

# **GERMANO DE SOUSA LABORATORY MEDICAL CENTER**

A journey of Quality:  
Innovation, quality and accuracy

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Lisbon, Portugal

## LESSONS LEARNED FROM OUR LAB'S EIGHT-YEAR USE OF QUALITY MANAGEMENT METHODS TO CHANGE THE CULTURE, BOOST PRODUCTIVITY, INCREASE QUALITY

- 40 Years of History: Our Lab's Lean journey
- Clinical Practice Improvement Landmarks:
  - ISO9001, Lean Six Sigma Philosophy, Redesign
- Three successful process improvement projects
- Lessons learned
- Next steps: now is the future

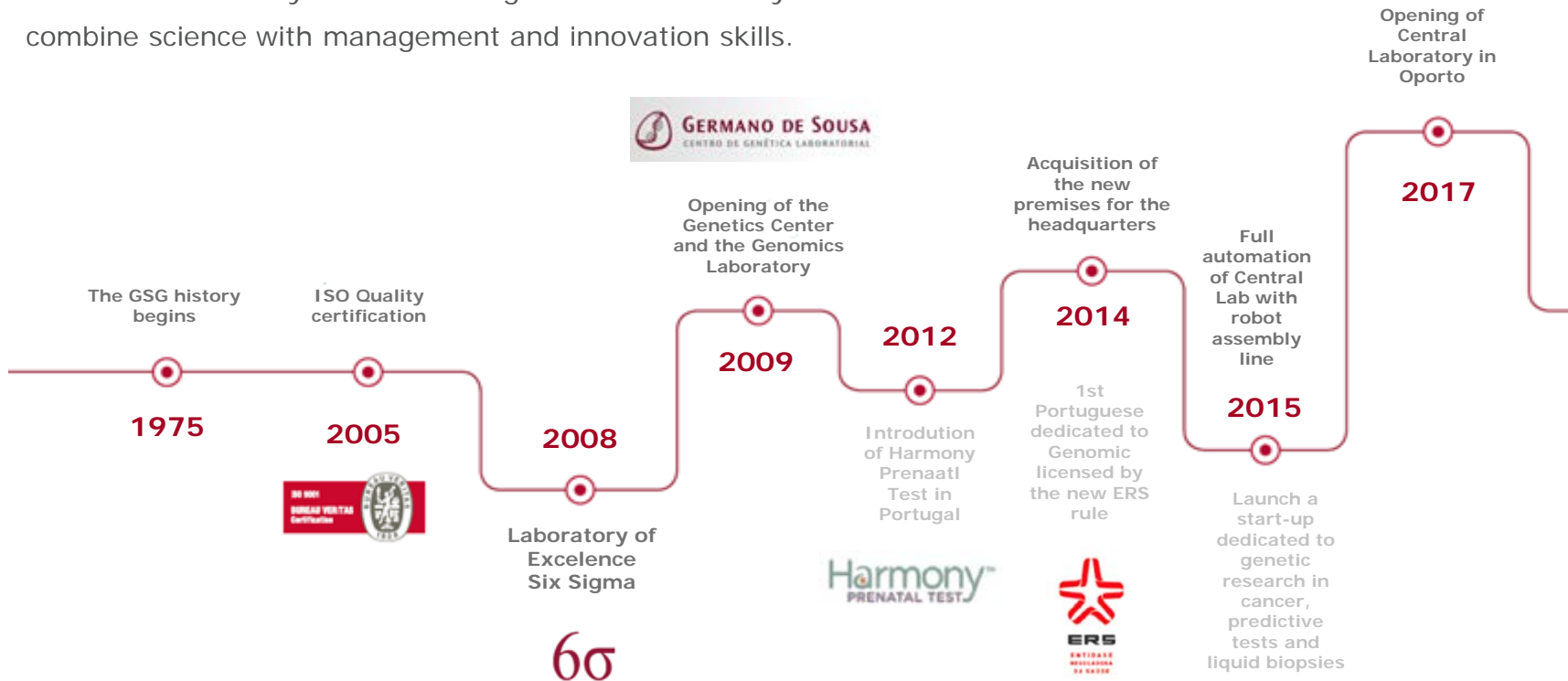
THE CHANGE BEGINS WHEN SOMEONE SEES  
THE NEXT STEP

# LANDMARKS IN OUR HISTORY

More than  
40 Years  
of Activity

The Germano de Sousa Group (GSG) has been firmly established in clinical laboratories for more than 40 years.

The Group grew and developed in the heart of the scientific community and our strength lies in the ability to combine science with management and innovation skills.



40 YEARS OF HISTORY

# CENTRES OF EXCELLENCE

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- › Prenatal Diagnosis
- › Combined First-trimester Screening
- › Combined Second-trimester Screening
- › Harmony Prenatal Test
- › Precision Medicine
- › Oncogenomics, Pharmacogenomics
- › Genetic Markers of Hereditary Neoplasms
- › Oncological Diagnosis (Tumour Markers, HPV, PCa3)
- › Dyslipidaemia Studies
- › Lipid parameters and lipoproteins
- › Identification and determination of LDL and HDL subfractions in patients at risk
- › Study of Systemic Autoimmune Diseases (Systemic Lupus Erythematosus, Rheumatoid Arthritis, Scleroderma, etc.)
- › Study of Organ-Specific Autoimmune Diseases (Thyroiditis, Hepatic, Intestinal, etc.)
- › Study of Neurological Autoimmune Diseases
- › Immuno-allergology (RAST / ISAC)
- › Morphological examination of peripheral blood and bone marrow
- › Flow cytometry
- › Genetic studies
- › Autoimmune Diseases
- › Haemato-oncology



40 YEARS OF HISTORY

# GERMANO DE SOUSA IN NUMBERS



The skills of our human resources, strong investment in technological capacity and research and innovation policies coupled with specialised management make Germano de Sousa the largest private operator in Portugal.

**+50**

Specialists in Clinical  
Pathology and Genetics

**+800**

Employees

**+450**

Collection Points

**+15**

Laboratories

**+46**

Thousands tests  
per day nationwide

**+5500**

Patients per  
day nationwide

**+11,5**

Million laboratory  
tests per year

**+1,2**

Million users  
per year

40 YEARS OF HISTORY

# GEOGRAPHICAL PRESENCE



## HOSPITALS

2

PUBLIC  
HOSPITALS

9

PRIVATE  
HOSPITALS



## LABORATORIES

Leading Laboratory

1 ●

Hospital Laboratories

11

Regional laboratories

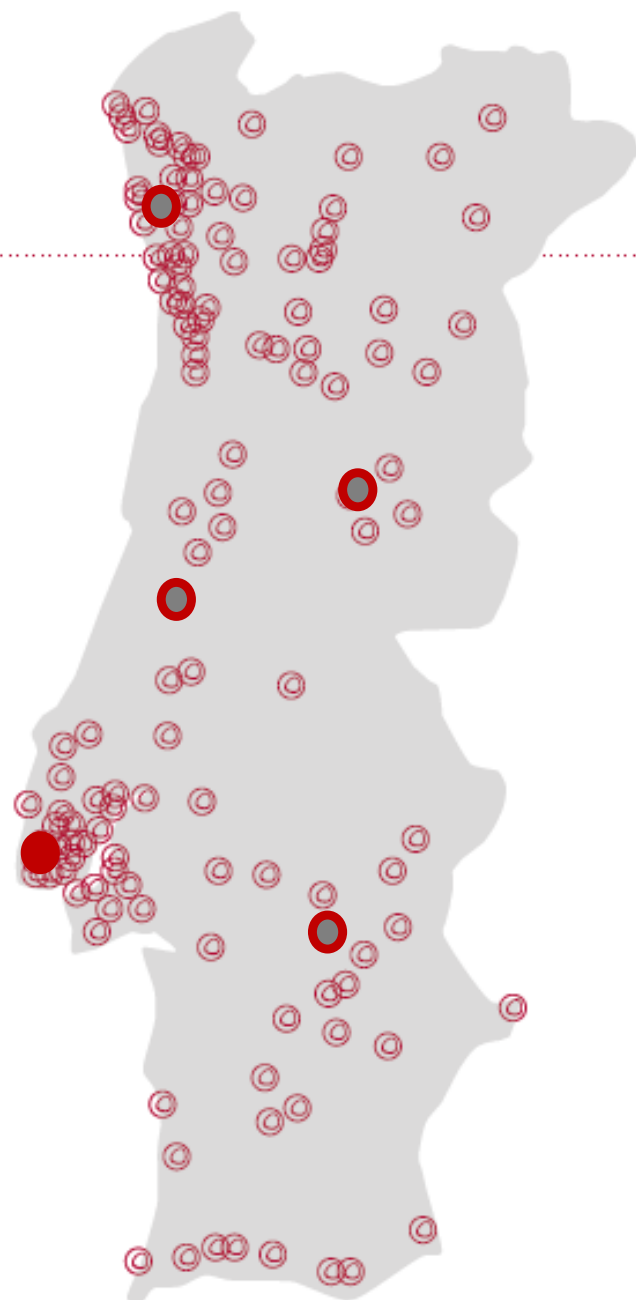
4 ○



## COLLECTION CENTRES

+450

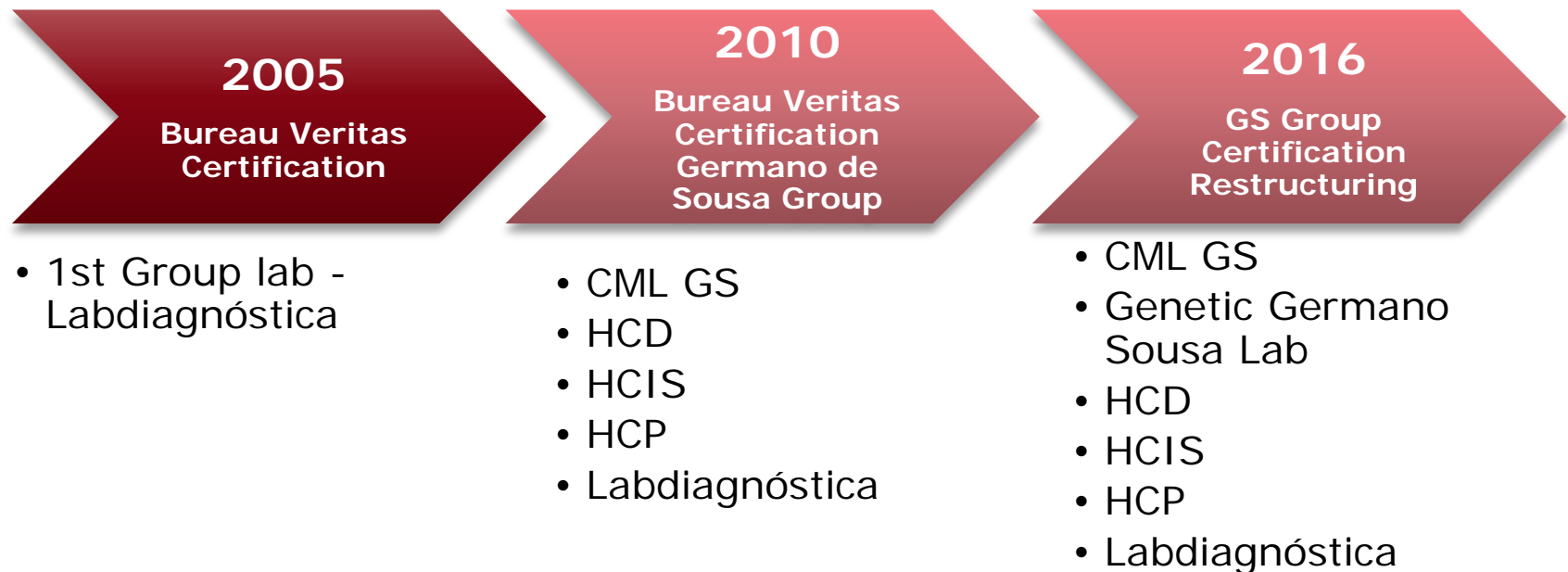
COLLECTION CENTRES



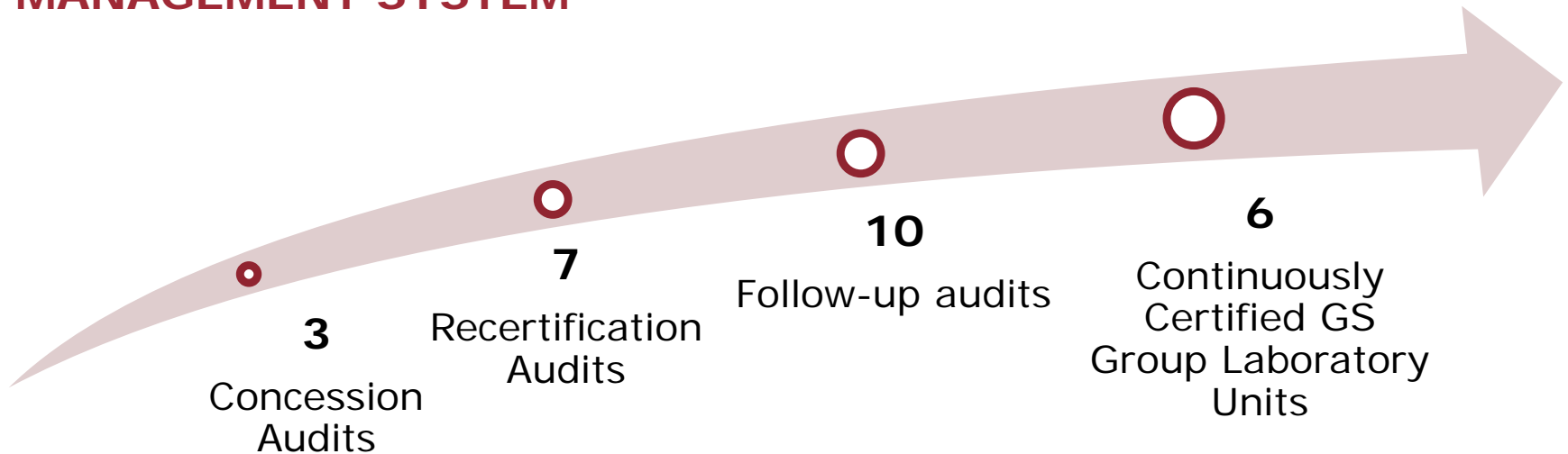
40 YEARS OF HISTORY

## THE GERMANO DE SOUSA GROUP HAS A QUALITY MANAGEMENT SYSTEM [ISO 9001]

The application of these principles as a strategy of continuous improvement and control of their performance, meeting the requirements, needs and expectations of users, in an effective and efficient.



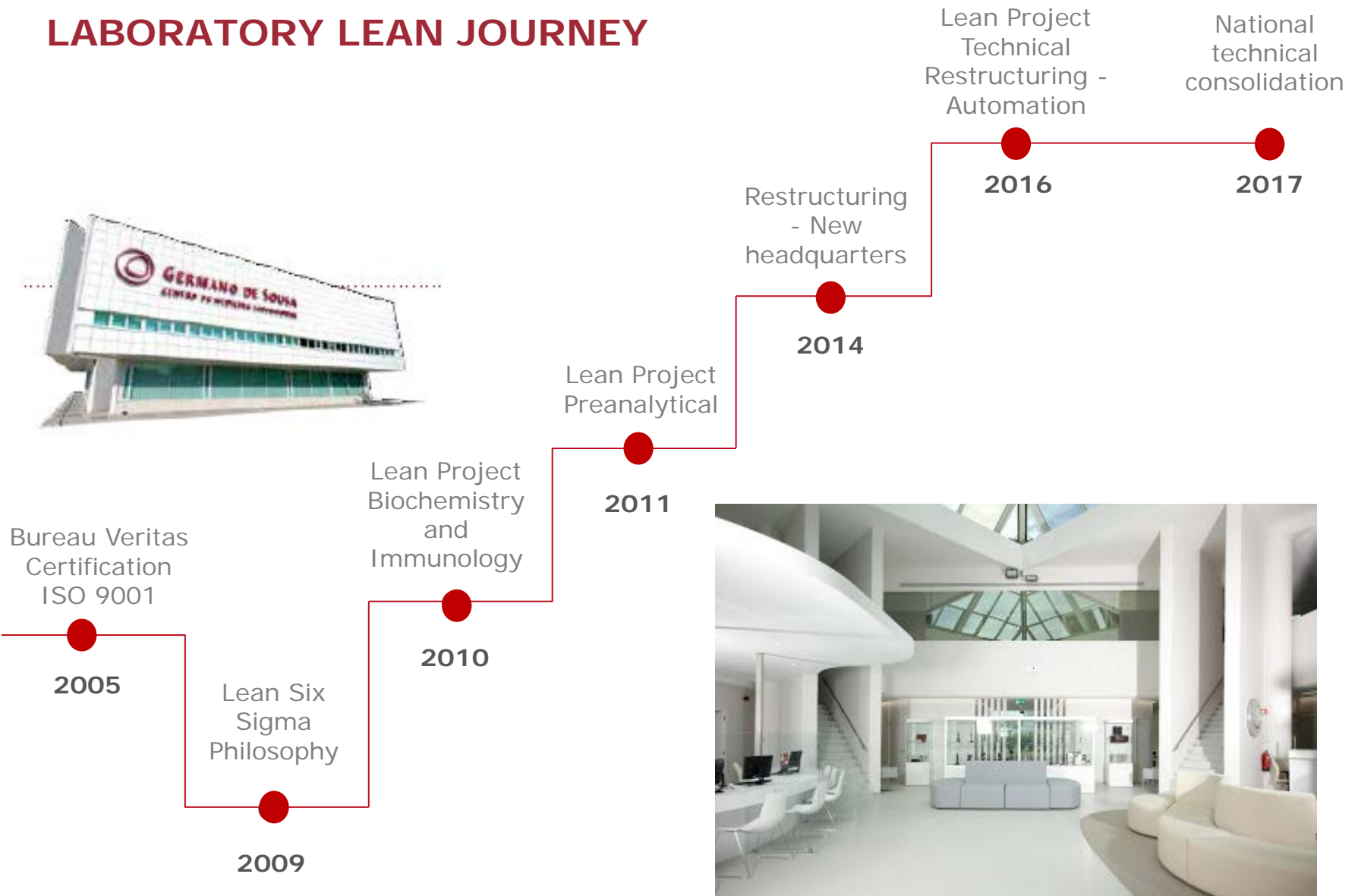
# SUSTAINING THE USE OF THE ISO 9001 QUALITY MANAGEMENT SYSTEM



CLINICAL PRACTICE IMPROVEMENT LANDMARKS



# LABORATORY LEAN JOURNEY



# CLINICAL PRACTICE IMPROVEMENT APPROACH

## Customer Focus

- Satisfaction of the expectations and demands of the Clients,
- Involvement of the Administration, Employees, Suppliers, Doctors and Entities.

## Resource management

- Scientific method applied to our work
- Training and follow-up of all Employees
- Competent and conscious execution of own responsibilities
- Identify waste: reduce or eliminate it

## Employee responsibility and involvement

- All Employees responsibility
- Leaders Communicating and understanding the team

Compliance with standards and good laboratory practices



## LEAN TOOLS

- 5 Why's
- Rapid Process Improvement Workshops
- Visual management
- Inventory management
- Metrics

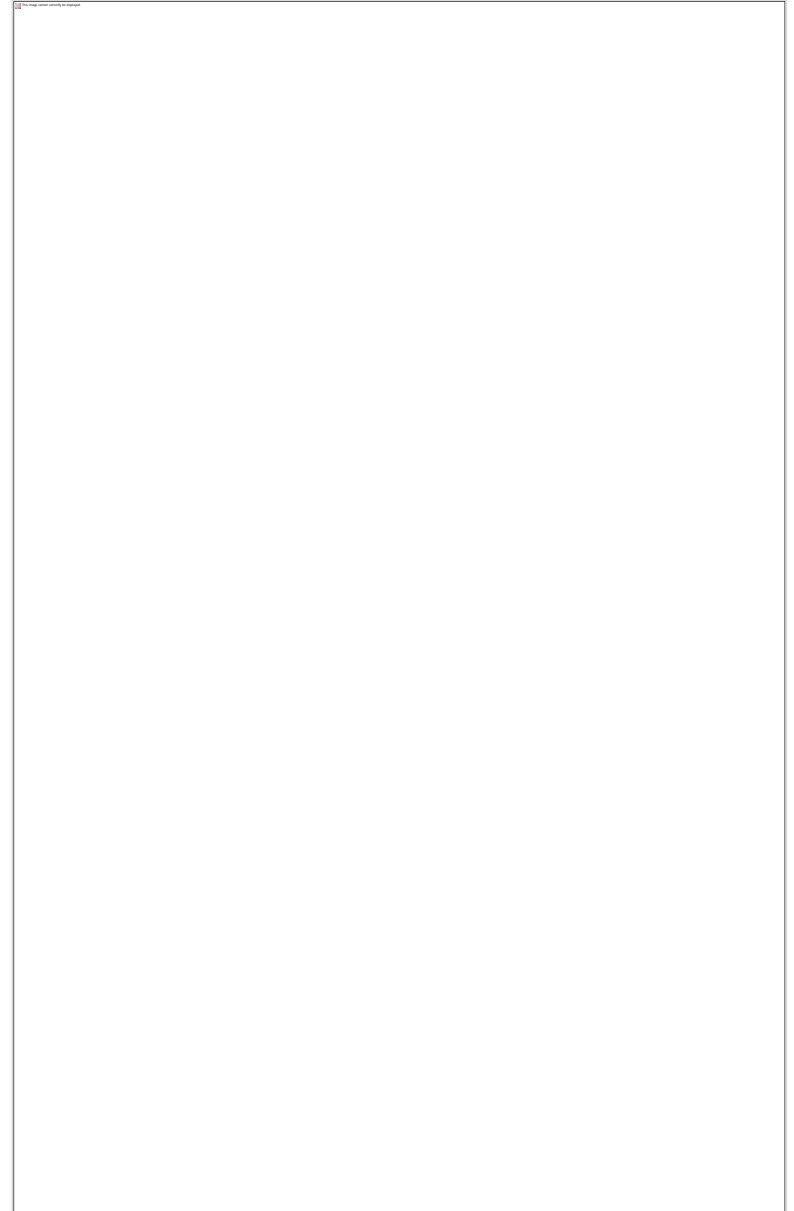


## DMAIC PROJECT

2009 DMAIC

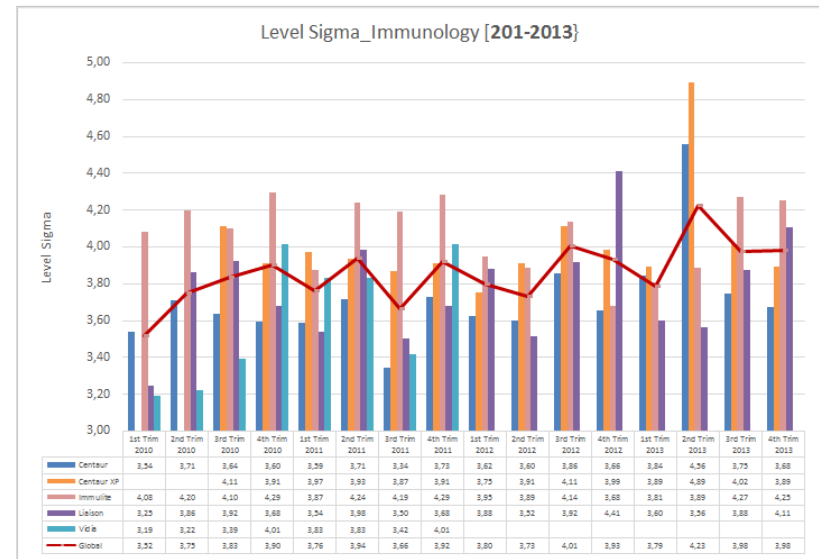
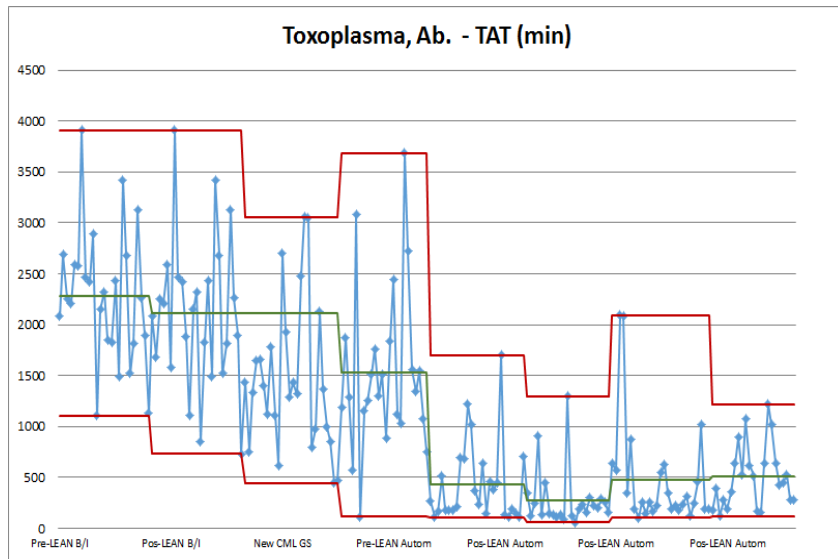
- Orientation of the company's objectives in a continuous improvement associated with the **reduction of costs related to non-quality**.
- In this project we want to find a solution that allows us to **improve not only technical performance but customer satisfaction**.

Focus on Reduction TAT:  
Eliminate the repetitions performed per equipment, according to the characteristics of the method used and studies of reproducibility and capacity.



# DMAIC PROJECT

2009 DMAIC



## PROBLEM

Repetitions due to dilution

Influence of temperature on some parameters

Equipment: precision

## POTENTIAL SOLUTION

Implementation of algorithm for automatic programming of dilutions of biological samples

Increase cooling in the field of realization of Biochemistry - Dimension

Intensive training to new technician, and recycling to be provided to all technician, with review of pre-analytical procedures

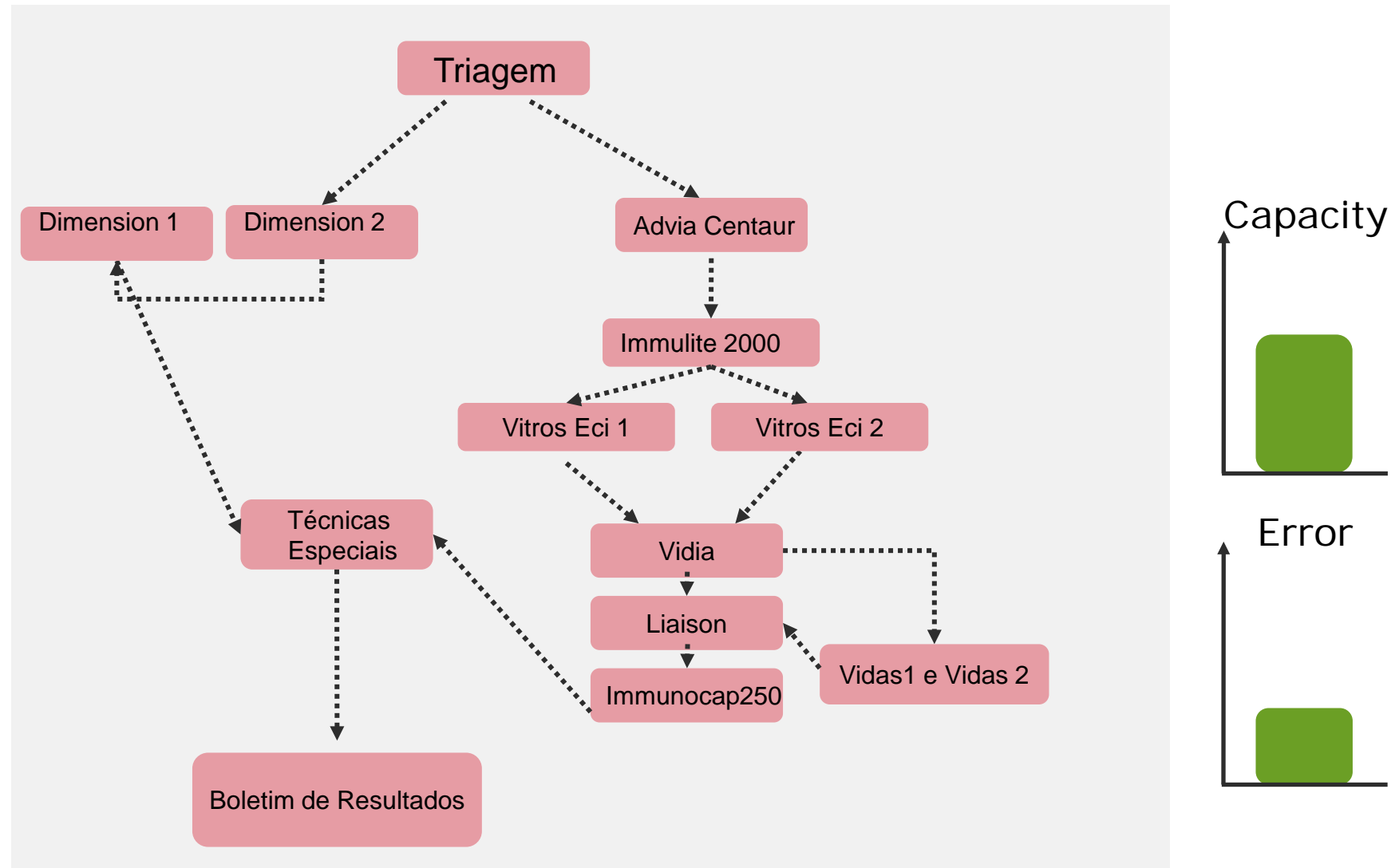
Correlation studies were performed for the analysed parameters Vidia equipment with other equipment on the market.

■ TAT improvment  
**36% reduction time**

■ Repetitions performed per equipment:  
**Sigma 3.50 to 4.00**

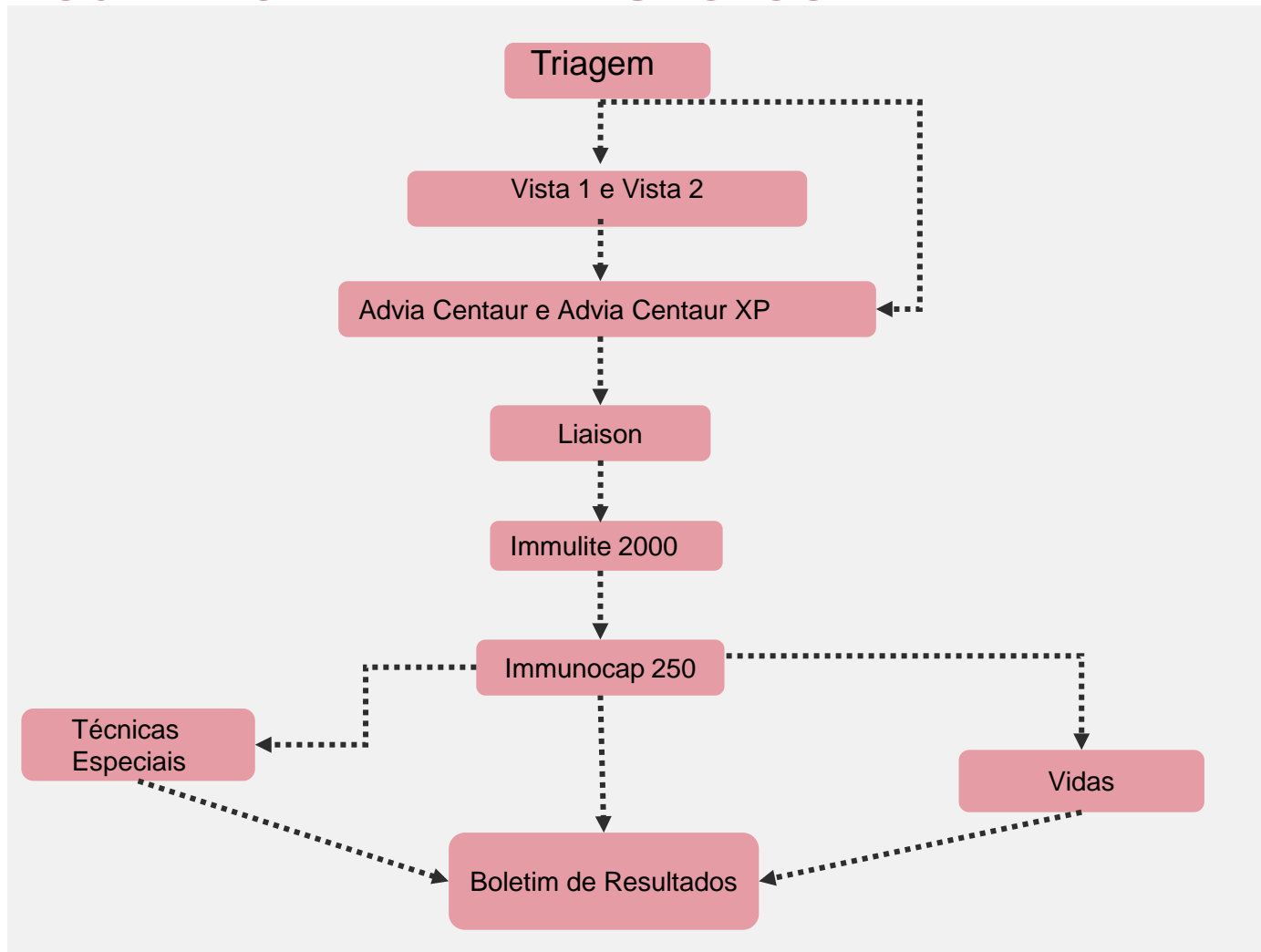
# LEAN PROJECT: STREAMLINE WORKFLOW IN BIOCHEMISTRY AND IMMUNOLOGY

2010 PRE-LEAN

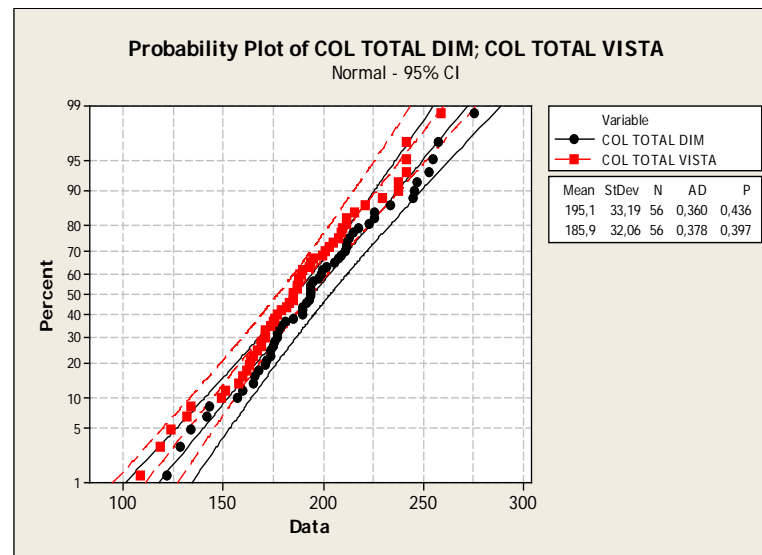
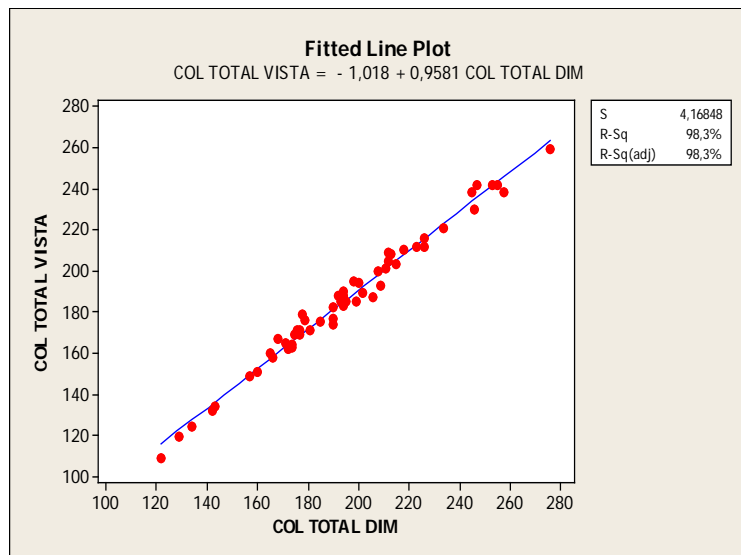


# LEAN PROJECT: STREAMLINE WORKFLOW IN BIOCHEMISTRY AND IMMUNOLOGY

2010 Pos-LEAN



# CHANGE MANAGEMENT - STRATEGIC AND OPERATIONAL LEVELS



Correlations: COL TOTAL DIM; COL TOTAL VISTA

Pearson correlation of COL TOTAL DIM and COL TOTAL VISTA = 0,992

P-Value = 0,000

LEAN redesigns, new equipment acquisition and change methodologies, carried after validation of methods.

**SUSTAINABLE IMPROVEMENT**

	COL TOTAL DIM	COL TOTAL VISTA
MÉDIA	195,05	185,86
SD	6,50	
CV%	3,41	
MEDIANA	194,00	185,00
SD	6,36	
CV%	3,36	
VAR %	<b>-4,64</b>	
VAR u	<b>-8,79</b>	
CVw [betw een-subject biological variation]	<b>15,2</b>	



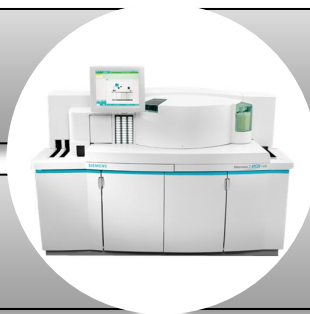
## TECHNICAL CONSOLIDATION - VISTA 1500: WHAT WE WANTED TO ACHIEVE

Homogeneous Process  
3 steps

Fast TAT

High Sensitivity and  
Specificity

Small Sample Volumes



Unlimited Development Potential

240 tests/hour

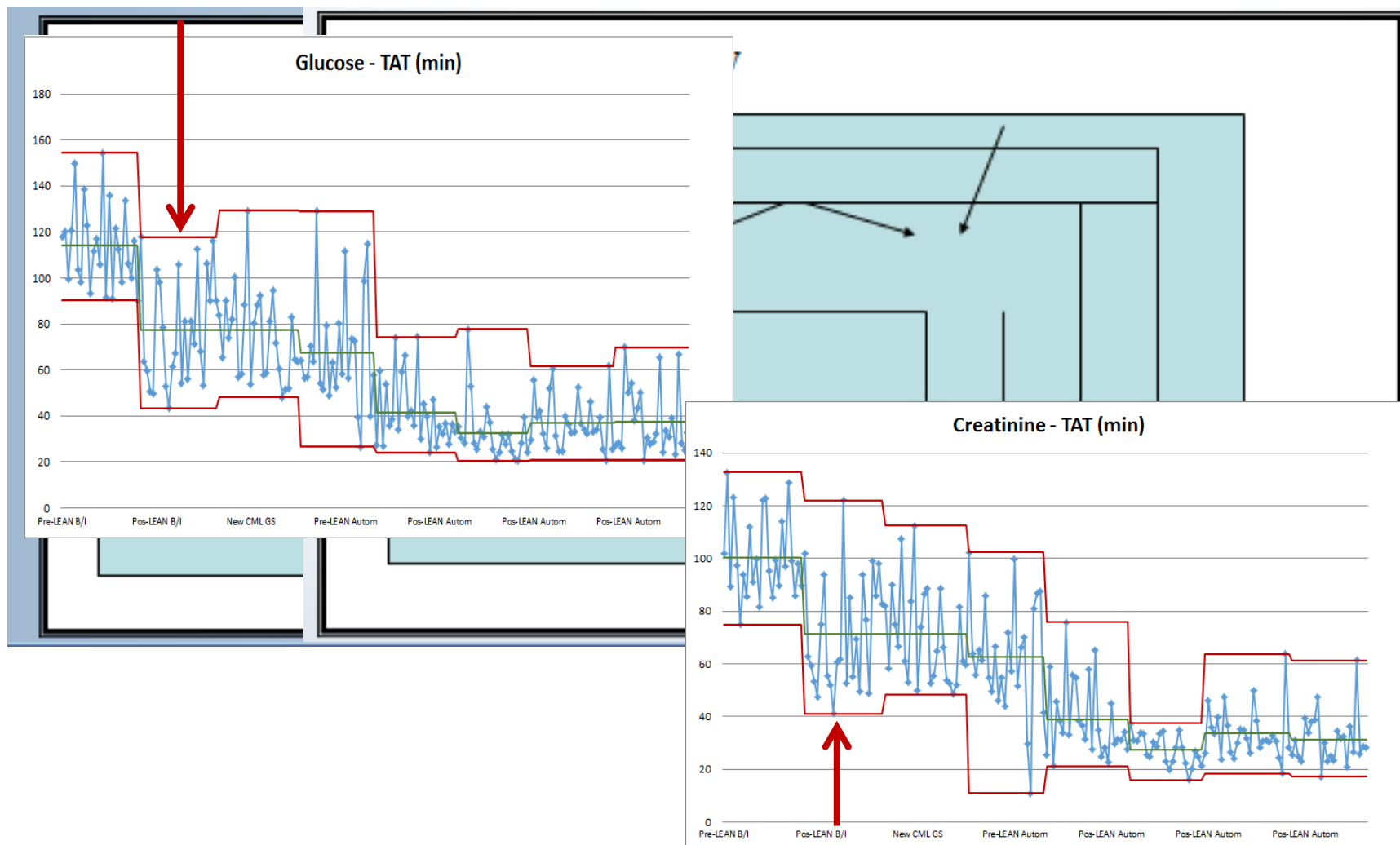
More than 6000  
tests on-board

Always ready

SMART  
algorithm  
software

# TECHNICAL CONSOLIDATION - VISTA 1500

## LEAN PROJECT BIOCHEMISTRY AND IMMUNOLOGY



# LEAN PROJECT BIOCHEMISTRY AND IMMUNOLOGY

2010 PRE-LEAN



LABORATORY JOURNEY - CREATING THE FUTURE

# LEAN PROJECT BIOCHEMISTRY AND IMMUNOLOGY

2010 Pos-LEAN



LABORATORY JOURNEY - CREATING THE FUTURE

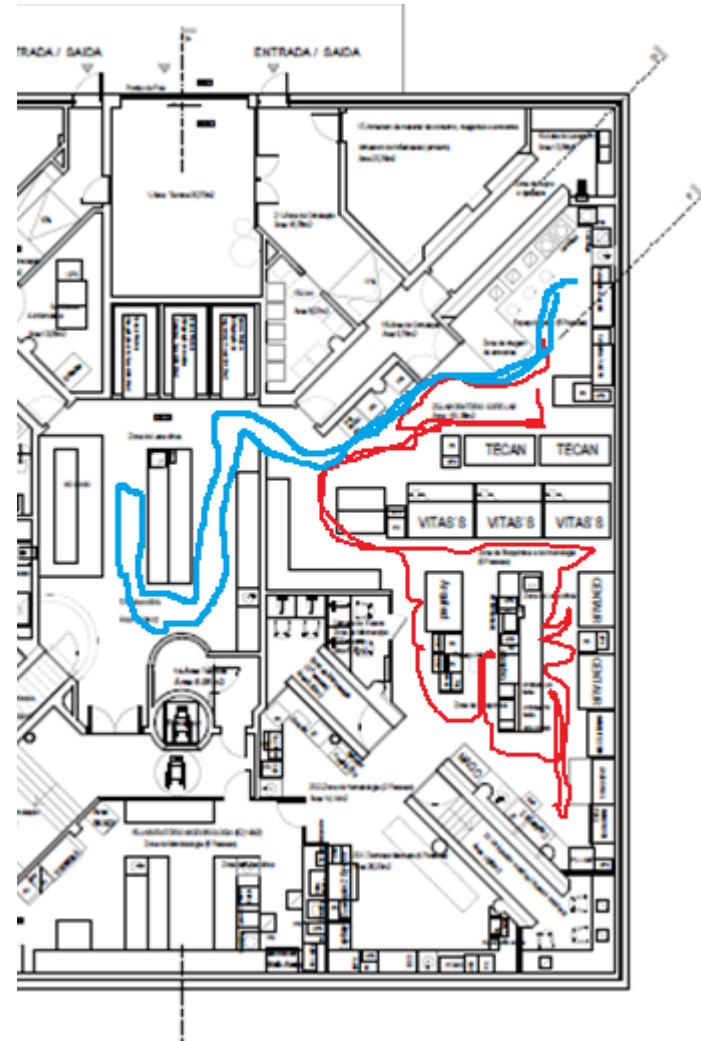
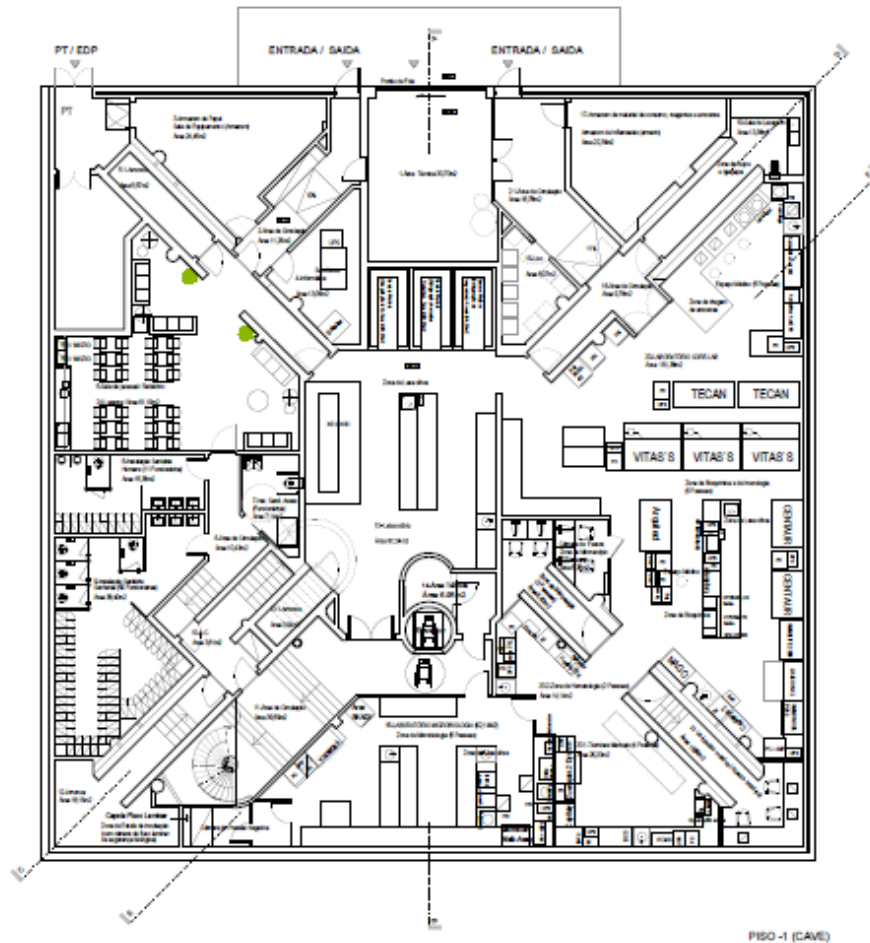




Pacote

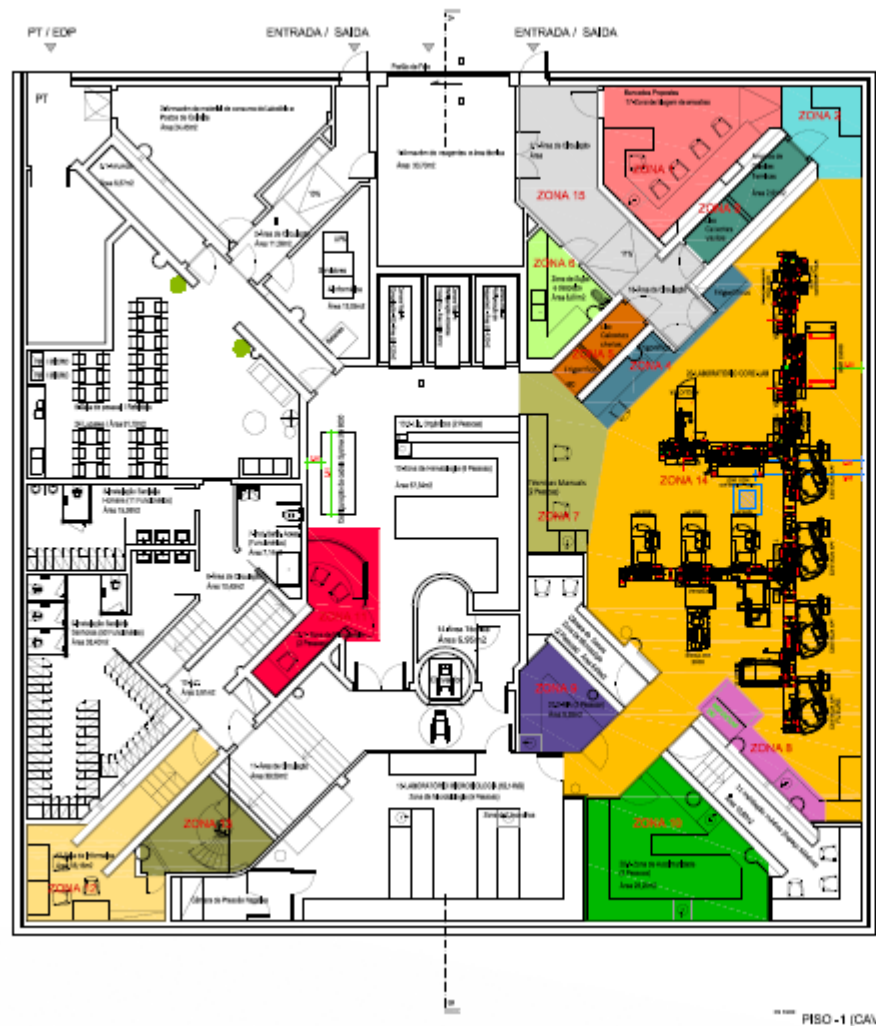
# LEAN PROJECT TECHNICAL RESTRUCTURING - AUTOMATION

2015 PRE-LEAN



LABORATORY JOURNEY - CREATING THE FUTURE

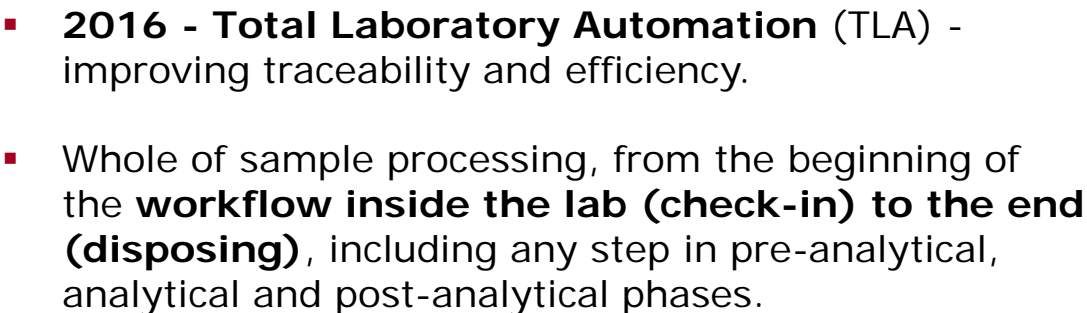
2016 POST-LEAN



### Zonas de Intervenção

- Zona 1 - zona de triagem de amostras  
Zona 2 - zona de triagem/circulação  
Zona 3 - armazéns de geleiras térmicas e lixo, calçotes vazios  
Zona 4 - frigoríficos, 1 posto de trabalho  
Zona 5 - frigorífico e lixo, calçotes cheios  
Zona 6 - zona de sujos e despejos  
Zona 7 - técnicas manuais  
Zona 8 - bancada e Immunocap 250  
Zona 9 - RIA  
Zona 10 - zona de autocluidade  
Zona 11 - zona de microscópio  
Zona 12 - sala de informática  
Zona 13 - zona técnica / esgotos  
Zona 14 - CORE-LAB  
Zona 15 - área de circulação

## 2016 POST-LEAN



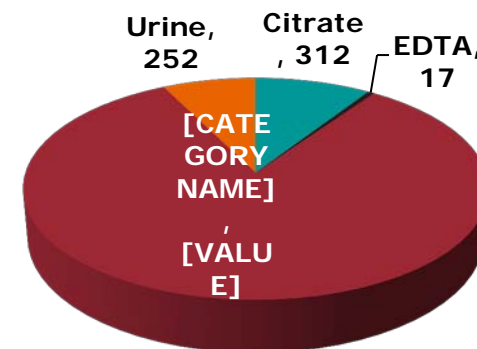
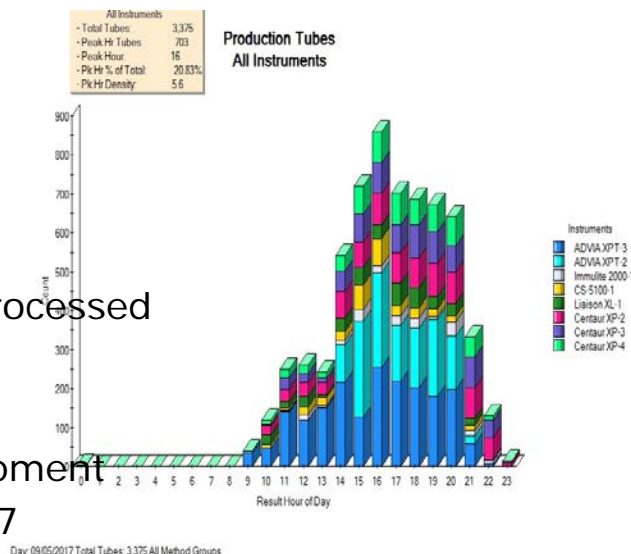


# LEAN PROJECT TECHNICAL RESTRUCTURING - AUTOMATION

## PRODUCTION DATA SAMPLES AND TESTS

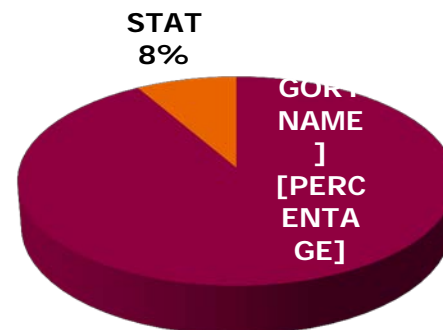
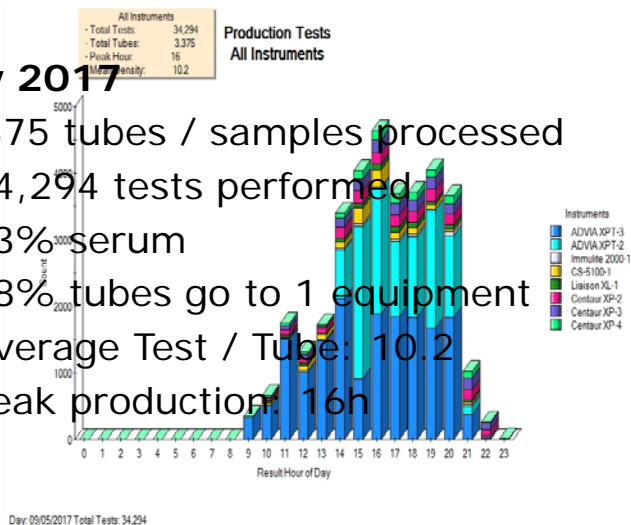
### December 2016

- 2927 tubes / samples processed
- 28456 tests performed
- 80% serum
- 57% tubes go to 1 equipment
- Average Test / Tube : 9.7
- Peak production : 18h



### May 2017

- 3,375 tubes / samples processed
- 34,294 tests performed
- 83% serum
- 58% tubes go to 1 equipment
- Average Test / Tube : 10.2
- Peak production: 16h



# LEAN PROJECT TECHNICAL RESTRUCTURING - AUTOMATION

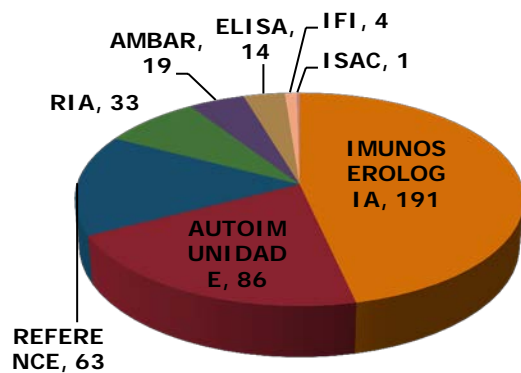
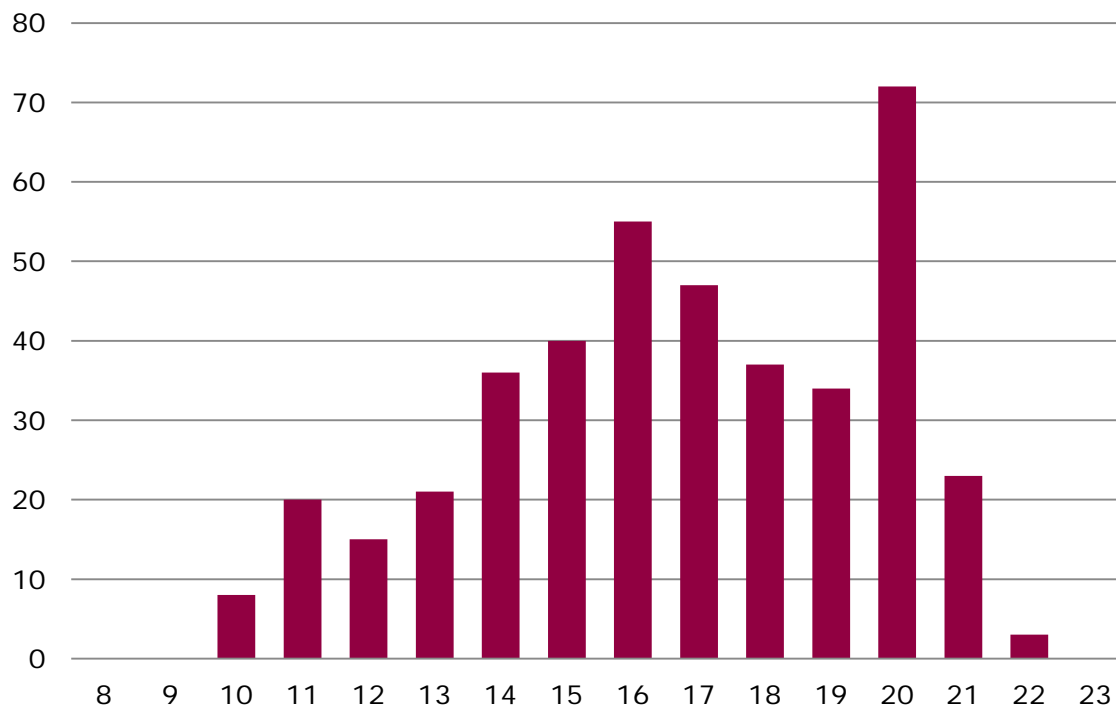
## PRODUCTION DATA ALIQUOTS



May 2017  
411 Aliquots  
47% Immunoserology  
Peak: 8pm

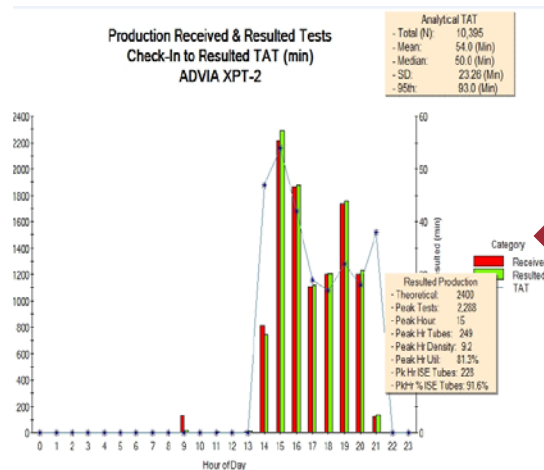
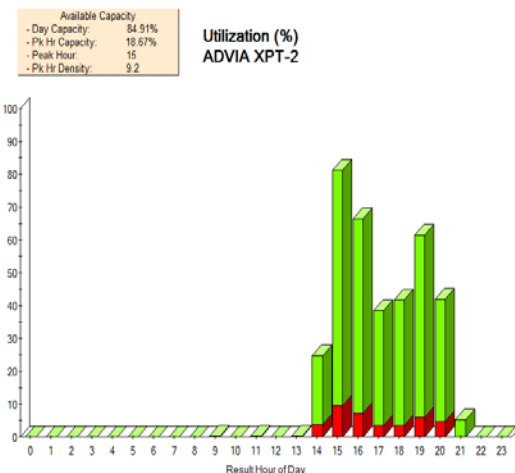
Dec 2016  
355 Aliquots  
50% Immunoserology  
Peak: 19h

### Aliquots



# LEAN PROJECT TECHNICAL RESTRUCTURING - AUTOMATION

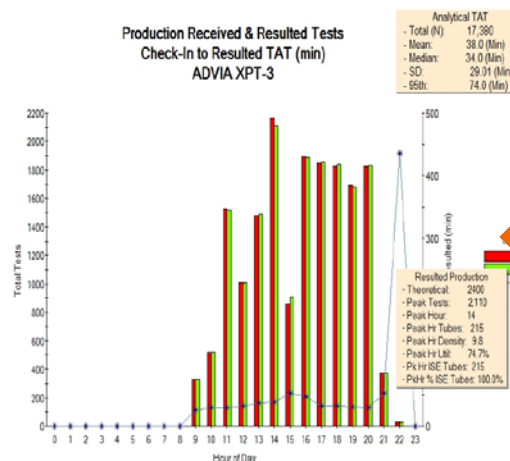
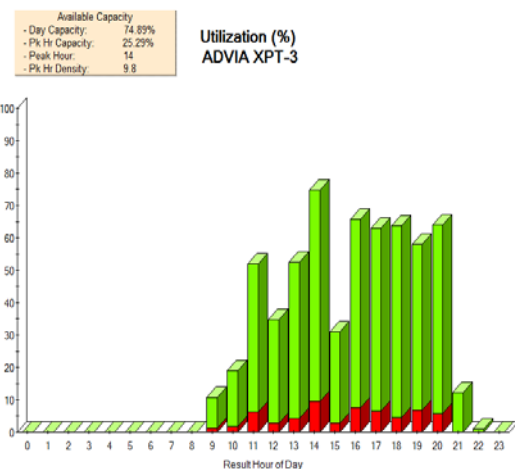
## PRODUCTION DATA CAPACITY



### ADVIA® XPT-2 Production

12/2016

- Theoretical:	2400	1,515
- Peak Tests:	2,288	14
- Peak Hour:	15	181
- Peak Hr Tubes:	249	56,4%
- Peak Hr Utilization:	81.3%	7,270
- Total Test:	10,395	



### ADVIA® XPT-3 Production

12/2016

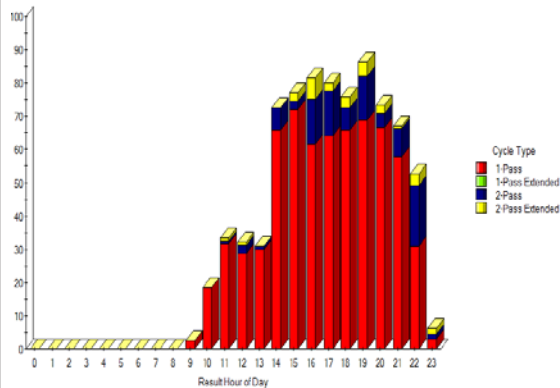
- Theoretical:	2400	2,238
- Peak Tests:	2,110	14
- Peak Hour:	14	225
- Peak Hr Tubes:	215	78.0%
- Peak Hr Utilization:	74.7%	15,589
- Total Test:	17,380	

# LEAN PROJECT TECHNICAL RESTRUCTURING - AUTOMATION

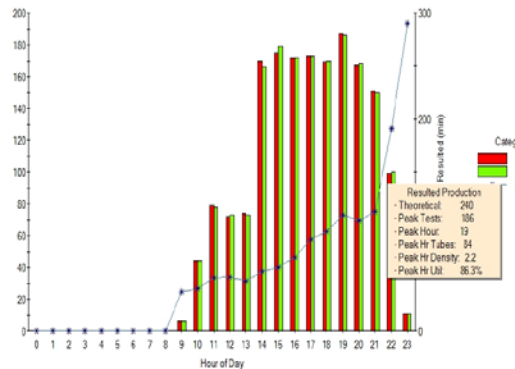
## PRODUCTION DATA CAPACITY

Available Capacity  
- Day Capacity: 67.10%  
- Pk Hr Capacity: 13.75%  
- Peak Hour: 19  
- Pk Hr Density: 2.2

Utilization (%)  
Centaur XP-2



Production Received & Resulted Tests  
Check-In to Resulted TAT (min)  
Centaur XP-2



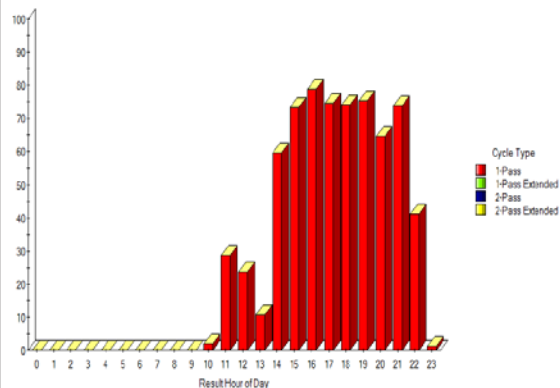
Analytical TAT  
- Total (N): 1,749  
- Mean: 109.0 (Min)  
- Median: 97.0 (Min)  
- SD: 67.35 (Min)  
- 95th: 221.0 (Min)

Resulted Production  
- Theoretical: 240  
- Peak Tests: 186  
- Peak Hour: 19  
- Peak Hr Tubes: 84  
- Peak Hr Density: 2.2  
- Peak Hr Util: 86.3%

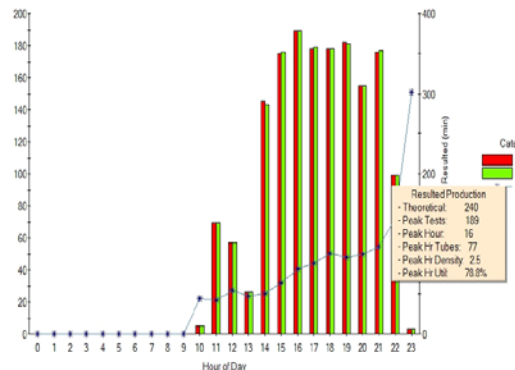
Centaur XP-2 Production		12/2016
- Theoretical: 240		
- Peak Tests:	186	231
- Peak Hour:	19	18
- Peak Hr Tubes:	84	108
- Peak Hr Utilization:	86.3%	100%
- Total Test:	1749	1217

Available Capacity  
- Day Capacity: 71.59%  
- Pk Hr Capacity: 21.25%  
- Peak Hour: 16  
- Pk Hr Density: 2.5

Utilization (%)  
Centaur XP-3



Production Received & Resulted Tests  
Check-In to Resulted TAT (min)  
Centaur XP-3



Analytical TAT  
- Total (N): 1,637  
- Mean: 81.0 (Min)  
- Median: 80.0 (Min)  
- SD: 50.36 (Min)  
- 95th: 155.0 (Min)

Resulted Production  
- Theoretical: 240  
- Peak Tests: 189  
- Peak Hour: 16  
- Peak Hr Tubes: 77  
- Peak Hr Density: 2.5  
- Peak Hr Util: 78.8%

Centaur XP-3 Production		12/2016
- Theoretical: 240		
- Peak Tests:	189	221
- Peak Hour:	16	18
- Peak Hr Tubes:	77	106
- Peak Hr Util:	78.8%	92.1%
- Total Test:	1637	1573

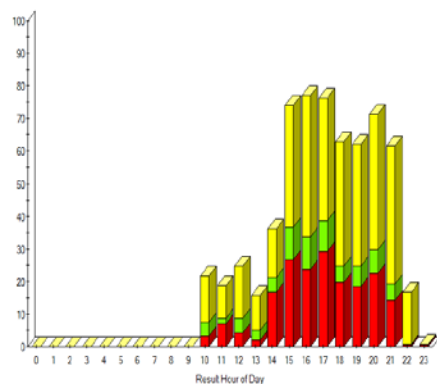
# LEAN PROJECT TECHNICAL RESTRUCTURING - AUTOMATION

## PRODUCTION DATA CAPACITY

**Available Capacity**

- Day Capacity: 76.17%
- Pk Hr Capacity: 22.92%
- Peak Hour: 15
- Pk Hr Density: 1.7

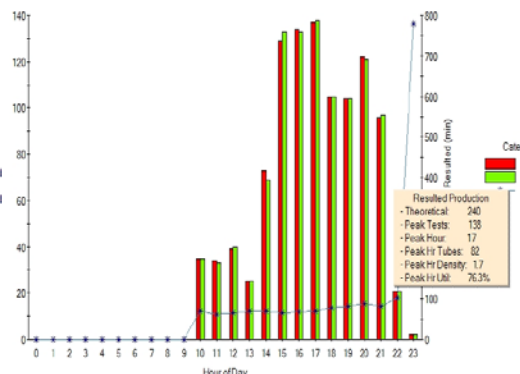
**Utilization (%)**  
Centaur XP-4



**Production Received & Resulted Tests**  
Check-In to Resulted TAT (min)  
Centaur XP-4

**Analytical TAT**

- Total (N): 1,056
- Mean: 70.0 (Min)
- Median: 68.0 (Min)
- SD: 48.25 (Min)
- 95th: 100.3 (Min)



### Centaur XP-4 Production

- Theoretical: 240
- Peak Tests: 138
- Peak Hour: 17
- Peak Hr Tubes: 82
- Peak Hr Utilization: 76.3%
- Total Test: 1,056

138  
17  
82  
76.3%  
1,056

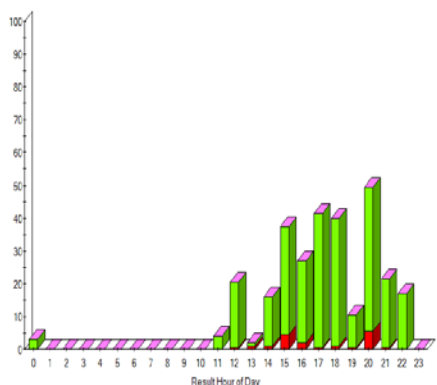
12/2016

79  
15  
58  
34.6%  
961

**Available Capacity**

- Day Capacity: 87.92%
- Pk Hr Capacity: 50.50%
- Peak Hour: 20
- Pk Hr Density: 1.6

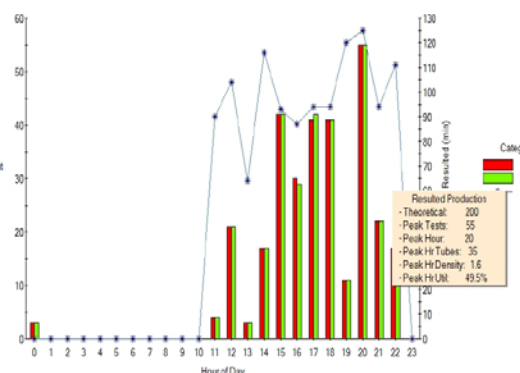
**Utilization (%)**  
Immolute 2000-1



**Production Received & Resulted Tests**  
Check-In to Resulted TAT (min)  
Immolute 2000-1

**Analytical TAT**

- Total (N): 307
- Mean: 125.0 (Min)
- Median: 80.0 (Min)
- SD: 50.45 (Min)
- 95th: 313.6 (Min)



### IMMULITE Production

- Theoretical: 200
- Peak Tests: 55
- Peak Hour: 20
- Peak Hr Tubes: 35
- Peak Hr Utilization: 49.5%
- Total Test: 307

55  
20  
35  
49.5%  
307

12/2016

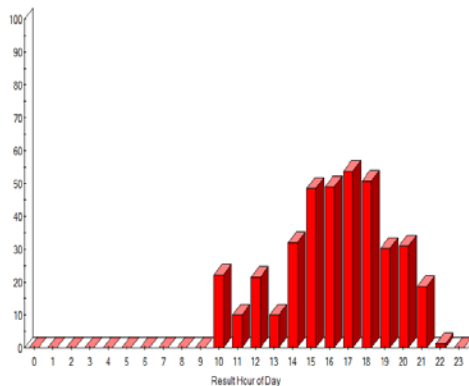
41  
19  
26 39%  
247

# LEAN PROJECT TECHNICAL RESTRUCTURING - AUTOMATION

## PRODUCTION DATA CAPACITY

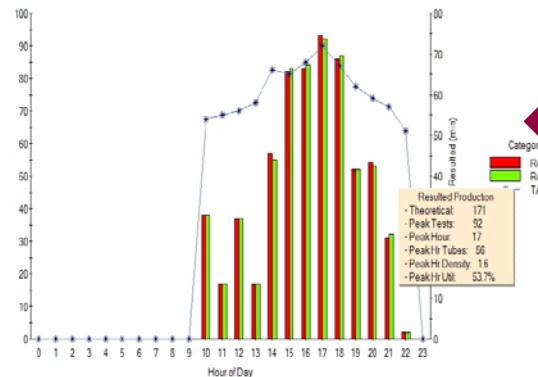
Available Capacity  
- Day Capacity: 64.23%  
- Pk Hr Capacity: 46.33%  
- Peak Hour: 17  
- Pk Hr Density: 1.6

Utilization (%)  
Liaison XL-1



Production Received & Resulted Tests  
Check-In to Resulted TAT (min)  
Liaison XL-1

Analytical TAT  
- Total (N): 646  
- Mean: 72.0 (Min)  
- Median: 69.5 (Min)  
- SD: 20.37 (Min)  
- 95th: 90.5 (Min)



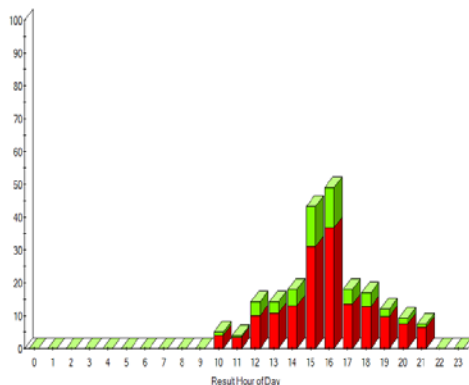
### Liaison XL Production

- Theoretical: 171
- Peak Tests: 92
- Peak Hour: 17
- Peak Hr Tubes: 59
- Peak Hr Utilization: 53.7%
- Total Test: 649

12/2016  
90  
15  
59  
52.5%  
572

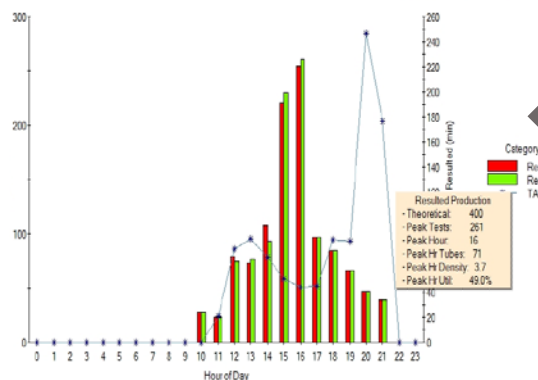
Available Capacity  
- Day Capacity: 91.15%  
- Pk Hr Capacity: 51.03%  
- Peak Hour: 16  
- Pk Hr Density: 3.7

Utilization (%)  
CS-5100-1



Production Received & Resulted Tests  
Check-In to Resulted TAT (min)  
CS-5100-1

Analytical TAT  
- Total (N): 1,121  
- Mean: 44.0 (Min)  
- Median: 35.0 (Min)  
- SD: 86.95 (Min)  
- 95th: 98.0 (Min)



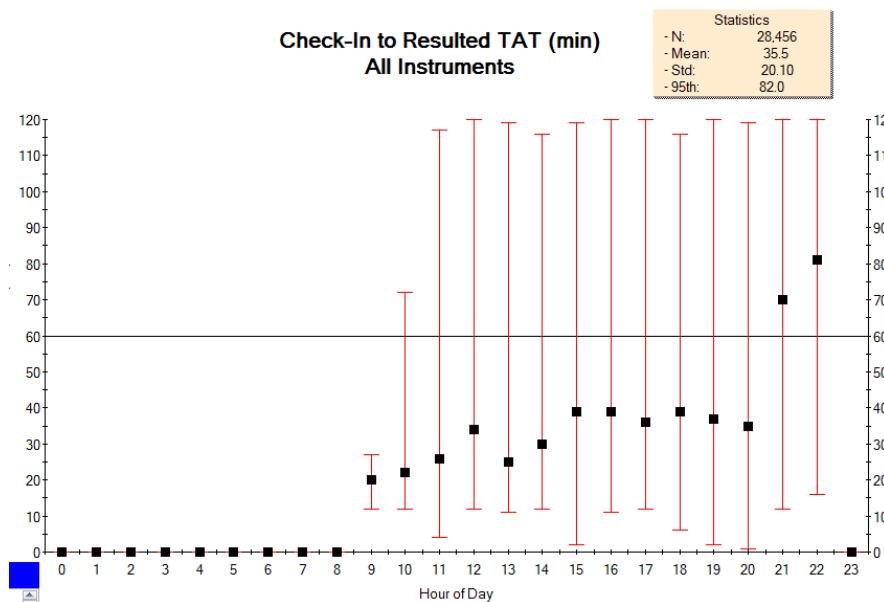
### CS5100i Production

- Theoretical: 400
- Peak Tests: 261
- Peak Hour: 16
- Peak Hr Tubes: 71
- Peak Hr Utilization: 49%
- Total Test: 1121

12/2016  
273  
16  
77  
51.2%  
1007

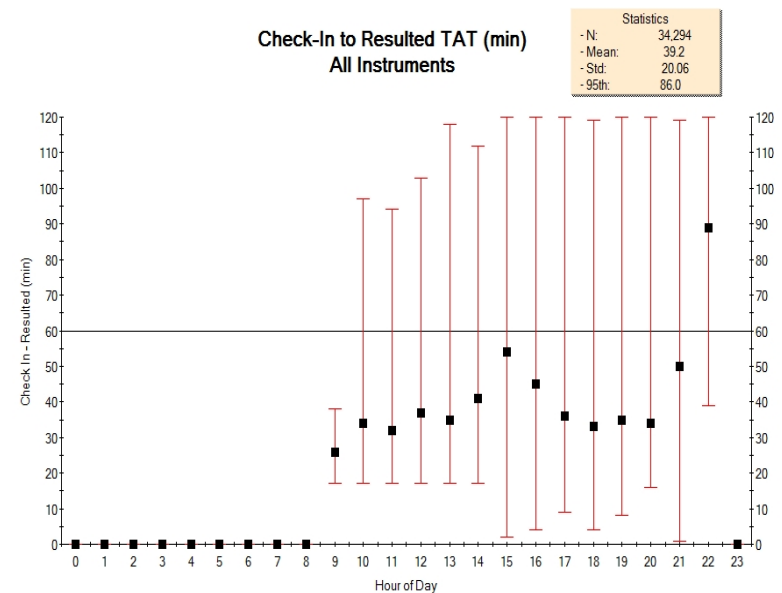
# LEAN PROJECT TECHNICAL RESTRUCTURING - AUTOMATION

## PRODUCTION DATA TAT



**Dec 2016**

- ✓ TAT: 35.5 min
- ✓ 90 % Complete in less than 60 min
- ✓ 4.0 % re-run (4)

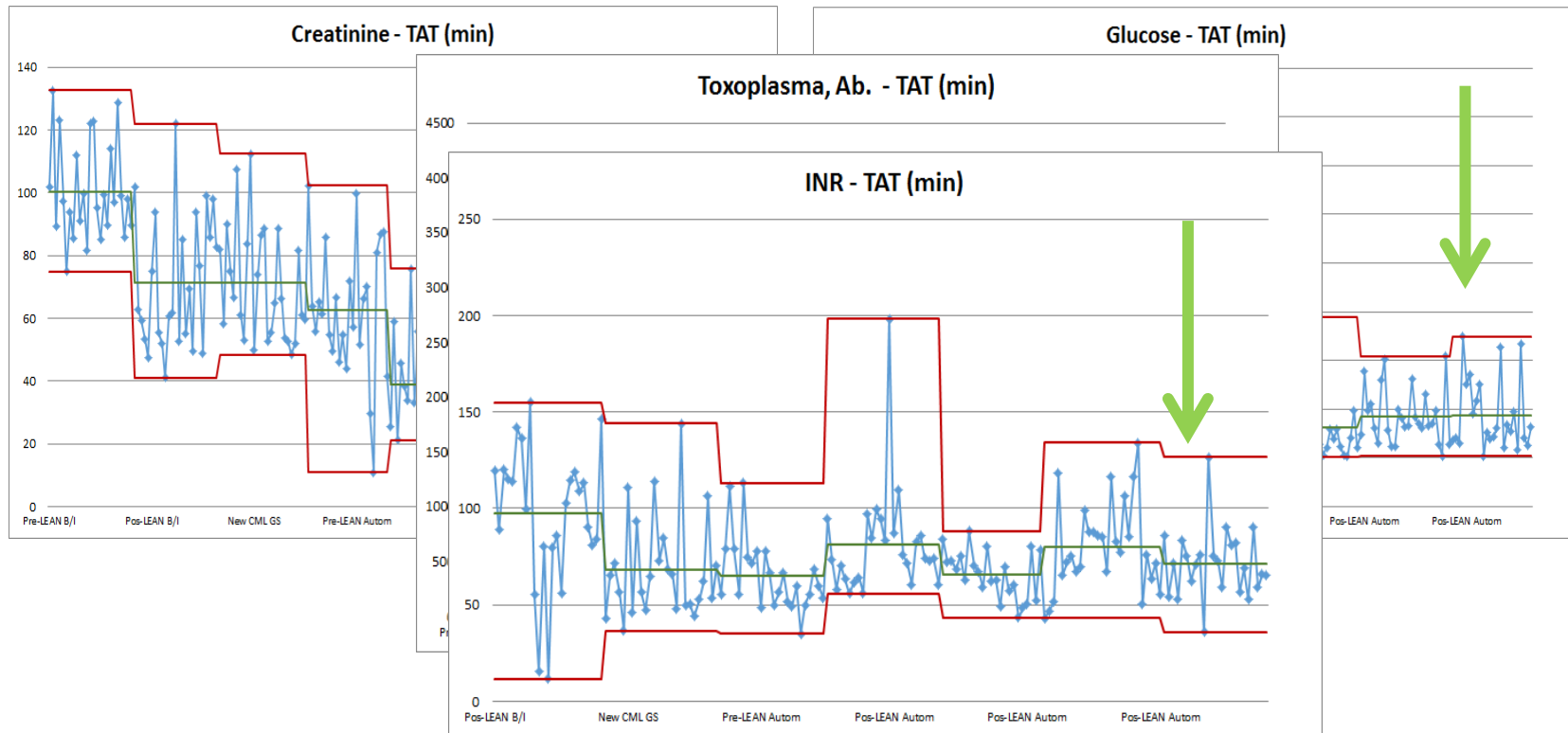


**May 2017**

- ✓ TAT: 39.2 min
- ✓ 86 % Complete in less than 60 min
- ✓ 2.5% re-run (4)

# LEAN PROJECT TECHNICAL RESTRUCTURING - AUTOMATION

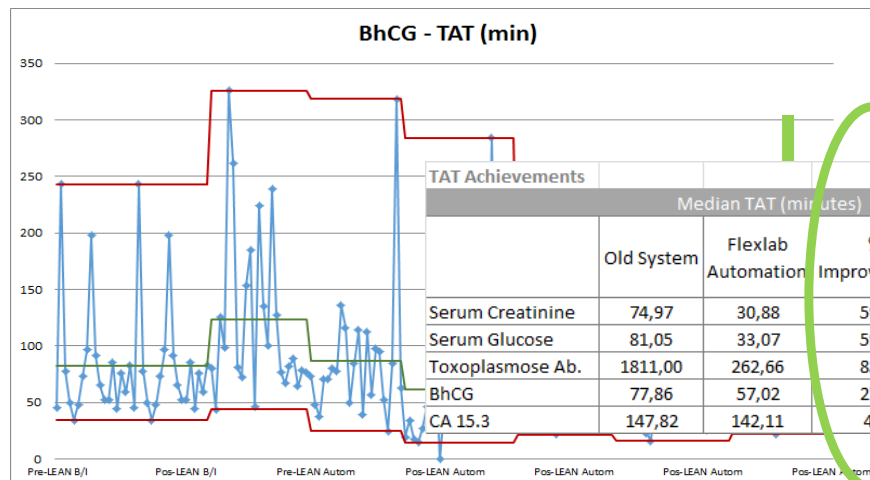
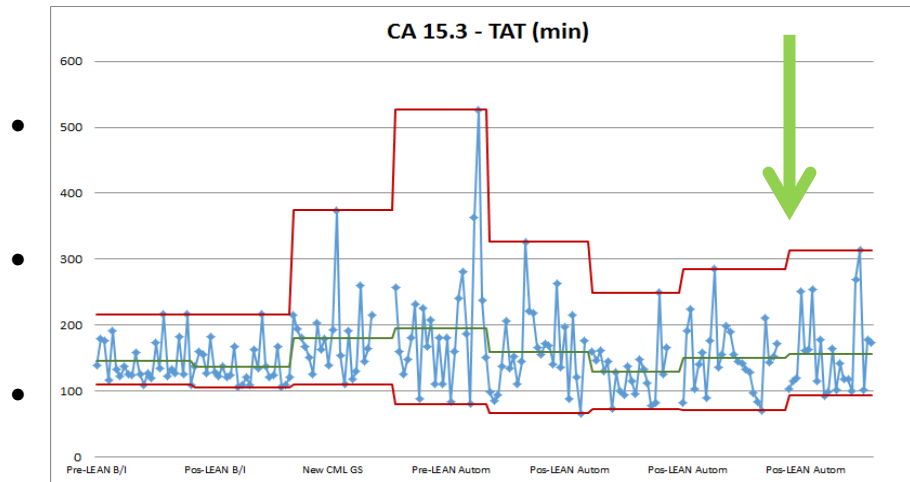
## PRODUCTION DATA TAT





# LEAN PROJECT TECHNICAL RESTRUCTURING - AUTOMATION

## PRODUCTION DATA TAT



TAT Achievements	Median TAT (minutes)			95th Percentile (minutes)		
	Old System	Flexlab Automation	% Improvement	Old System	Flexlab Automation	% Improvement
Serum Creatinine	74,97	30,88	59%	85,30	32,84	62%
Serum Glucose	81,05	33,07	59%	90,29	36,04	60%
Toxoplasmosis Ab.	1811,00	262,66	85%	1969,10	348,56	82%
BhCG	77,86	57,02	27%	83,01	63,45	24%
CA 15.3	147,82	142,11	4%	162,68	155,38	4%

# LEAN PROJECT TECHNICAL RESTRUCTURING - AUTOMATION

## PRODUCTION DATA GROWTH

30 março 2016

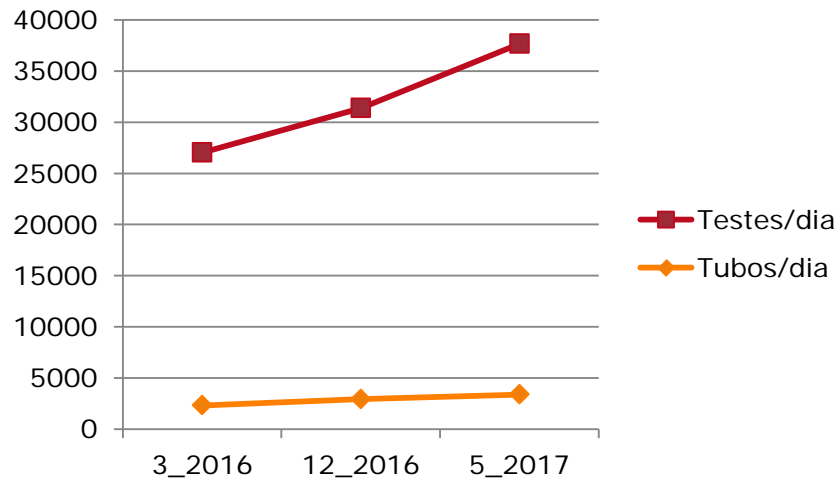
- 2,312 processed tubes
- 24,718 tests performed
- 80% serum
- 55% tubes go to 1 equipment
- Average Test / Tube: 6.5
- Peak production: 15h

5 dezembro 2016

- 2,927 processed tubes
- 28,456 tests found
- 80% serum
- 57% tubes go to 1 equipment
- Average Test / Tube: 9.7
- Peak production: 6pm

9 maio 2017

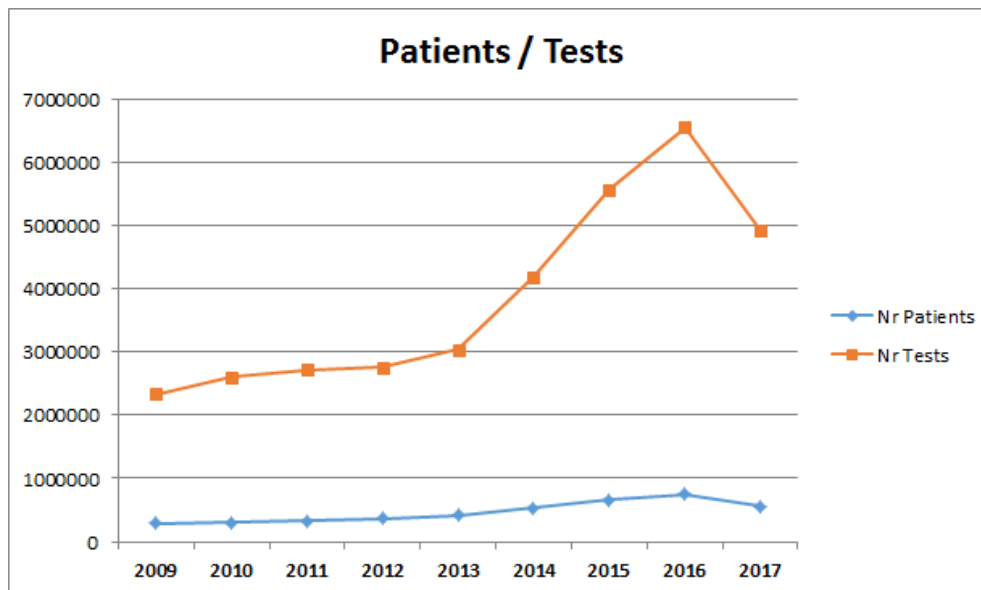
- 3,375 processed tubes
- 34,294 tests found
- 83% serum
- 58% tubes go to 1 equipment
- Average Test / Tube: 10.2
- Peak production: 16h



- Average Growth: **18% per year**
- Increased # tests / tube: **19%**

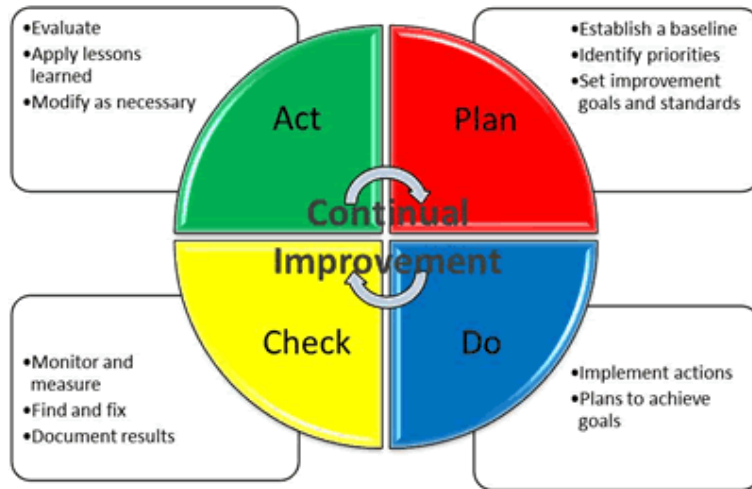
## LEAN PROJECT TECHNICAL RESTRUCTURING – AUTOMATION: GOAL TO INCREASE PRODUCTIVITY

- BEFORE: Central processing lab assistants had to prioritize Promised  
STAT TAT: 1 hour
- LEAN: first in; first out
- **Routine** < 1 hour [average: 37 min]
- **STATS** only 8%
- Increase **Productivity** (Growth of 35% without an increase in technical costs and an increase in technical consolidation)
- Increase **Traceability**

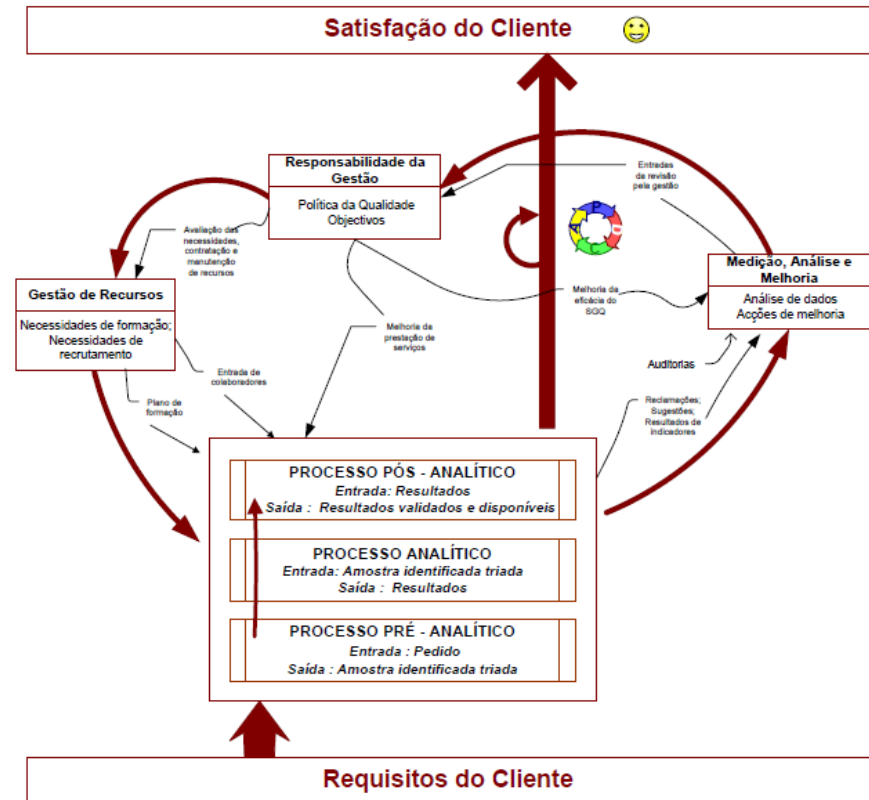


# QUALITY MANAGEMENT SYSTEM

ISO 9001



- Systematization / standardization
- Detect error and act effectively
- Accountability of the whole team
- Leadership
- Communication of results and improvements Team effort result



## METRICS - MEASURE ALL PROCESSES, WHAT IS CRITICAL IN THE SYSTEM

PROCESS	ACTIVITY	METRIC	METHOD OF MEASUREMENT	OBJECTIVE	PERIODICITY
PRE-ANALYTICAL	Harvest	Repeated Crops	Repetition / Reason / Harvest Analysis	Sample Hemolysate <12%	Monthly
				Coagulated Sample <30%	
				Inadequate Proportion <5%	
				Sample Poorly conditioned <5%	
				Poorly identified sample <10%	
				Contaminated sample <1%	
				Inadequate container <20%	
				Poorly harvested harvest <15%	
	Inscription	Incorrectly entered user data	No. of processes with demographic data changed / Total number of entries	≥ 3.5 sigma	
	Triage	Non-conforming samples	No. of non-conforming samples / Total patients	≥ 4.0 sigma	
	Analysis conference	Added / canceled analyzes	Nº of analyzes added / canceled / Nº patients	≥ 3.5 sigma	

## METRICS - MEASURE ALL PROCESSES, WHAT IS CRITICAL IN THE SYSTEM

### REPEATED CROPS

	1st Trim 2015	2nd Trim 2015	3rd Trim 2015	4th Trim 2015	1st Trim 2016	2nd Trim 2016	3rd Trim 2016	4th Trim 2016	1th Trim 2017	2nd Trim 2017
N° repetitions	169	328	468	452	539	397	424	449	515	561
Total patients	161,371	166,674	160,469	172,338	186,894	190,281	182,944	195,272	231,773	225,379
% repetitions	0.105	0.197	0.292	0.262	0.288	0.209	0.232	0.230	0.222	0.249
Sigma	4.57	4.38	4.25	4.29	4.26	4.36	4.33	4.33	4.34	4.31

### ADDED / CANCELED ANALYZES

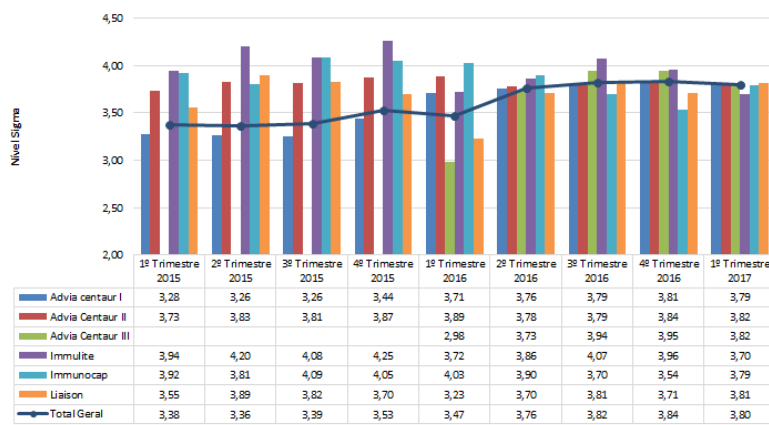
	4th Trim 2015	1st Trim 2016	2nd Trim 2016	3rd Trim 2016	4th Trim 2016	1st Trim 2017	2nd Trim 2017
N° of analyzes added / canceled	2317	2134	2578	2612	2895	2824	2025
Total patients	172,338	186,894	190,281	182,944	195,272	231,773	225,379
% defaults	1.344	1.142	1.355	1.428	1.483	1.218	0.898
Sigma	3.71	3.78	3.71	3.69	3.68	3.75	3.87

## METRICS - MEASURE ALL PROCESSES, WHAT IS CRITICAL IN THE SYSTEM

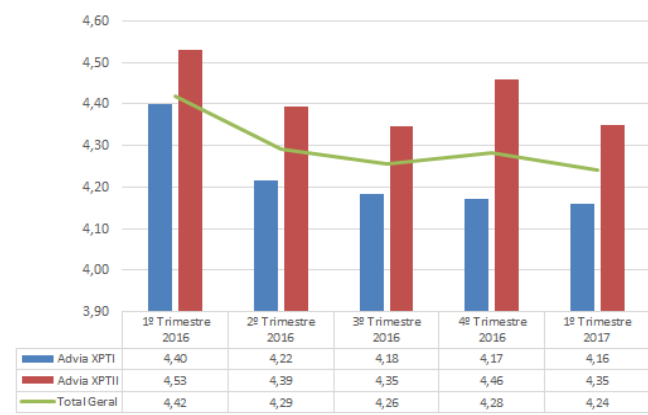
PROCESS	ACTIVITY	METRIC	METHOD OF MEASUREMENT	OBJECTIVE	PERIODICITY
<b>ANALYTICAL</b>	Analytical Execution	Number of equipment malfunctions	Number of faults of the same type of equipment	$\leq 50\%$ of total faults	Annual
		% Calibrations / Maintenance performed	Nr. of Calibrations / Maintenance performed / Total Planned	100%	Annual
		Repeat Parameters	Método 6 Sigma (Nr. de resultados repetidos/ Total Parâmetros determinados)	$\geq 3,5$ Sigma [Por equipamento]	Quarterly
		IQC	Analysis of the Levey-Jennings letters according to Westgard's rules  CV analysis by parameter	Westgard's rules [1:2s/1.3s]  CV% Table [CLIA 2010]	Daily  Monthly
		EQA	Previously defined with the Organization (NEQAS / PANEAQ-INSA / SEQC)	$\geq 90\%$ of analytes up to 2s $\geq 60\%$ of analytes up to 1s	According to defined programs
		Contaminated urine cultures	Rate of contaminated uroculture / Total number of uroculture applications	$\leq 0.5\%$	Quarterly
		Positive blood cultures	Positive Hemoculture Rate / Total Nr of Hemoculture Requests	$\leq 8\%$	Quarterly

# METRICS - MEASURE ALL PROCESSES, WHAT IS CRITICAL IN THE SYSTEM

Repeat Parameters - Immunology



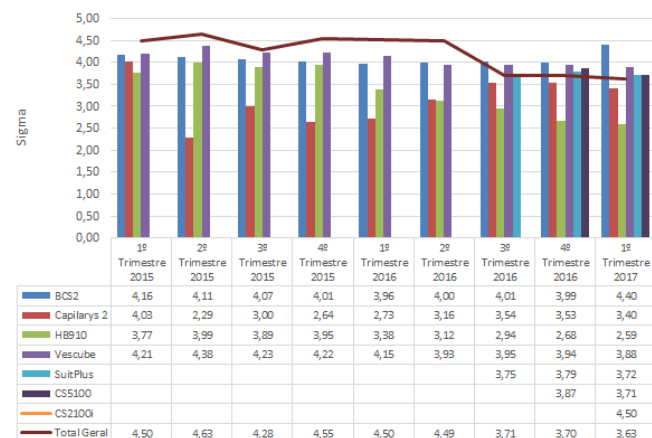
Repeat Parameters - Biochemistry



Repeat Parameters Autoimmunity



Repeat Parameters Hematology



DAILY MANAGEMENT - CONTINUOUS IMPROVEMENT



## METRICS - MEASURE ALL PROCESSES, WHAT IS CRITICAL IN THE SYSTEM

PROCESS	ACTIVITY	METRIC	METHOD OF MEASUREMENT	OBJECTIVE	PERIODICITY
<b>Pos-ANALYTICAL</b>	Delivery of Results	Satisfaction index	Nº of complaints / Total number of patients	$\geq 4.5$ Sigma	Annual
		Unconformities	Total Non-conformities / No. of patients	$\geq 4$ Sigma	Annual
		Delivery time	Number of Bulletins not printed (complete) in the established period / Total Bulletins	$\leq 5\%$	Monthly

## METRICS - MEASURE ALL PROCESSES, WHAT IS CRITICAL IN THE SYSTEM

### DELIVERY TIME

	1st Trim 2015	2nd Trim 2015	3rd Trim 2015	4th Trim 2015	1st Trim 2016	2nd Trim 2016	3rd Trim 2016	4th Trim 2016	1st Trim 2017	2nd Trim 2017
Nr defaults	2765	4461	2419	3558	1684	1834	1401	1031	1254	1030
Total patients	161,371	166,674	160,469	172,338	186,894	190,281	182,944	195,272	231,773	225,379
% defaults Delivery time	1.713	2.676	1.507	2.065	0.901	0.964	0.766	0.528	0.541	0.457
Sigma	3.62	3.43	3.67	3.54	3.86	3.84	3.92	4.06	4.05	4.10

### LEAN – FLEXLAB AUTOMATION

### SATISFACTION INDEX

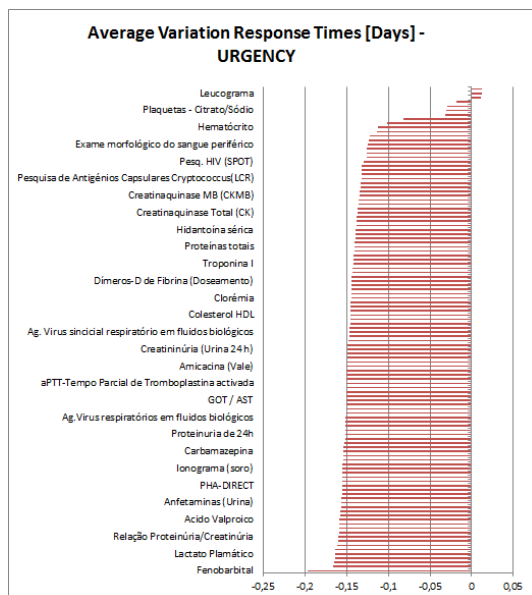
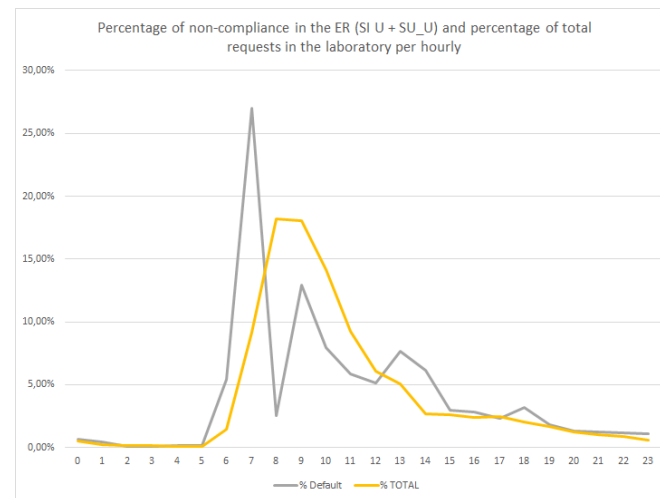
	1st Trim 2015	2nd Trim 2015	3rd Trim 2015	4th Trim 2015	1st Trim 2016	2nd Trim 2016	3rd Trim 2016	4th Trim 2016	1st Trim 2017	2nd Trim 2017
N° of complaints	1	3	4	6	14	20	17	8	15	15
Total patients	161,371	166,674	160,469	172,338	186,894	190,281	182,944	195,272	231,773	225,379
% complaints	0.001	0.002	0.002	0.003	0.007	0.011	0.009	0.004	0.006	0.007
Sigma	5.87	5.63	5.56	5.48	5.29	5.20	5.23	5.44	5.32	5.32

# DAILY AUDIT: TAT MEASURED AS % MEETING TARGET

## Average TAT – Emergency service

Ano: 2017  
Mês: 7

Parameter	Serviço Urgência (URG)		Serviço Urgência (ROT)		Tempo Contratado
	Quant	Tempo	Quant	Tempo	
Acido Valproico	3	18			30
Albuminemia [Albumina sérica]	55	9			30
aPTT-Tempo Parcial de Tromboplastina activada	755	8			10
Benzodiazepinas (Pesquisa na Urina)	4	5			30
Carbamazepina	1	3			30
Creatinaquinase Total (CK)	476	10			30
Creatinina sérica [Creatininemia]	1.839	11			30
Desidrogenase Láctica-LDH (Soro)	954	11			30
Dímeros-D de Fibrina	132	14			20
Fibrinogênio [Factor I]	43	10			10
Fosfatase Alcalina [ALP]	770	12			30
Gasimetria	78	3			5
GGT (Gama-Glutamil -Transpeptidase)	1.018	12			30
Glicemia em jejum	785	11			30
GOT / AST [Aspartato Aminotransferase]	1.394	12			30
GPT / ALT [Alanina Aminotransferase]	1.334	12			30
Hemograma com Plaquetas	2.281	8			10
Ionograma sérico	1.789	11			30
Lipase[mia [Lipase sérica]	148	16			30



## TAT daily control

- STAT analyzes and verification of compliance with contracted times in the different Hospital laboratory units.

# IN THE VANGUARD OF KNOWLEDGE

The Germano de Sousa Group today is much more than simply a network of Clinical Pathology Laboratories. It is also a research centre and a partner for professional colleagues, with whom it shares clinical and technological knowledge in a wide variety of ways.

## RESEARCH

Development of various areas of research, the most recent being:

- Genetics
- Autoimmunity
- Molecular Biology
- Oncological Diagnosis

## TRAINING AND EDUCATION

The Germano de Sousa Group, in partnership with the NOVA University of Lisbon - NOVA Medical School, and with Universidade Católica Portuguesa, teaches on Postgraduate and Integrated Master's courses.

## PRODUCTION AND DISSEMINATION OF SCIENTIFIC INFORMATION

- Scientific Posters
- Newsletter
- Scientific Brochures
- Active Participation in International Research Groups

## HOSTING AND PARTICIPATION IN WORKSHOPS

**1<sup>st</sup> Trimester Combined Screening and Autoimmune Diseases: Impact of pre-analytical variables on risk assessment**

**OBJECTIVES**  
The main goal is to assess the impact of pre-analytical variables (PAPV) on biochemical parameters PAPV-A and PAPV-B in individual MoM, namely high false positive risk rates.

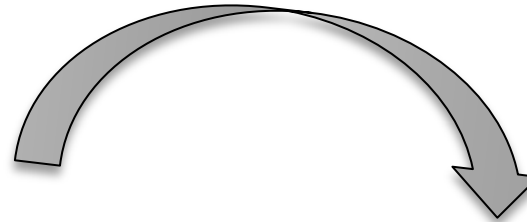
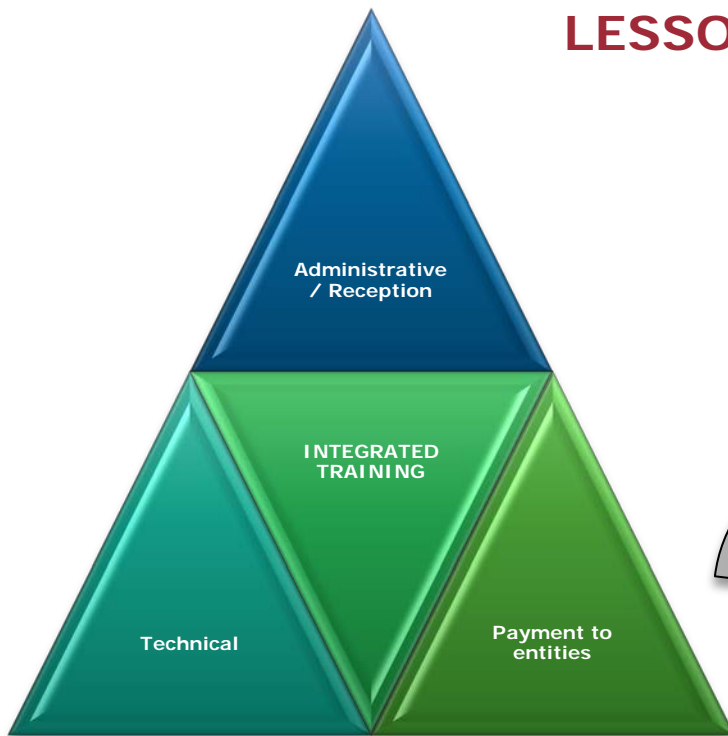
**RESULTS**  
The main goal is to assess the impact of pre-analytical variables (PAPV) on biochemical parameters PAPV-A and PAPV-B in individual MoM, namely high false positive risk rates.

**CONCLUSIONS**  
We found an impact of autoimmune diseases on free PAPV individual MoM, especially in MoM-A and MoM-B. The presence of MoM seems to be associated with a higher occurrence of false positive for Trisomy 21.

**GERMANO DE SOUSA**  
CENTRO DE PATOLOGIA LABORATORIAL

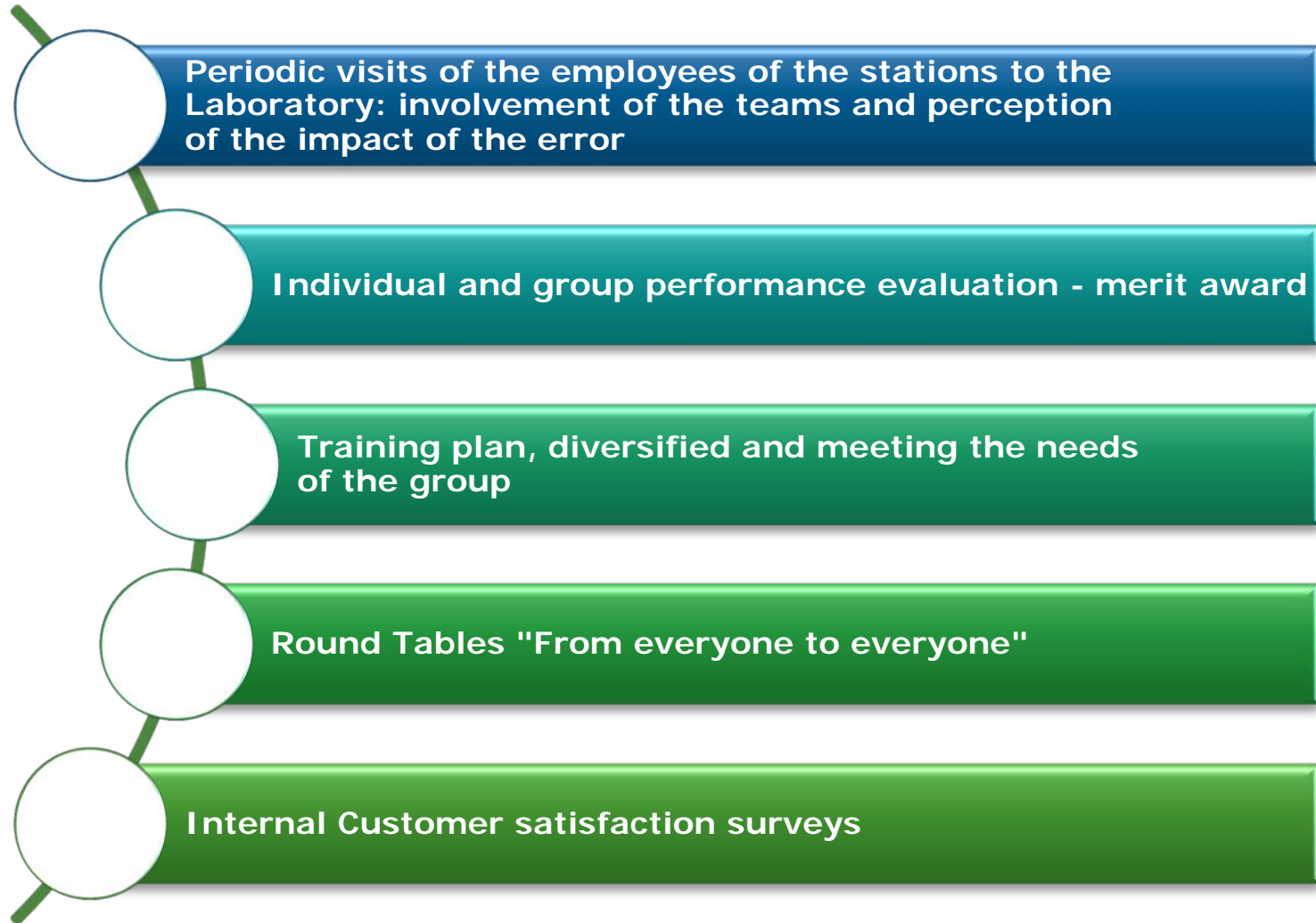


## LESSONS LEARNED - TRAINING ACADEMY



- The transmission of knowledge is a milestone in GS organization
- From the knowledge acquired, to the forefront of knowledge, effective communication with the team
- Motivation strategies to achieve strategic and operational objectives

## LESSONS LEARNED - TRAINING ACADEMY





## LESSONS LEARNED – MILESTONES & PRIORITIES

- Redesign core lab - leaner and more flexible
  - Requires substantial leadership and financial investment
- Rapid Process Improvement Workshops in all sections
- Facility design for lean
- Frontline point improvements
- Integration of quality, auditing, corrective action
- Cultural Change to *Lean Six Sigma* Thinking
  - Listening to people - ideas-to-improvements work
  - Involvement of people in Lean work, learn by doing
  - Focus on what really matters - the customer
    - 5S
    - Standardization
    - "Check-Act" after you "Plan-Do"
  - Continuously achieve ISO 9001 concept





# THE CHANGE BEGINS WHEN SOMEONE SEES THE NEXT STEP

## Scientific academy

- Consolidate education
- Increase the scientific publications of our work
- Increase as partnerships with educational institutions (colleges and institutes) - transmission of knowledge

## Sustainable culture

- Consolidate new laboratory in North Country
- Full-automation of hematology in Flexlab
- Increase new equipment in Flexlab



**ANTICIPATING THE FUTURE  
ON THE SHOULDERS OF THE PAST**



*City by the sea, with waves that break against the walls, admirable and where history whispers.*

*The western part of the city is surmounted by superimposed arches resting on marble columns. By nature, the city is beautiful.*

You're  
welcome





Group 100% Medical  
100% Family  
100% Portuguese

**QUESTIONS?**

**THANK YOU!**

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**GERMANO DE SOUSA**  
CENTRO DE MEDICINA LABORATORIAL

O OBJETIVO DA CIÊNCIA É DESCOBRIR A VERDADE

A CONTRIBUIÇÃO  
DO LABORATÓRIO MÉDICO É FUNDAMENTAL  
PARA UM RÁPIDO DIAGNÓSTICO

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