

# Lean "Be the Tube": Slashing Pre-Analytical TAT

- The Organization
- The Approach
- **DMAIIC Methodology**
- Synergy, Talents, Creativity
- A New Philosophy
- Deployment & Training
- Learning & Control Plans
- Sharing
- Challenges

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Banner Health is one of the largest nonprofit health care systems in the country serving patients across seven states

- 22 hospitals
- Six long term care centers
- Family clinics
- Home care services
- Medical equipment services







Banner Del Web



Banner Estrella



Banner Good Samaritan



Banner Thunderbird



Page Hospital

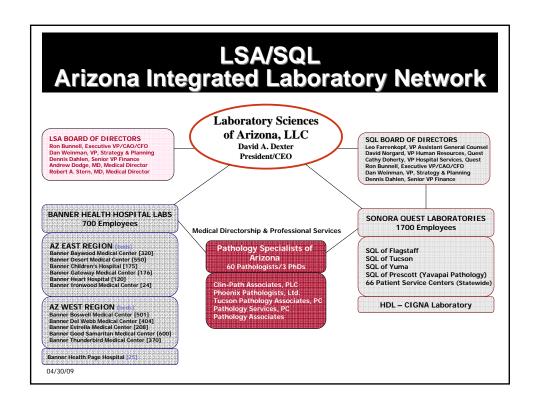


Banner Heart Hospital

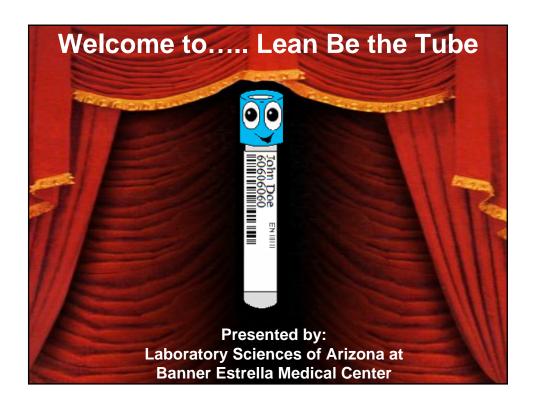


## Laboratory Sciences of Arizona Sonora Quest Laboratories LSA/SQL

- LSA/SQL was formed by an integration of the hospital laboratories of Banner Health and Sonora Quest Laboratories
- 51% is owned by Banner Health System
- 49% is owned by Quest Diagnostics
- LSA/SQL manages Banner Health Arizona clinical laboratories



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**DMAI**<sup>2</sup>**C** Phase: **Control** 

Project Start Date: 8/20/08

Status: Green

Project ID: 13758

Financial Impact: no direct savings



Champion: Salene Slader
Black Belt: Kathy Williams
Green Belts: Shelley Hanson

**BU/Function:** 

**Process Owners:** Test Management Coordinators

**Team Members:** 

Amanda Jones Kathy Cienfuegos Ajia Sahhar LaDonya Hinson Diane Sosa Marisol Morera, CM, ED Angie Mitchell, RN, ED Travis Snowberger (ad hoc) Patty Selendic (ad hoc)

### Charter

## **Business Case**

Banner Health System 2008 Initiative 02: Increase capacity and optimize throughput.

Lab turn-around-time (TAT) impacts physical capacity and throughput to better serve the community and meet physician and customer expectations

LSA/SQL 2008 Roadmap:

- Critical Success Factor for Quality: Improve organizational performance with Lean projects
- Critical Success Factor for Process Excellence: Deploy process improvement projects
- Critical success Factor for Customer Satisfaction: Achieve laboratory turn-around-time performance goals.

## Scope

Start: ED specimen receipt in

pneumatic tube station

Stop: ED specimen delivered to technical area.

Anatomic Pathology, Exclude:

Microbiology, and inpatient

specimens

### **Problem Statement**

Customer satisfaction is dependent on TAT and Lab is not meeting ED TAT expectations. Lab associates who perform testing express concern that delays in receiving specimens for analysis affect their TAT and they have to answer calls from nurses and physicians looking for results. Delays in pre-analytical processing of STAT specimens contribute to delays in overall turn-around-time

The overall ED TAT for lab is 84.3% in goal. The goal is that 90% of CBC, BMP, and UA are completed in 30 minutes and Troponin and CKMB are completed in 40 minutes from the time specimens are received in lab.

### Goal

Improve pre-analytical processing of STAT ED specimens through Lean methods as demonstrated by Value Stream Maps and

The goal is to reduce overall DPMO by

30%.

Baseline DPMO 159,100 Goal DPMO 111,370

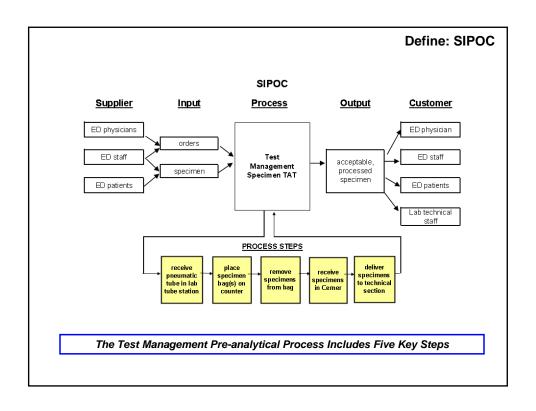
- The Organization

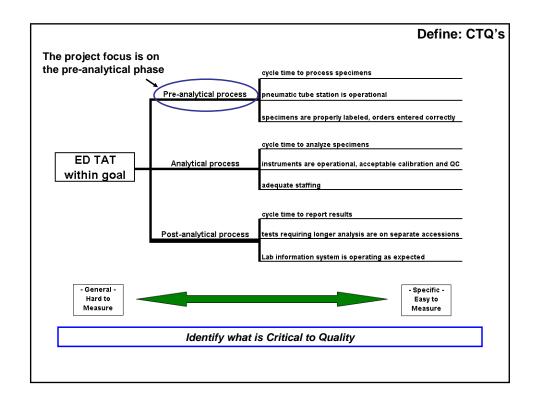
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**DEFINE MEASURE ANALYZE INNOVATIVE IMPROVEMENT** CONTROL





**Define: VOC** 

## **Voice of the Customer**

## Lab Technologists:

What is your expectation for time that an ED specimen takes from when it is rec'd in the tube station until you receive it in your dept?

| tech    | assigned dept | shift         | answer   |
|---------|---------------|---------------|----------|
|         |               |               |          |
| Jessica | Hematology    | days / nights | 5-10 min |
| Larry   | Chemistry     | days          | 5 min    |
| Barb G  | Blood Bank    | days          | 5 min    |
| Mandy   | Hematology    | days          | 5 min    |
| Marion  | Chemistry     | days          | 3 min    |
| Salene  | Laboratory    | n/a           | 5 min    |
| Sheri   | Chemistry     | days          | 2 min    |
| Nancy   | Hematology    | days          | 5 min    |
| Alyssa  | Urinalysis    | nights        | 5 min    |
| Cyra    | Chemistry     | nights        | 5 min    |
| Basilla | Chemistry     | nights        | 5 min    |
|         |               | ·             |          |

Physicians, our primary customers, expect a 30-minute TAT for CBC, BMP, and UA.

Lab technical staff who perform testing are customers of the preanalytical process and were asked for time they expect to receive samples after arrival in the lab.

Testing Associates, as Customers of the Process, Would Like Specimens to be Delivered to Testing Area in 5 minutes after Receipt

Define: CTQ's

CTQ Definition: ED TAT meets goal 90% of the time

Unit: Specimen bag containing one ED patient's specimens

Defect: Greater than 5 minute preanalytical cycle time

Defect Opportunity: One defect opportunities per unit

TAT will be Measured to Assess Effectiveness

## **Measure: Data Collection Plan**

| What are we Measuring? What questions do we want to answer?                    | Measure/<br>Data Type   | How will we measure?                | Related<br>Conditions to<br>Record | Sampling Who wil<br>Notes collect the  |                  | How will we<br>record /<br>display data? |
|--|-------------------------|-------------------------------------|------------------------------------|--|------------------|--|
| How many processors are scheduled?   | number /<br>discrete    | review schedules                    | shift                              |  | team members     | VSM                                      |
| How many test mgt techs are in area to<br>help process specimens?              | number /<br>discrete    | observe, record<br>on form          | time of day                        |  | team members     |  |
| Cycle time to take specimen bags out of<br>pneumatic tube and place on counter |                         |                                     | batch size, time of day            | each team<br>member was<br>assigned to | team members     | VSM                                      |
| Cycle time to received specimens in<br>computer after removing from bags       | minutes /<br>continuous | observe, record<br>on form          | batch size, time of day            | collect 10 data                        | team members VSM |  |
| Cycle time to take specimens to<br>technical sections                          | minutes /<br>continuous | observe, record<br>on form          | batch size, time of<br>day         |  | team members     | VSM                                      |
| Loopbacks, retracing steps   | number /<br>discrete    | observe, record<br>on spaghetti map | number of steps                    | team member<br>observation             | team members     | spaghetti map                            |

## The Team Identified Questions to Answer

## **Measure: Data Collection**

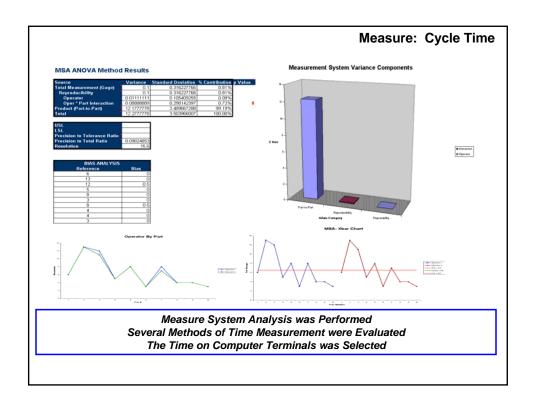
## Gather information about specimen issues, label issues, and order issues

| Part |

# Gather information about cycle time, associates available, batch size, and interruptions

| # associates<br>in area | STATION | LOCATION             | TME | # IN<br>BATCH | interruptions            | COMMENTS                                      |
|-------------------------|---------|----------------------|-----|---------------|--------------------------|---|
| 12345                   | A       | TUBE<br>DROPPED      |     | 12345         | phone<br>person<br>other |   |
| 12345                   | D       | BAG-ON<br>DESK       |     | 12345         | phone<br>person<br>other | Priority (circle)<br>ES ST TS RT              |
| 12345                   | c       | SPEC OUT<br>OF BAG   |     | 12345         | phone<br>person<br>other | Spec Type<br>SLD UR OTHER                     |
| 12345                   | D       | REC'D IN<br>COMPUTER |     | 12345         | phone<br>person<br>other | Problems: explain:order problemtable! problem |
| 12345                   | E       | DELMERED<br>TO TECHS |     | 12345         |                          | ACCR:<br>LastName                             |

Data Collection Forms were Developed to Gather Information



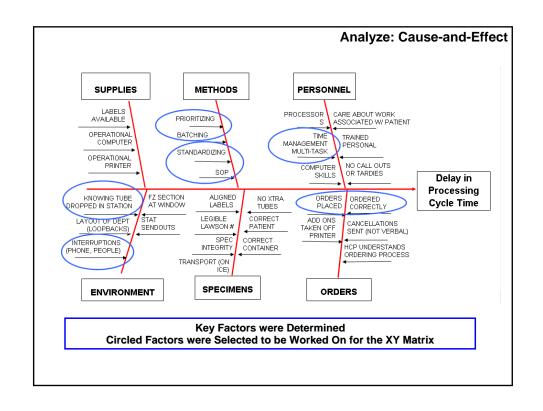
## Measure: MSA

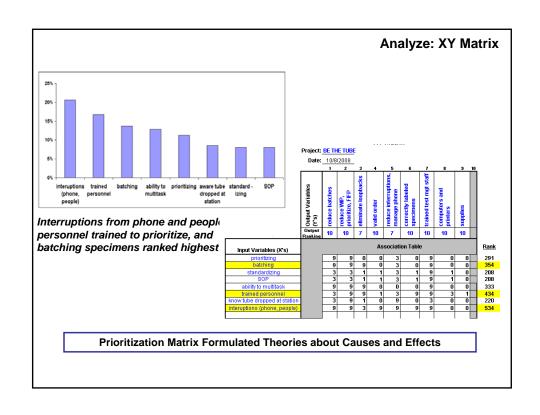
## The measurement system analysis assesses repeatability and reproducibility of the measure.

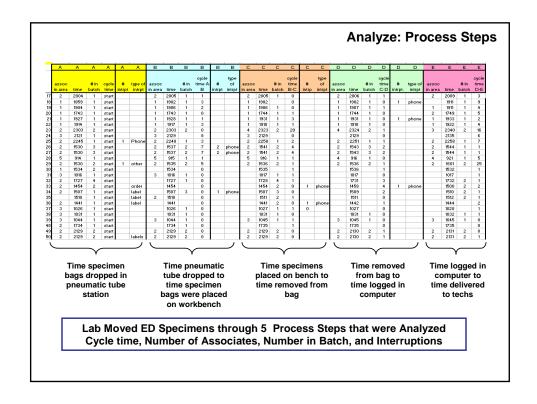
| Measurement System Analysis         |   |  |  |  |  |
|-------------------------------------|---|--|--|--|--|
| Data Type:                          | Continuous  |  |  |  |  |
| Data Source:                        | Data Collection Form  |  |  |  |  |
| Data Collection System Description: | Measure the number of cycle time minutes from the time the pneumatic tube delivers ED specimens to the time the specimens are delivered to  |  |  |  |  |
| Measurement Process desription:     | ED specimens arrive in pneumatic tube station, specimen bags are removed<br>from pneumatic tube, specimens are removed from specimen bags,<br>specimens are received in LIS, specimens are delivered to testing area. |  |  |  |  |
| Tools Used:                         | Data Collection Form. Time measurements were taken from standard time on computer screen.   |  |  |  |  |
| Known Measurement Errors:           | None  |  |  |  |  |
| Suspected Measurement Problems:     | None  |  |  |  |  |
| Results of performing an MSA:       | Measure system is adequate.   |  |  |  |  |

## Measure System is Adequate

| That defects delay the process?  Septembers DATA COLLECTION LOC  Present contenting date on ED specimen for the LEN'89 That Note provides  The peaks (contenting date on ED) specimen for the LEN'99 That Note provides  The peaks (contenting date on ED) specimen for the LEN'99 That Note provides  The peaks (contenting date on ED) specimen for the LEN'99 That Note provides  The peaks (contenting date on ED) specimen for the LEN'99 That Note provides  The peaks (contenting date on ED) specimen for the LEN'99 That Note provides  The peaks (contenting date on ED) specimen for the LEN'99 That Note provides  The peaks (contenting date on ED) specimen for the LEN'99 That Note provides the specimen for  |                                  |   |  |  | •                                     | atific |
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| Programment of the Control of the Co |                                  |   |  |  | -                                     |        |
| Per set contenting of the set of the content of the LEAN TEST PROPERTY CONTENTS OF THE |                                  |   |  |  | Data Collec                           | CliO   |
| Please Confidenting data with management of a ED Speciment  Frequency Confidency and a minimum property of the confidency of the confidenc | hat defec                        | cts delay   | the proces   | s?   |                                       |        |
| PROJECT CONTRICTOR GRAPE NOT C |                                  | ED SPECIMENS DAT  | A COLLECTION LOG   | jetl.  | Results:                              |        |
| Cerner Label on Specimen   66%   | We are c                         | offecting data on ED specimen<br>exists the information for all EC  | specimens for one way  |  |                                       |        |
| The contract of the contract   | Please                           | , ,   |  | 845 du 648   | Cerner Label on Specimen              | 66%    |
| Type of Specimen   | Accession®                       | 0.212   |  | SWAS FILED STONE OTHER   | Yellow Cerner Label Used              | 68%    |
| The control of the    | 256                              | BYD TO CLASS LINE LINE AND COMES  | CLASS Chapt vela   | Silved ingels Alb 200 Med.   | Orders in Computer                    |        |
| Color   Communication   Color   Colo   |                                  | Criss Mile Mile ethic   | No. Yet No.  | The Control Palett State of the Control  | Ordered Correctly                     |        |
| Code   Communication   Code    |                                  | Tid No 140  | (a) NA (Feb Cores label) NA (Feb Cores label)  | Vot. No. Vot. No.  | Right Cerner Lahel on the Right Tube? | 0170   |
| Object Control   Object   Ob   |                                  | Van No. Van No.   | Ver No Ver No  | NA (Fee order) NA (Fee or  |                                       | 69%    |
| Right Control Edit (Inches)   Righ   |                                  | NA (Factorday) NA (Factorday)   | Yez No account   | MA (decorated) NA (decorated)  | Lawson Number Legible?                | 96%    |
| Column   C   | mode Carnet Label on the Flight  | NA (il no order) NA (il no ord  | to Yes No.   | Yes Yes  | Had to call for lawson#?              | 82%    |
| Ostawoon Regions included seasons 7 cm 50. 1 2 3 4 1 2 | Lawson Namber Cegitar?           | Yes Yes Yes Yes ADA (4 See) of Sec. (4 See) of Sec.   | A (4 ) A(4 ) A(4 ) A(4 ) A(4 ) A(5 ) | 100 Yes Als. Yes   |                                       | 46%    |
|  | Did Lawzon Number include Letter | Yes No Yes  | 1234 12  | 3 4 1 2 3 4<br>1 123 phon 1 12 2 phon 1 12 2 2 phon 1 2 2 2 phon 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 | , , ,                                 | 56%    |
|  |                                  | 2.2 people 2.3 frat is sinders 2.3 frat is sinders 2.2 course 2.2 |  |  |                                       |        |
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| Vhating of secondaries (L.1), 25 for a secondaries (L.2),  | 6                                | D Specime   | ns were Rece   | ived in Lab V  | Vithout Cerner Labels, Witho          | ut     |
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| Her regid regid.  (i.i. )  |                                  |   |  |  |                                       |        |

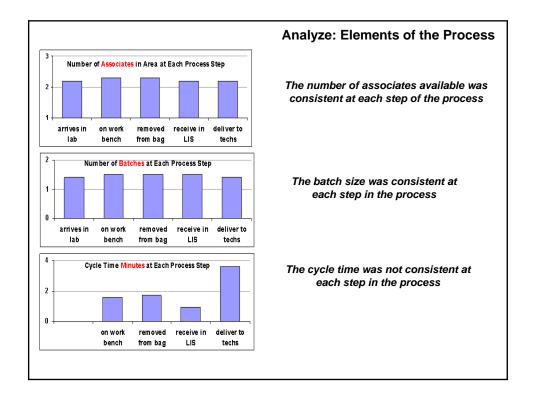


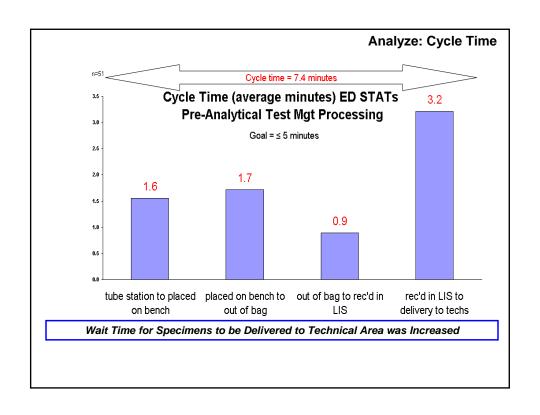


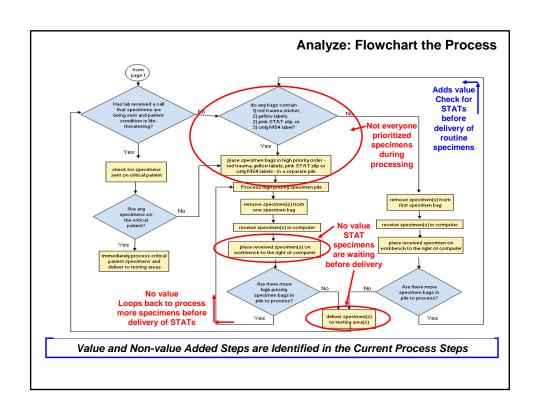


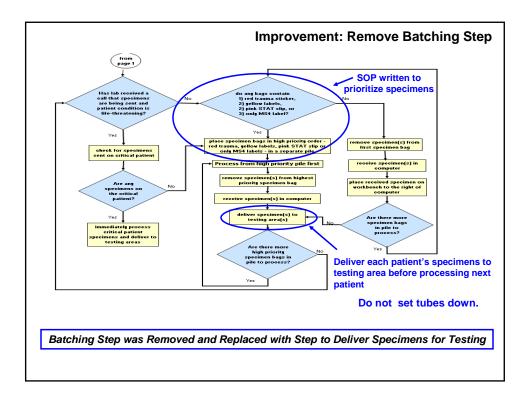
#### **Measure: Value Stream Map** What happens to the tube? GEMBA - "Go See" Pneumatic Tube Specimen Bags Specimens Specimens Specimens Logged into Drops in Lab Removed from Removed from Delivered to **Tube Station** 仝 Pneumatic Tube Ŧ Computer 仝 Testing Area Bag Batch Size Batch Size 1.5 1.5 1.5 1.5 Batch Size 1.5 Batch Size Pes Batch Size 1.6 Mins 1.6 Mins 1.7 0.9 Mins Cycle Time 3,2 1.5 Pes 1.5 Pcs 1.5 Pcs 1.5 Pcs 2 FTE 2 FTE 2 FTE 2 Operators Operators

Cycle Time was Longest in Delivering the Specimens to the Testing Areas after they were Logged into the Computer



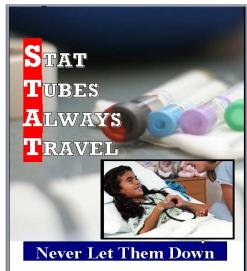






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## **Improvement: Test Management Area**



Lab focused on prioritizing and standardizing processes. All Test Management associates were trained on new process November 1 to November 7.

Team member made a poster to demonstrate our connection to patients.

**STAT Tubes Always Travel.** 

We never set them down because when we set the tubes down, we let the patient down.

November was "Be the Tube" Month for Lab Test Management Training began November 1st and was completed November 7th

## **Improvement: Testing Areas**

## **Cerner TAT Monitor Flags for Technical Area**



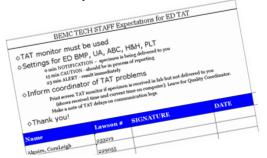
| When                        | What   |
|-----------------------------|--|
| At 1 minute                 | Specimen should be in  |
| Notification                | testing area   |
| At 15 minutes Caution       | Testing should be in process   |
| At 25 minutes<br>High Alert | Techs should be reporting or investigate reason for delay in reporting |

Techs print-screen TAT monitor to follow-up with Test Management for any specimens not received in testing area within 5 minutes.

Ongoing Monitor for Timely Receipt of Specimens was Put into Place

## Improvement: Monitor the Process

For continual monitoring of the improved step in the pre-analytical process, testing staff were trained on expectations for specimen delivery to testing area.



Technical staff to use Cerner TAT monitor at all times.

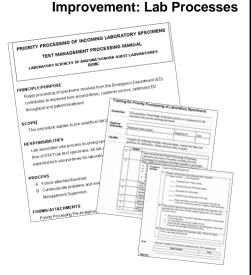
When specimens are not received in testing area within 5 minutes of being logged into lab, testing associates:

- make a print screen of the Cerner TAT monitor
- locate the specimen
- leave print screen for follow-up

November was "Be the Tube" Month for Lab Technical Associates Training began in November and was completed in December

## **Summary of Lab Improvements**

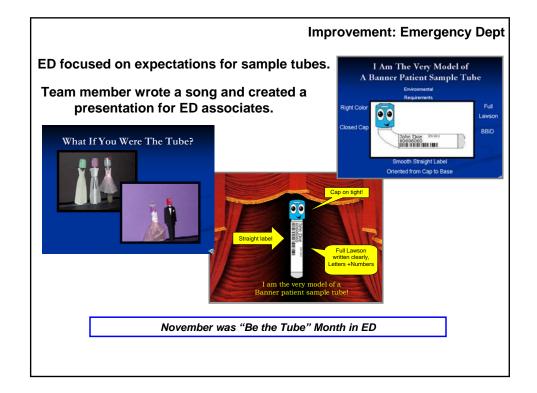
- November "Be the Tube Campaign" focus on expectations for processing STAT specimen.
- Standard Operating Procedure and flowchart developed to prioritize samples and standardize processing steps.
- Train on SOP and flowchart, purpose for STAT Tubes Always Travel, and ways to handle interruptions.
- Train technical staff on Cerner TAT Monitor and the steps to take for delays in receiving specimen.
- Asked lab staff to reprint requested labels to ED printer rather than printing on lab printer and sending in pneumatic tube system.



ED reviewed processes for specimen labeling, transport, and orders. Changes began in October and were completed in November.

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Lab Sample Labeling PowerPoint.pp



## Improvement: ED Processes

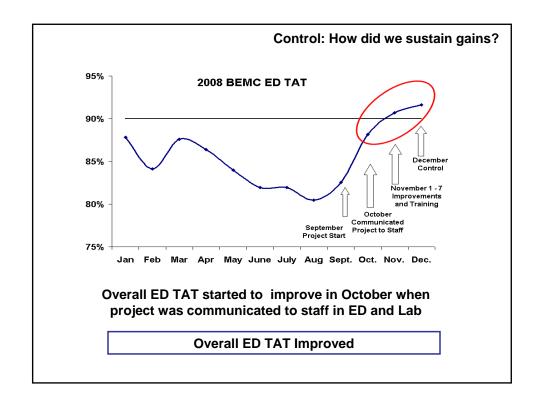
## **Summary of ED Improvements:**

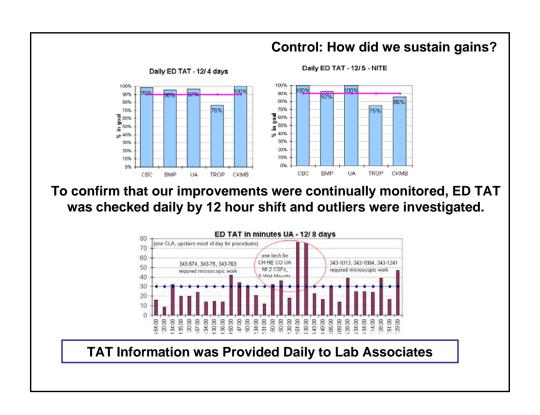
- November "Be the Tube Campaign" focus on expectations for sample labels. Future associates will view presentation.
- ED will use yellow Cerner labels to expedite processing of specimens in lab.
- ED programmed pneumatic tube station to place lab transport code on 'speed dial'
- ED ordered and will use padding in pneumatic tubes to reduce specimen integrity issues and rework.
- ED-Lab Pilot: Discontinue using "Nurse to Collect" orders for lab specimens so Cerner label prints prior to collection of non-blood specimens
- Nurse Educator working with I.T. to print all 'nurse collect' labels to the floor.
- ED to manage Cerner labels printed in ED; the patient will carry their own labels so that labels follow patient when moving to a different room.
- · If label reprint is needed, provide lab with ED printer number and lab will send label to printer
- . ED Nurse Educator working with I.T. to reprint lab labels from Power Chart
- ED will use their "huddles" to communicate needs for improved TAT.

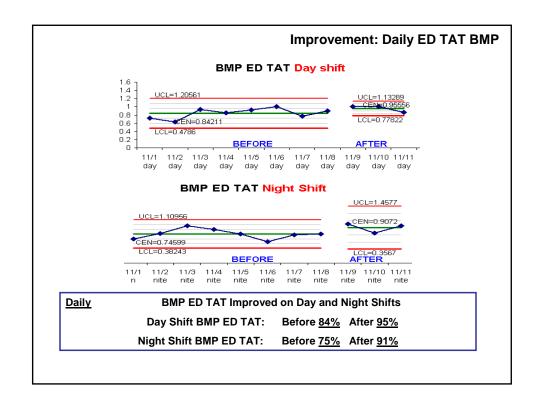
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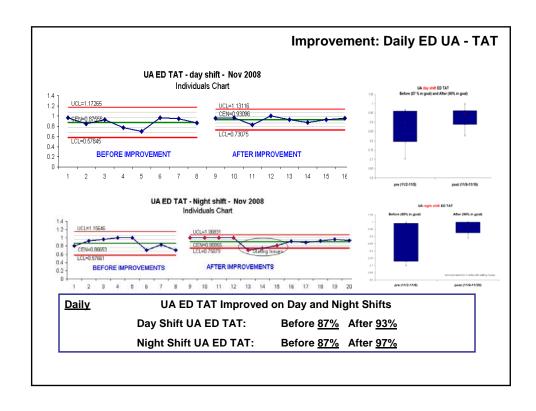
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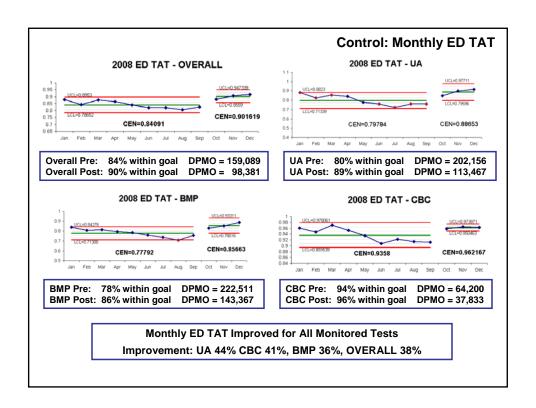


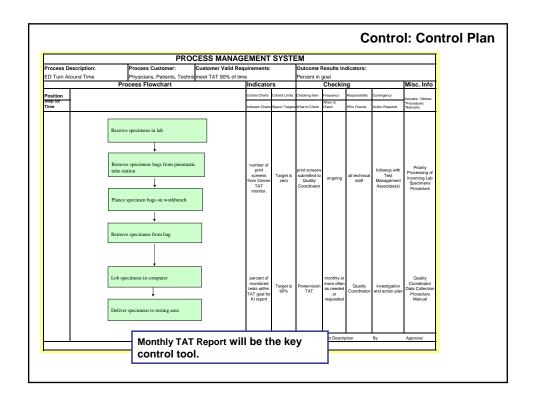




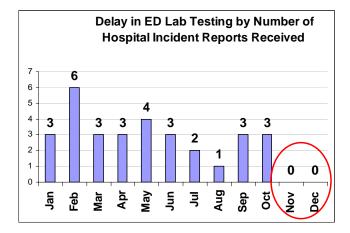












**Customers Noticed Results of Improved TAT** 

No Hospital Incident Reports were Received for Delays after Improvements

## **Key Root Causes / Solutions:**

- Stat specimens were batched for delivery to testing area
- Defects in labels and orders slowed down the process
- Specimens were not consistently prioritized for processing
- First-in-first-out concept was not followed when processing specimens
- Cerner TAT monitor was not consistently used to pull specimens to testing area

**Key Root Causes were Identified** 

## **Key Learnings**

- Pre-analytical cycle time is difficult to capture. Team brainstormed for alternate ways to monitor cycle time.
- Face-to-face training in small groups actively involved employees and facilitated understanding of purpose and quicker adoption.
- · User involvement is critical for sustaining results
- As a result of our project, inpatient STAT TAT improved from 91% to 94%.
- Incident reports from ED decreased.
- Lean concepts introduced in the department stimulated ideas for future projects.
- Spaghetti map was completed for future improvements in lab layout



## **Team Recognition**





Salene Slader Project Champion

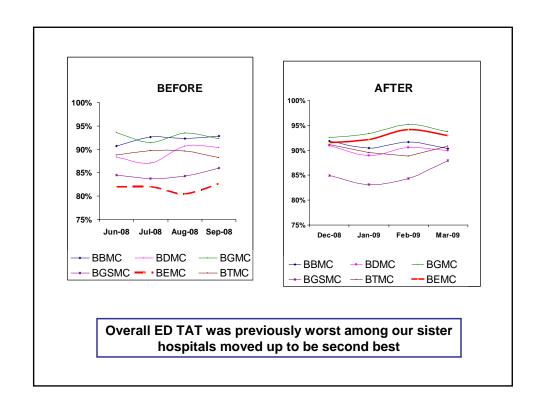
Shelley Hanson, Diane Sosa, Amanda Jones, Ajia Sahhar, LaDonya Hinson Kathy Cienfuegos, Marisol Morera

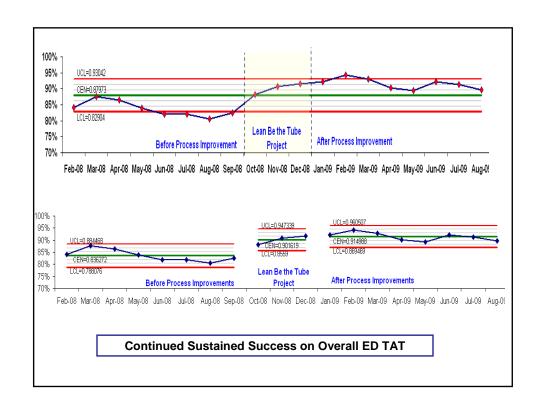
The Team went out for Lunch to Celebrate Success!



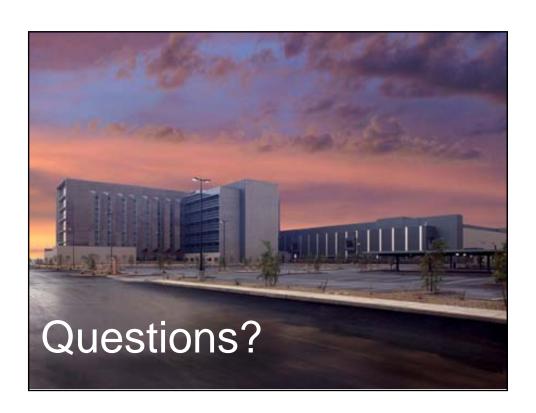
Lean Team was Recognized as STAR Team of the Month in January (picture not available at time of project closure)

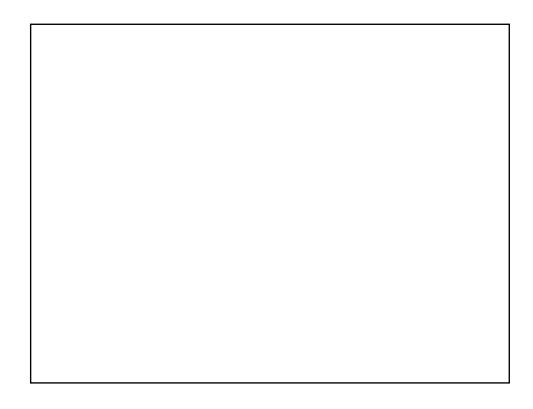
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## Projects align with BEMC and LSA/SQL business objectives

## Perform error free work, on time, every time

### 2008 LSA/ SQL ROADMAP

•2008 BHS Operational Initiative: Increase capacity and optimize throughput

- Strive for Six Sigma Quality
- Improve Organizational
- Performance
- -Lean Projects /Eliminate
- Rework
  - -Deploy to Employee Level

## Improve Work Processes

Deploy Anatomic Pathology Initiatives Deploy Process Improvement

Strategies

PROJECT STORYBOARD →