

## Learned Helplessness and Risk Aversion District Health Board The Point Hause of Wateria "Circumstances are outside of my control"

Canterbury

- "The number of admissions were beyond what we expected"
- "We staff to the "just in case" scenario"
- "There is a lack of trust in the current process, if we give up staff now, we won't get staff when we need them"
- "I didn't have enough staff because of annual leave"
- "The work is increasing therefore I need more resources"
- "Management need to approve more....."
- "Patients will die"



























