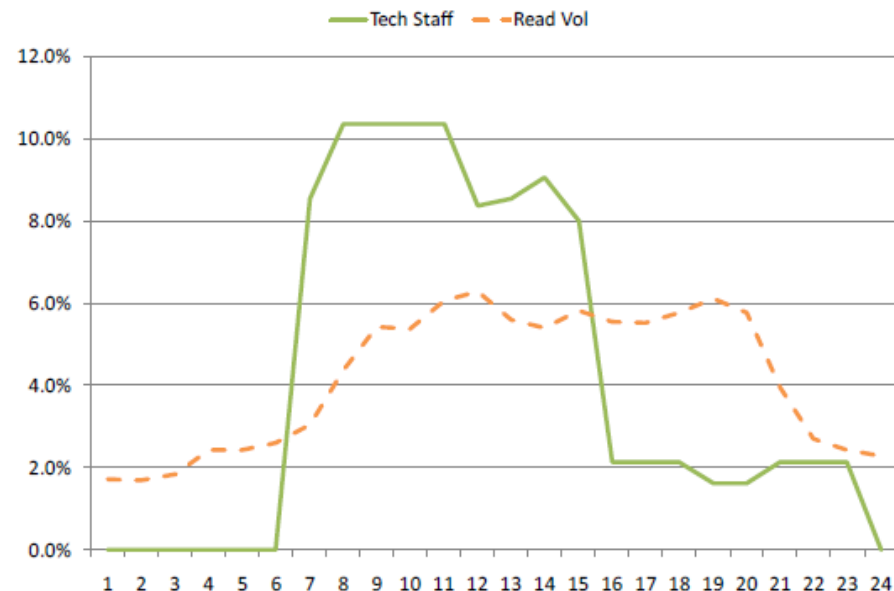
- Staffing Variation
 - Processing
 - Technical

Hourly Staff and Volume Distribution

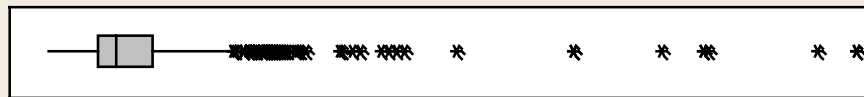
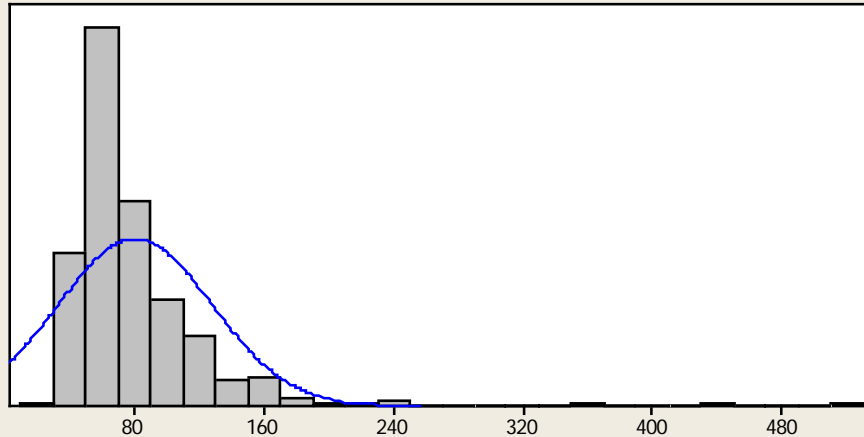
Micro Receive/Processing



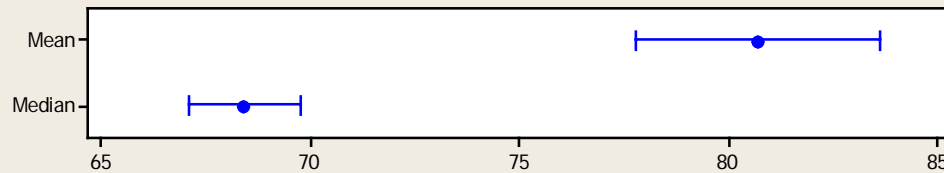
Micro Technical



Summary for + Blood Culture TAT (June/July)



95% Confidence Intervals



Anderson-Darling Normality Test

| | |
|-----------|-------|
| A-Squared | 72.16 |
| P-Value < | 0.005 |

| | |
|----------|----------|
| Mean | 80.691 |
| StDev | 47.364 |
| Variance | 2243.391 |
| Skewness | 4.7395 |
| Kurtosis | 33.8349 |
| N | 1006 |

| | |
|--------------|---------|
| Minimum | 27.183 |
| 1st Quartile | 58.196 |
| Median | 68.417 |
| 3rd Quartile | 91.383 |
| Maximum | 525.467 |

| | |
|----------------------------------|--------|
| 95% Confidence Interval for Mean | |
| 77.761 | 83.621 |

| | |
|------------------------------------|--------|
| 95% Confidence Interval for Median | |
| 67.110 | 69.745 |

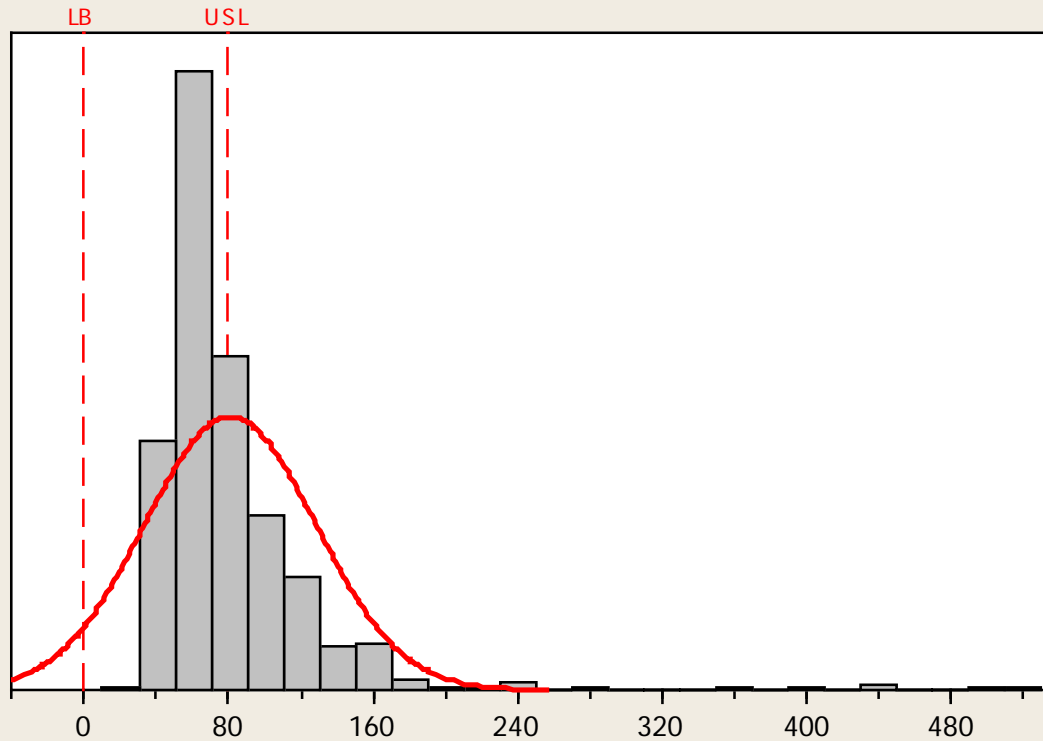
| | |
|-----------------------------------|--------|
| 95% Confidence Interval for StDev | |
| 45.381 | 49.530 |

Process Capability of Blood Culture Process (June/July)

| Process Data | |
|----------------|---------|
| LB | 0 |
| Target | * |
| USL | 80 |
| Sample Mean | 80.6911 |
| Sample N | 1006 |
| StDev(Overall) | 47.3644 |

| Observed Performance | |
|----------------------|-----------|
| PPM < LB | 0.00 |
| PPM > USL | 365805.17 |
| PPM Total | 365805.17 |

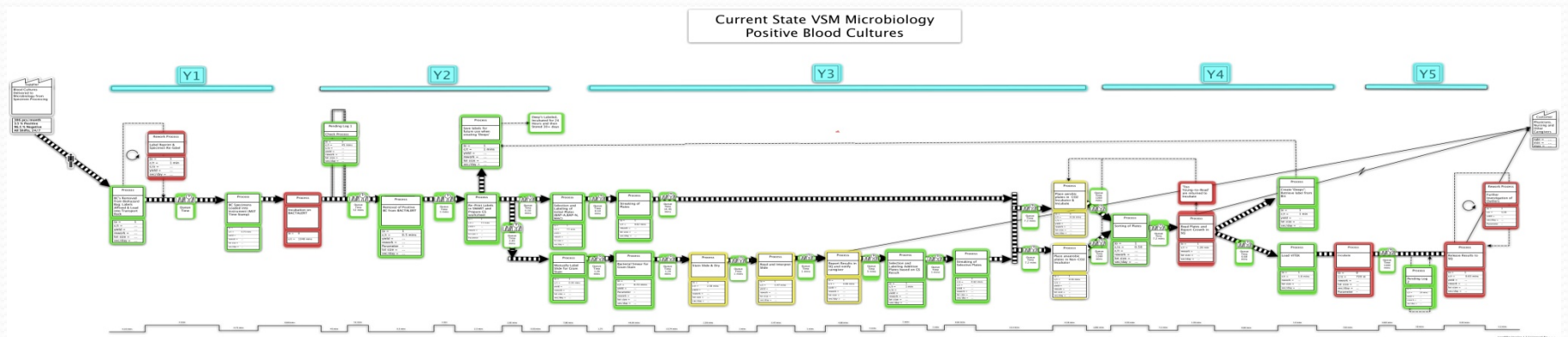
| Exp. Overall Performance | |
|--------------------------|-----------|
| PPM < LB | * |
| PPM > USL | 505820.42 |
| PPM Total | 505820.42 |



DPMO = 365,805

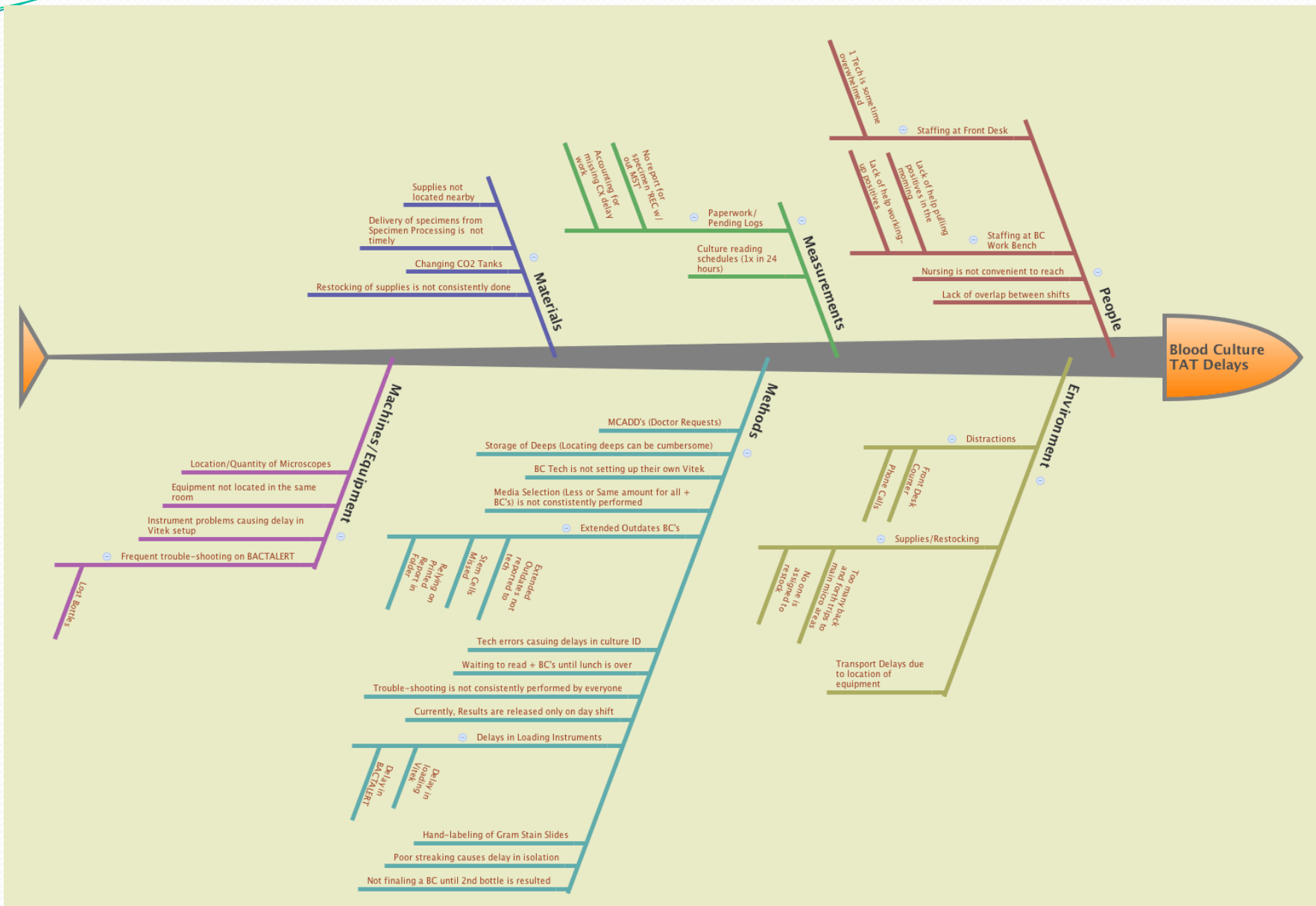
Sigma Score / Z (ST) = 1.95

BLOOD CULTURE VALUE STREAM MAP



Significant X: not releasing results from Vitek timely!

BLOOD CULTURE FISHBONE ANALYSIS



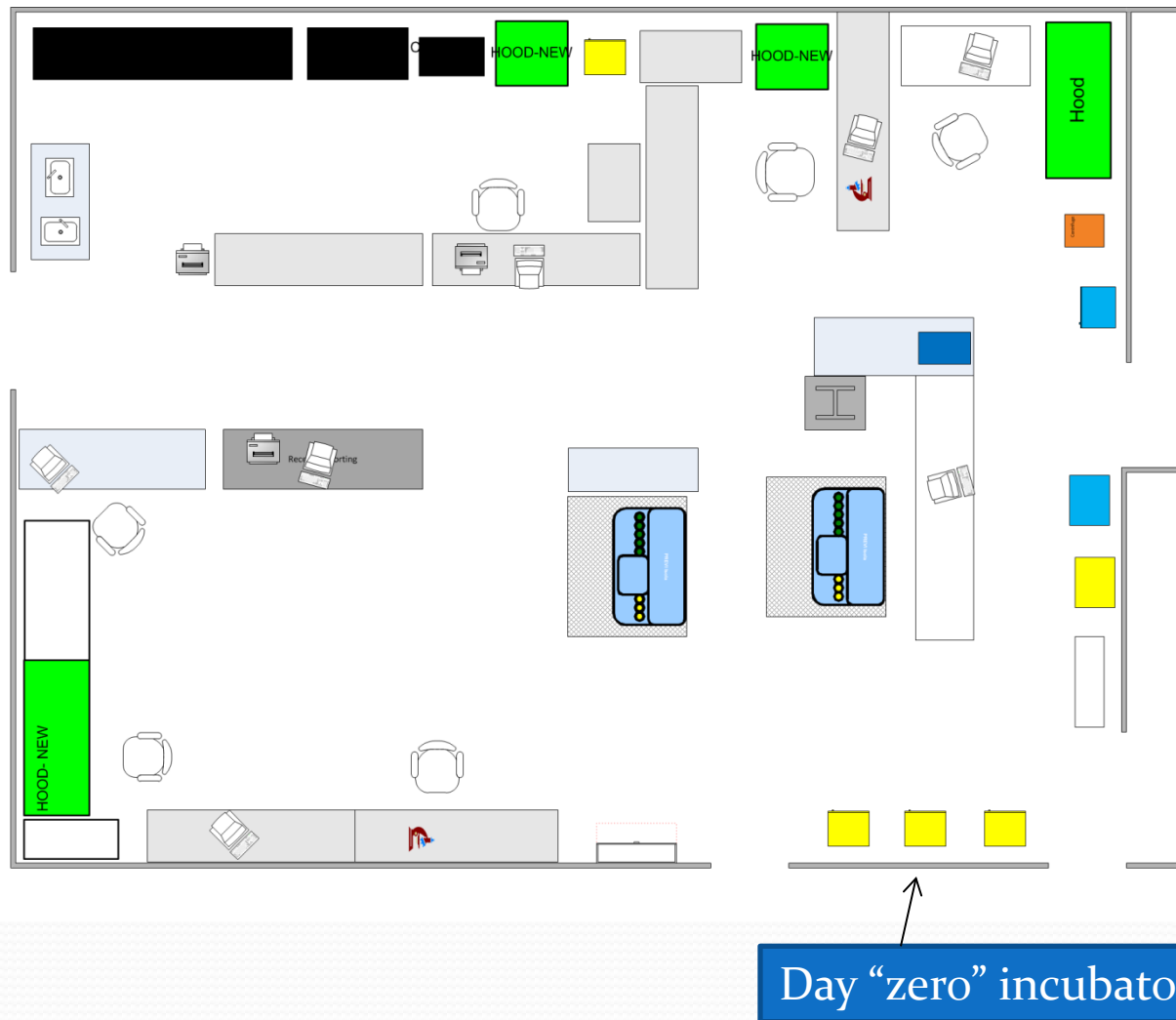
Blood Culture – Current Performance (2013)

| BLOOD CULTURE TURN-AROUND-TIME | | |
|--------------------------------|------------------------|-----------------------|
| June 2010 | June 2013 | Goal |
| 36.5% final <80 hours | 86.2% final <100 hours | 90% final < 100 hours |

QUICK WINS - 2013

- Changed GOAL
 - Never going to get to 80% in <100 hours, because of the 120 hr incubation for negatives
 - Goal made more meaningful
 - 90% reported at 48 hours from *received/result*
- Increased frequency of MNG from 1-2x/day to 6 times per day
- Increased frequency of releasing results from Vitek from 1-2x/day to 4 times per day
- Reduced or eliminated paperwork

Micro Setup – Future State

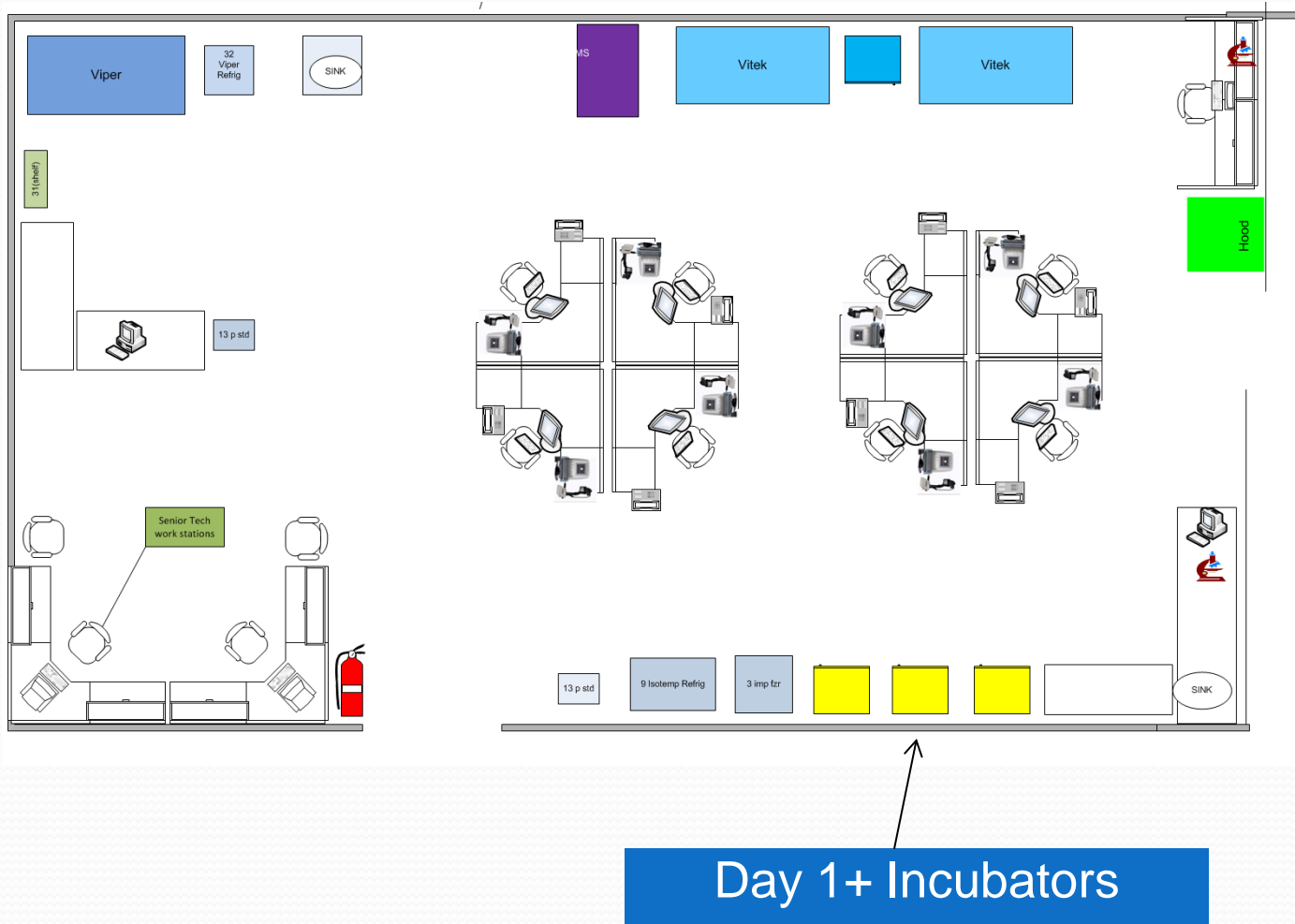


Benches
have V2
Smart
Carriers

Direct access
to V2
(small
batches)

Design Bench
Layout and
Workflow to
Reduce
Rework,
Motion, and
Unnecessary
Processing

Micro Reading – Future State



Benches have
V2 Smart
Carriers

Direct access
to V2
(small
batches)

Design Bench
Layout and
Workflow to
Reduce
Rework,
Motion, and
Unnecessary
Processing

Lessons We Learned from our Kaizen Events: Must Do's for Success

- Before the Kaizen event:
 - Pick out an “engaged” team; you want the best & brightest
 - Lay out the “expectations” for the team members
 - If you have metrics, crunch numbers and share with the team
- During the Kaizen event:
 - Make for a comfortable environment
 - Share in the “positivity” with the team and expanded team
- Post Kaizen event:
 - Communicate results to the expanded team
 - Celebrate success! (don't under estimate the importance here)
 - Continue with improvement efforts &
 - Communicate, communicate communicate!!!

Lessons We Learned from our Kaizen Events: Must Don'ts for Success”

- Fail to record metrics or dilute reporting
- Set unrealistically low or high targets
- Pick team members based on seniority or position
- Allow process owner to discontinue sustainability
- Allow “Executive Sponsor” to ignore process change post Kaizen and beyond (leading to zero sustainability)

Benefits to the People

- Physicians/Patients:
 - Faster TAT, physicians can act quicker on results
 - Reduce false positive Urine C&S with boric acid tubes
- Microbiology:
 - Alignment of staff with workload; smooths out the processes and reduces stress
 - Cross-training of all staff on “reading” enhances job satisfaction
 - Reduces errors due to “over work” conditions
 - Creates “teamwork” environment through shared work

Questions?



30 days Plan

| | Action | Who | When | Completion |
|----|---|---------------------------|--------|------------|
| 1 | Reflex order UA short term improvement | Sany | 14-May | 100% |
| 2 | Create guideline for rack / batch standard size | Team | 14-May | 100% |
| 3 | Wrong plates loaded on Previ Isola - how to fix it | Angela | 14-May | 100% |
| 4 | Record today's work flow 3 shifts | Angela | 15-May | 100% |
| 5 | Create incoming Urine Cultures profile | Manuel | 15-May | 100% |
| 6 | Create and communicate Std operating procedure | Maryanne | 23-May | 50% |
| 7 | Specimen batching process | Manuel | 14-May | 100% |
| 8 | Observe specimen waiting receiving and micro specimen receiving | Maryanne | 14-May | 100% |
| 9 | Ask Technologist why they wait in front of Previ Isola | Manuel | 14-May | 100% |
| 10 | Turning off workcards (automatic print) | Mary Ann | 20-May | 100% |
| 11 | Establish new colony count template | Angela/Maryanne /Anne | 15-May | 100% |
| 12 | Traning for all shift on changes | Angela / Sandy / Maryanne | 31-May | 25% |
| 13 | Result ORDRCS batch result entry | Maryanne / Patrick | 15-Aug | 25% |
| 14 | Training Matrix | Maryanne | 31-May | 100% |
| 15 | Metrics to track (TAT & Volumes) | Team | 15-May | 100% |

30 days plan

| | Action | Who | When | Completion |
|----|--|-----------------|--------|------------|
| 16 | Look for smaller containers / racks | Team / Mary Ann | 15-May | 75% |
| 17 | Engineer the incubator spaces (Draw) | Mary Ann | 16-May | 50% |
| 18 | Resulting of reflex order | | | 100% |
| 19 | Create a visual control for Urine level for Isola | Mary Ann | 16-May | 100% |
| 20 | Update process map | Team | 15-May | 100% |
| 21 | Autoverification Vytex | Mary Ann | | 25% |
| 22 | Purchase acrylic plate holders | Mary Ann | 17-May | 100% |
| 23 | Data collection plan | Manuel | 16-May | 100% |
| 24 | Schedule for following weeks | Team / Sandy | 16-May | 0% |
| 25 | Purchase a shelf for the incubator | Mary Ann | 16-May | 100% |
| 26 | Maintain daily operation volume by batch and record time to read - create a standard | Maryanne | 31-May | 25% |
| 27 | Request a new crystal report that full fill Micro Lab requirements | Mary Ann | 15-Jun | 0% |